

DALE G. LARSON, PH.D
Santa Clara University
Department of Counseling Psychology
Bannan Hall 220
Santa Clara, CA. 95053-0201
Phone: (408) 554-4320
Fax: (408) 554-2392
E-mail: dlarson@scu.edu

Interim Dean, School of Education, Counseling Psychology, and Pastoral Ministries, Santa Clara University, 6/07-6/08

Professor, Department of Counseling Psychology, Santa Clara University, 2003-present
(Associate Professor, 1988-2003) (Assistant Professor, 1982-1988)

Chairperson, Department of Counseling Psychology, Santa Clara University, 1998-2001

EDUCATION

Ph.D., Clinical Psychology, University of California, Berkeley, December 10, 1977

M.A., Clinical Psychology, University of California, Berkeley, June 15, 1974

B.A., Psychology, University of Chicago, June 12, 1971

HONORS

Elected Fellow, Division 17, American Psychological Association, 2008 (August)

2007 Kara Pioneer Award, "In recognition of pioneering work in end-of-life care," Palo Alto, CA, 11/2/2007

2007 Hospice Award of Excellence, for Hospice of Northeastern Illinois. This award honors individuals or organizations that have made a significant difference in the arena of hospice care on a regional, state, or national level. Award presented March 20, 2007, Barrington Illinois.

Award of Excellence recipient for the National Hospice Organization's 1997 Awards of Excellence for Educational Achievement Competition for Innovative Use of Non-Print Media/Electronic Media. The *Hospice Home Page* was recognized on October 16, 1997 at a special awards ceremony at NHO's Annual Symposium and Exposition in Atlanta, Georgia.

Expert in Residence, W. K. Kellogg Foundation, Battle Creek, Michigan, 3/12/95-3/13/95

The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness cited as a 1993 Book of the Year by the *American Journal of Nursing*, and awarded Special Mention in the 16th annual Alpha Sigma Nu book award competition of the National Jesuit Society.

Fulbright Scholar, lecturing and research at the University of Heidelberg, West Germany, "A Cross-Cultural Study of Self-Concealment, Coping, and Health" March-July, 1989

Summer Scholar, Stanford Center for Advanced Study in the Behavioral Sciences, Summer Institute, "Behavioral Change in Mental Health, Behavioral Medicine, and Education," 7/11/88-8/19/88 (\$4,000 stipend awarded)

United States Public Health Services Training Fellowship, 1971-1975, University of California, Berkeley

Honors in the College and General Honors, University of Chicago, 1971

TEACHING EXPERIENCE

Lecturer, University of Heidelberg, Heidelberg, Germany, 2/89-6/89 (taught two graduate clinical courses as a visiting Fulbright Scholar)

Lecturer, St. Mary's College, Moraga, Psychology Dept., 1/78-6/82

CLINICAL TRAINING AND LICENSES

Clinical Psychology Intern, San Francisco Veterans Administration Hospital, San Francisco, 7/75-6/76

Clinical Psychology Intern, U. C. Berkeley, Psychology Clinic, 9/74-6/75

Licensed Clinical Psychologist, 1983 (PA7753)

Licensed Marriage & Family Therapist, 1976 (MT8529)

PROFESSIONAL MEMBERSHIPS

Associations

American Psychological Association, Divisions 17 and 38

International Work Group on Death, Dying, and Bereavement (Membership by invitation only)

National Hospice and Palliative Care Organization, Council of Hospice Professionals

Society for the Exploration of Psychotherapy Integration

Committees and Offices

Member, Advisory Panel for the American Psychological Association Ad Hoc Committee on End-of-Life Issues, March, 2001-2003

Founding Co-chair (with Dr. Carl Thoresen, Stanford University), Health Psychology Interest Group, Division 17, American Psychological Association, 8/87-6/90

Health Psychology Coordinator for Western Association for Counselor Educators and Supervisors, 9/85-9/87

Ad Hoc Committee on Aging, American Psychological Association, Division 17, 2/85-12/87

Editorial Boards

Associate Editor, *American Journal of Health Promotion*, 6/87-6/92

Member, Editorial Advisory Board, *The Hospice Journal*, 6/91-12/99

Boards and Advisory Committees

Member, Board of Directors, California Hospice and Palliative Care Association, 12/07-present

Member. Professional Advisory Board, Hospice of the Valley, San Jose, CA, 9/07- present

Touchstone Advisory Council, Palo Alto, 1986-1996

Advisory Board, Visiting Nurse Association Hospice, Santa Clara, CA, 6/86-6/88

Health Behavior Education Committee for the School of Education, Stanford University, 4/85-4/86

Advisory Board, O'Connor Hospital Home Health Care Agency, San Jose, 6/84-6/87

Board of Directors, Shanti Project, San Francisco, 1975-1978

PUBLICATIONS

Books

Larson, D. G. (1993). *The helper's journey: Working with people facing grief, loss, and life-threatening illness*. Champaign, IL: Research Press

Larson, D. G. (Ed.). (1984). *Teaching psychological skills: Models for giving psychology away*. Monterey, CA: Brooks/Cole.

Chapters

Larson, D. G., & Hoyt, W. T. (2007). The bright side of grief counseling: Deconstructing the new pessimism. In K. J. Doka (Ed.), *Living with grief: Before and after the death* (pp. 157-174). Washington, DC: Hospice Foundation of America.

Larson, D. G., & Bush, N.J. (2006). Stress management for oncology nurses: Finding a healing balance. In R.M. Carroll-Johnson, L.M. Gorman, & N.J. Bush (Eds.), *Psychosocial nursing care along the cancer continuum* (2nd ed.) (pp. 587-601). Pittsburgh, PA: Oncology Nursing Society.

Larson, D. G. (2000). Anticipatory mourning: Challenges for professional and volunteer caregivers. In T. A. Rando (Ed.), *Clinical dimensions of anticipatory mourning: Theory and practice in working with the dying, their loved ones, and caregivers* (pp. 379-395). Champaign, IL: Research Press.

Larson, D. G. (1998). Foreword. In P. M. Camic & S. Knight (Eds.), *Clinical Handbook of Health Psychology : A Practical Guide to Effective Interventions* (pp. v-vii). Seattle: Hogrefe & Huber.

Larson, D. G. (1998). Stress management for the oncology nurse: Finding the balance. In N. Gorman, N., N. J. Bush, & R. M. Carroll-Johnson (Eds.), *Psychosocial nursing along the cancer continuum* (pp. 449-459). Pittsburgh, PA: Oncology Nursing Press.

Larson, D. G. (1984). Giving psychology away: The skills training paradigm. In D. G. Larson, (Ed.), *Teaching psychological skills: Models for giving psychology away*. Monterey, CA: Brooks/Cole.

Korchin, S. J., & Larson, D. G. (1977). Form perception and ego functioning. In M. A. Rickers-Ovsiankina (Ed.) *Rorschach psychology* (pp. 159-187). New York: Krieger.

Newspaper Series

Larson, D. G. et al. (Eds.) (2001). Knight Ridder newspaper series *Finding our way: Living with dying in America*. Washington, D. C. Knight Ridder/Tribune

Articles and Other Publications

Hoyt, W. T., & Larson, D. G. (2008). A realistic approach to drawing conclusions from the scientific literature: Response to Bonanno and Lilienfeld (2007). *Professional Psychology: Research and Practice*, 39, 378-379.

Larson, D. G., & Hoyt, W. T. (2007). What has become of grief counseling: An evaluation of the empirical foundations of the new pessimism. *Professional Psychology: Research and Practice*, 38, 347-355.

Larson, D. G., & Hoyt, W. T. (2006, April). Deterioration effects in grief counseling: In search of the evidence. In S. Connor (Symposium Chair), Grief counseling: Can it be harmful? Symposium conducted at the 7th Annual Clinical Team Conference and Scientific Symposium of the National Hospice and Palliative Care Organization, San Diego.

Larson, D. G. (2006, March). Stress management in pediatric palliative and hospice care. *NHPCO ChiPPS Pediatric Palliative Care Newsletter*. Issue #4.

Engelhardt, J. B., McClive-Reed, K. P., Toseland, R. W., Smith, T. L., Larson, D. G., & Tobin, D. R. (2006). Effects of a program for coordinated care of advanced illness on patients, surrogates, and healthcare costs: A randomized trial. *American Journal of Managed Care*, 12, 41-49.

Larson, D. G. (2005). *Becky's Legacy*: More lessons. *Death Studies*, 29, 745-757.

Haley, W. E., Larson, D. G., Kasl-Godley, J., Neimeyer, R., & Kwilosz, D. (2003). Clinical roles for psychologists in end-of-life care: Emerging models of practice. *Professional Psychology: Research and Practice*, 34 (6), 626-633.

Larson, D. G. (2003, Issue 4). Stronger together: Reflecting on the hospice interdisciplinary team. Excerpts reprinted from *The Helper's journey: Working with people facing grief, loss, and life-threatening illness*. *Hospice and Palliative Care Insights*. Alexandria, VA: National Hospice and Palliative Care Organization.

Pines, A. M., Ben-Ari, A., Utasi, A., & Larson, D. (2002). A cross-cultural investigation of social support and burnout. *European Psychologist*, 7, 256-264.

Connor, S. R., Egan, K., Kwilosz, D., Larson, D. G., & Reese, D. (2002). Interdisciplinary approaches to assisting with end-of-life care and decision making. *American Behavioral Scientist*, 46, 340-356.

- Larson, D. G. (2002, August). Tough talk: Finding the words for living with loss. *Santa Clara Magazine*, 44, 12-15.
- Larson, D. G. (2001). It's time to talk: The most important conversations often are the most difficult to have. Article published as part of the Knight Ridder newspaper series *Finding our way: Living with dying in America*. Appeared in approximately 160 newspapers, including the *Philadelphia Inquirer*, and locally in the *Monterey Herald*, *Santa Cruz Sentinel*, and the *San Jose Mercury News*.
- Larson, D. G., & Tobin, D. R. (2000). End-of-life conversations: Evolving practice and theory. *JAMA*, 284, 1573-1578.
- Tobin, D.R., & Larson, D. G. (2000). *Advanced illness coordinated care program training manual*. Albany, New York: Life Institute.
- Larson, D. G. (1997). Caring that empowers: Meeting the needs of overwhelmed clients [Review of the book *The power to care: Clinical practice effectiveness with overwhelmed clients*]. *Death Studies*, 21, 203-208.
- Larson, D. G. (1993). Self-concealment: Implications for stress and empathy in oncology care. *Journal of Psychosocial Oncology*, 11, 1-16.
- Larson, D. G. (1992). The challenge of caring in oncology nursing. *Oncology Nursing Forum*, 19, 857-861.
- Larson, D. G. (author and presenter), & Mulpeters, P. M. (Executive Producer). (1991). *The caring helper: Skills for caregiving in grief and loss* [Videotape film]. Menlo Park, CA: Catholic Television Network.
- Larson, D. G. (1991, Summer). The codependent caregiver: A dangerous myth? *Hospice*, 17-19. Reprinted in (1991, Summer) *Santa Clara Magazine*, pp. 46-47.
- Larson, D. G., & Chastain, R. L. (1990). Self-concealment: Conceptualization, measurement, and health implications. *Journal of Social and Clinical Psychology*, 9, 439-455.
- Hoy, A. M., Martinson, I. M., Aakre, M., Adams, D. W., Bates, T., Benoliel, J. Q., Gjertsen, E., Henteleff, P., Larson, D. G., Narke, M. D., O'Connor, P. M. (1989). International work group on death, dying, and bereavement checklist for international consultation in hospice care. *Death Studies*, 13, 323.
- Larson, D. G. (1987). Helper secrets: Internal stressors in nursing. *Journal of Psychosocial Nursing and Mental Health Services*, 25, 20-27.
- Larson, D. G. (1986). Seeking support: Questions to Dr. Dale Larson. *Hospice Team Quarterly*, 1(1), 6.

- Larson, D. G. (1986). Seeking support: Questions to Dr. Dale Larson. *Hospice Team Quarterly*, 1(2), 6.
- Larson, D. G. (1986). Developing effective hospice staff support groups: Pilot test of an innovative training program. *Hospice Journal*, 2(2), 41-55.
- Larson, D. G., & Cook, R. E. (1985). Life skills training in education. *Journal of Group Psychotherapy, Psychodrama, and Sociometry*, 38, 11-22.
- Larson, D. G. (1985). Helper secrets: Invisible stressors in hospice work. *American Journal of Hospice Care*, 2, 35-40.
- Larson, D. G. (1985). Giving psychology away: A skills training paradigm. *Santa Clara Magazine*, 27, 23-26.
- Larson, D. G. (Speaker). (1985). *Caring for caregivers: A training program for hospice and oncology staff support groups*. San Francisco: California Department of Mental Health.
- Garfield, C. A., Larson, D. G., & Schulberg, D. (1982). Mental health training and the hospice community: A national survey. *Death Education*, 6, 189-204.
- Larson, D. G. (Producer), Garfield, C. A. (Producer), & Weeks, W. H. (Director). (1981). *Hospice Encounters: A Mental Health Training Film* [film] San Francisco: Auric Films.
- Singer, M. T., & Larson, D. G. (1981). Borderline personality and the Rorschach test. *Archives of General Psychiatry*, 38, 693-698.
- Larson, D. G. (1980). Therapeutic schools, styles, and schoolism: A national survey. *Journal of Humanistic Psychology*, 20, 3-20.
- Platt, D., Holzman, P. S., & Larson, D. (1971). Individual consistencies in kinesthetic figural after-effects. *Journal of Perceptual and Motor Skills*, 32, 787-795.

Selected Presentations

Symposium Chair (“A New Look at Grief: Evidence on Process and Treatment Outcome”) at the 2008 American Psychological Association Convention, Boston, MA, 8/16/08.

Concurrent presentations (“Purpose, Passion and Performance in End-of-Life Work: The Inner Journey”, and “What Has Become of Grief Counseling? An Evaluation of the Empirical Foundations of the New Pessimism”) at the 8th Clinical Team Conference of the National Hospice and Palliative Care Organization, New Orleans, LA, 12/1/07

Keynote presentation (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”) and concurrent presentation (“Grief Counseling Today: Hot Topics

and Cool Skills”) at the New Jersey Hospice and Palliative Care Organization annual conference, Learning Experiences in End-of-Life Care, Eatontown, NJ, 11/7/2007

Plenary presentation (“The Helper’s Journey and the Challenge of Caring”) at the Kara conference, *Good Grief: The Helper’s Journey*, Palo Alto, CA, 11/2/2007

Keynote presentation (“The Caregiver’s Journey: Risks, Resilience, and Rewards”) at the Trinity Health Systems Spirituality and Health Conference, Rock Island, IL, 10/26/2007

Symposium presentation (“Deterioration effects in grief counseling: What went wrong?”) at the 2007 American Psychological Association Convention, San Francisco, CA, 7/18/07

Symposium Chair (“Self-concealment and secret keeping: Implications for counseling and mental health”) at the 2007 American Psychological Association Convention, San Francisco, CA, 7/17/07

Concurrent presentation (“The bright side of grief counseling: Deconstructing the new pessimism”) at the National Hospice and Palliative Care Convention, *Caring for Mind, Body, and Spirit*, Albuquerque, New Mexico, 7/30/07

All-day program (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”) at the 2006 Regina Palliative Bereavement Care Conference, Regina Palliative Care Inc., Regina, Saskatchewan, Canada, 10/23/06.

Keynote presentation (“Stress Management in End-of-Life Care: From Burnout to Balance”), 10th Annual Geriatric Healthcare, Alzheimer’s and Hospice Joint Conference, North Dakota Hospice Organization, Bismarck, ND, 10/13/06.

Keynote presentation (“End-of-Life Conversations and the Challenge of Caring”) at the Annual Fall Conference, Hospice Institute, Cleveland, Ohio, 9/15/06

Grand Rounds (“End-of-Life Conversations: Evolving Theory and Practice”), Continuum Hospice and Palliative Care, New York City, 9/12/06

Concurrent presentation (“Stressed Management: Leadership and Resilience in Turbulent Times”), National Hospice and Palliative Care Organization 21st Management and Leadership Conference on Hospice and Palliative Care, New York City, 9/11/06.

Plenary presentation (“Transforming the Team: Creating High-Functioning Trans-disciplinary Teams”) and concurrent presentation (“Stressed Management: Leadership and Resilience in Turbulent Times”), Pennsylvania Hospice Network Annual Meeting and Conference, Grantville, PA, 5/8/06

Preconference presentations (“The Who, What, When and Why of Hospice Bereavement Care” with Dr. Patti Homan, and “Creating a High-Functioning Hospice Team”), Clinical Team Conference and Scientific Symposium, National Hospice and Palliative Care Organization, San Diego, 4/25/06.

Larson, D. G., & Hoyt, W. T. (2006, April). Deterioration effects in grief counseling: In search of the evidence. In S. Connor (Symposium Chair), Grief counseling: Can it be harmful? Paper presented at the 7th annual Clinical Team Conference and Scientific Symposium of the National Hospice and Palliative Care Organization, San Diego.

Plenary presentation (“Transforming the Team: Creating High-Functioning Trans-disciplinary Teams”), 2006 Annual Conference, Nebraska Hospice and Palliative Care Association, Lincoln, Nebraska, 4/13/06

Lecture (“End-of-Life Conversations: Issues and Skills for Health Professionals”), University of Texas Health Center and Hospice of East Texas, Tyler, TX, 11/16/05

Community lecture (“The Caregiver’s Journey”), Joliet Area Community Hospice, Joliet, IL, 11/3/05

All-day program (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness”), Joliet Area Community Hospice, Joliet, IL, 11/4/05

All-day program (“Exploring the Heart of Grief: Working With People Facing Grief, Loss, and Life-Threatening Illness”), Blue Ridge Hospice, Winchester, VA, 11/7/05

Concurrent presentations (“Trans-forming the Team: Fostering Transdisciplinary Team Development” and Stressed Management: Leadership and Resilience in Turbulent Times”), 20th Management and Leadership Conference, NHPCO, Hollywood, FL, 9/23/05-9/24/05

Concurrent presentations (“The Challenge of Caring: On Compassion Fatigue, Resilience and Healing” and “Transdisciplinary Team Building”), 6th Clinical Team Conference on Hospice and Palliative Care, National Hospice and Palliative Care Organization, Atlanta, GA. 4/21/05-4/22/05

Plenary presentation (“Safe Conduct and the Evolution of Conversations at the End of Life”), Current Perspectives in Oncology Nursing, 5th Annual Nursing Conference, H. Lee Moffitt Cancer Center, Tampa, FL, 10/22/04

Symposium presentation (“Hospice Care and End-of-Life Psychology: An Exciting Synergy”), Hospice and What Psychology Has to Offer, with Stephen Connor and William Haley, American Psychological Association Annual Convention, Honolulu, HI, 7/30/04

Symposium presentation (“Evolution of Psychological Practice in End-of-Life Care”), Roles for Psychologists in End-of-Life Care and Research, with Julia Kasl-Godley, William Haley, Alexis Bakos, and Robert Neimeyer, American Psychological Association Annual Convention, Honolulu, HI, 7/29/04

Plenary presentation (“On Helping Relationships and Healing Words for Bereavement Care”) for preconference Institute and concurrent presentation (“Meeting the Challenges of the

Interdisciplinary Team”) at the 5th Joint Clinical Conference, National Hospice and Palliative Care Organization, Las Vegas, NV, 3/23/04-3/25/04

Presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life) in all-day preconference session at the 2003 Annual Meeting of the Gerontological Society of America, San Diego, CA. Co-presenters: Robert C. Intrieri, PhD, Western Illinois University; Erlene Rosowsky, PsyD, Harvard University; Robert A. Neimeyer, PhD, University of Memphis; Ladislav Volicer, M.D., Ph.D, Boston University. 11/21/2003

Lecture (“Burnout Prevention for the Health Professional”), University of Palermo, Department of Medicine, Palermo, Italy, 10/14/2003

Keynote presentation (“Empowerment at the End of Life”) for the Sixth National Congress, European Association for Client-Centered Psychotherapy, Naples, Italy, 10/12/2003

All-day training courses (“Counseling for Grief and Loss”) for the Istituto dell’ Approccio Centrato Sulla Persona, in Rome, Messina, and Varese, Italy, 6/1-4, 6/15, 6/16, 6/25, & 6/26, 2003

Presentation (“Working with People Facing Grief, Loss, and Life-Threatening Illness”), Medical and Psychiatry Departments, University of Messina, Messina, Sicily, Italy, 6/17/2003

Presentation (“La gestione delle emozioni con il malato terminale”) at a conference sponsored by Lega Italiana per la Lott Contro i Tumori, the Istituto dell’ Approccio Centrato Sulla Persona, and L’Hospice a Reggio Calabria, Reggio, Italy, 6/17/2003

Presentation (“The Advanced Illness Coordinated Care Model”) for Kaiser Permanente Regional Palliative Care Strategy Conference, Oakland, CA, 5/8/3003

Plenary presentation (“On Helping Relationships and Healing Words”) for preconference Institute and concurrent presentation (“The Interdisciplinary Team Challenge”) at the 4th Joint Clinical Conference, National Hospice and Palliative Care Organization, Denver, CO, 4/9/03-4/10/03

Plenary presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”) at the End-of-Life Care 2002 Fall Symposium, Covenant Hospice, Pensacola, FL, 11/15/02

Opening plenary presentation (“Safe Conduct for the Dying: The Evolution of Hospice and Conversations at the End of Life”) at the 2002 Midwest Regional Conference on End-of-Life Care, Kansas City, MO, 10/7/02

Keynote presentation (“The Helper’s Journey: Finding the Balance”) at the 2002 Adult Services Annual Conference, Asilomar, CA, 10/30/02.

Pre-conference presentation (“The Hospice Journey: Resilience and Renewal in Times of Change”) at the 3rd Joint Clinical Conference and Exposition on Hospice and Palliative Care, American Academy of Hospice and Palliative Medicine, New Orleans, 3/21/02

Concurrent presentation (with Catherine Smith, Barksdale Ballard) (“Finding Our Way: Living with Dying in America: Using the Series to Promote Hospice and Palliative Care”) at the 16th Management and Leadership Conference, National Hospice and Palliative Care Organization, Washington, DC, 12/5/01

Plenary presentation (“The Evolution of Conversations at the End of Life”) at the Annual Symposium, Carondelet Health Network, Tucson, AZ, 11/9/01

Plenary presentation (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”) and a concurrent presentation (“Creating High-Functioning Hospice Teams”) at the Annual Conference of the Hospice Association of Oklahoma, Oklahoma City, OK, 11/6/01

Keynote address (“The Hospice Journey: Resilience and Renewal in Times of Change,”) and “Out of the Box: Innovative Solutions for End-of-Life Care”) (with Christy Whitney and Becky McDonald) at the Annual Conference of the Colorado Hospice Organization, Denver, CO, 10/20/01-10/21/01

Plenary presentation (“End-of-Life Conversations: Evolving Theory and Practice”) at the 16th Annual Conference, *Connections to the Heart: Loss and Recovery*, for Kara, Palo Alto, California, 5/18/01

Keynote address (“The Caregiver’s Journey”) at the 2nd Annual Community Caregiver Conference, U. C. Davis Center for Health Aging, Sacramento, California, 5/12/01

Plenary presentation (“The Helper’s Journey: Resilience and Renewal in Times of Change”) at the 21st Annual Interdisciplinary Seminar and Meeting of the Hospice and Palliative Care Association of New York State, Saratoga Springs, New York, 4/27/01

Preconference Institute (“Out of the Box: Innovative Solutions for End-of-Life Care”) (with Daniel Tobin, Becky McDonald, & Christy Whitney) at the 2nd Joint Clinical Conference and Exposition on Hospice and Palliative Care for the American Association of Hospice and Palliative Medicine, the Hospice and Palliative Nurses Association, and the National Hospice and Palliative Care Organization, Orlando, Florida, 3/23/01.

Keynote address (“The Helper's Journey: Resilience and Renewal in Times of Change”) at the Annual Meetings of the Wyoming Hospice Organization, Rock Springs, Wyoming, 9/9/00.

Two-day training program (“The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness”) for the Catholic Charities Diocese of Toledo, Toledo, Ohio, 5/12/00-5/13/00.

Concurrent sessions (“Safe Conduct for the Dying: The Evolution of Conversations at the End of Life”), and “The Resilient Caregiver”) at the First Annual Joint Clinical Conference on

Hospice and Palliative Care, The National Hospice and Palliative Care Organization, Nashville, Tennessee, 2/20/00

Keynote address (“The Helper's Journey: Finding the Balance”) at the 6th Annual Psychosocial Oncology Conference, The University of Iowa Cancer Center, Iowa City, Iowa, 10/29/99.

Keynote lecture (“Great Ideas in Hospice Care”), The Oregon Hospice Association, Wilsonville, Oregon, 10/1/99

Master session (with Daniel Tobin, M.D.) (“The Evolution of End-of-Life Conversations”) and (“Revitalizing Hospice Volunteerism: A Mandate for the New Millennium”), at the Annual Symposium and Exhibition of the National Hospice Organization, Long Beach, California, 10/20/99-10/22/99.

Paper presentation (with Daniel Tobin, M.D.) (“Innovations in End of Life Care”) at the Meeting of the International Work Group on Death, Dying, and Bereavement, Boulder, Colorado, 9/28/99

Concurrent session (with Daniel Tobin, M.D.) (“The FairCare Model for End-of-Life Conversations”) at *The Fourteenth Senior Management and Leadership Conference*, The National Hospice Organization, Arlington, Virginia, 5/16/99

Keynote address (“The Helper's Journey: Finding the Balance”) and concurrent session (“Helper Secrets”) at *Palliation 2000: Charting the Course of Hospice Care*, The Pennsylvania Hospice Network, Erie, Pennsylvania, 4/26/99. Other two keynote speakers were Cicely Saunders, M.D. and Ira Byock, M.D. 400 in attendance.

Keynote address (“The Helper's Journey: Finding the Balance”) at *Framing Our Successes*, The Florida Association of Child Life Professionals, Orlando, Florida, 1/16/99

Plenary presentations (“Emotional Involvement in Caregiving: Finding the Balance,”) and A Caring for the Dying and Bereaved: Healing Words and Helping Relationships”) at *Death and Dying: Strengthening Relationships with Patients and Families*, The Visiting Nurse Association of Southeast Michigan, Detroit, Michigan, 10/22/98

Plenary presentations (“The Healer’s Journey: The Personal Challenge,”) and “The Healer’s Journey: The Interpersonal Challenge”) at *Cancer Rehabilitation: Improving Quality of Life Through Cancer Rehabilitation*, Legacy Health System, Portland, Oregon, 10/16/98

Presentation (with Marcia Lattanzi-Licht) (“Standards of Excellence for the Hospice Team”) at the 20th Annual Symposium and Exhibition of the National Hospice Organization, Dallas, Texas, 10/15/98

Symposium presentation (“Burnout and Self-Concealment Processes”) in a symposium (“Teacher Burnout: New Perspectives, New Problems”) (with Barry Farber, Teachers College, Columbia University, Ayala Pines, University of Tel Aviv) at the Annual Meeting of the American Psychological Association, San Francisco, 8/18/98

Keynote address (“The Helper’s Journey: Finding the Balance”) at *Focus 98 National Pediatric Conference*, Children’s Hospital of Wisconsin, Milwaukee, Wisconsin, 6/25/98

Lecture (“Great Ideas for Fatigue Management”) at the Oncology Nursing Society’s (ONS) Annual Congress, San Francisco, 5/8/98.

Keynote address (“The Hospice Journey: Resilience and Renewal in Times of Change”) at the *1998 Annual Conference of the Virginia Association for Hospices*, Charlottesville, Virginia, 4/19/98.

Keynote and concurrent presentations (“The Helper’s Journey: Toward Resilience and Renewal in Times of Change,” and “Creating High-Functioning Caregiving Teams”) at the *Long-Term Care Symposium*, Deaconess Hospital, Cincinnati, Ohio, 3/27/98.

Keynote and concurrent presentations (“The Helper’s Journey: Finding the Balance,” “Healing Words: Talk Tools for Helping,” “The Healthcare Team and the Leadership Challenge,” and “The Helper in Us All: Caring for the Collective Caregiver,”) at the *Tenth Annual Care for the Dying and Their Families Program*, Hospice of Louisville, Louisville, Kentucky, 3/25/98

Preconference (“Healing Words and Helping Relationships: Teaching Communication Skills in Hospice”) and concurrent (“Great Ideas in Hospice: Sharing the Secrets of Success”) presentations at the *19th Annual Symposium and Exposition of the National Hospice Organization*, Atlanta, Georgia, 10/16/97.

Keynote (“The Helper’s Journey”) and concurrent (“The Management and Leadership Journey”) presentations at the Oklahoma State Hospice Association 11th Annual Conference, Tulsa, Oklahoma, 9/26/97. I was honored that the conference was titled *The Helper’s Journey... Committed Until the Final Moment*, after my book *The Helper’s Journey*.

Pre-conference workshop (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-threatening Illness”) at the *King’s College 15th International Conference on Death and Bereavement*, King’s College, London, Ontario, Canada, 5/11/97

Keynote address (“Finding the Balance: Strategies for Self-Renewal and Stress Management”) at *The Healer’s Journey: 2nd Annual Hospice Conference*, at the Texas Children’s Hospital, Houston, Texas, 5/2/97

Plenary presentation (“Great Ideas in Hospice: Sharing the Secrets of Success”) at the California State Hospice Association Annual Conference, Universal City, California, 3/12/97.

Two presentations, (“We’re All In This Together: Organizational Problem Solving and Consensus Building in Hospice”) (with Marcia Lattanzi-Licht); (“Great Ideas in Hospice: Sharing the Secrets of Success,”) at the National Hospice Organization’s 18th Annual Symposium, Chicago, Illinois, 11/6/96-11/9/96. 320 hospice professionals attended my sessions.

All-day conference, sole presenter (“The Challenge of Caring: Personal and Team Issues”) for the Michigan Hospice Organization, Lansing, Michigan, 9/16/96.

Keynote address (“The Helper’s Journey: Finding the Balance”) at *Oncology Nursing 2000: The Future is Now*, The University of Texas M. D. Anderson Cancer Center, Houston, Texas, 9/20/96. 200 oncology nurses attended.

Plenary (“Great Ideas in Hospice Volunteer Programs: Sharing the Secrets of Success”) at *The Third National Conference on Hospice Volunteerism*, the National Hospice Organization, Nashville, Tennessee, 8/19/96.

Plenary (“The Helper’s Journey”) at *The 1996 World Gathering on Bereavement*, Seattle, Washington, 8/15/96. 500 bereavement workers attended.

Preconference all-day program (“The Helper’s Journey”) at *Hope in the Heartland: Hurting and Healing*, the 1996 National Conference of the National Catholic Ministry to the Bereaved, Wheaton College, Wheaton, Illinois, 7/11/96.

Plenary address (“The Healer’s Journey”) at *Sustaining the Physician-Patient Relationship: The Challenge of Cancer*, Mayo Clinic, Rochester, MN, 6/14/96.

Concurrent (“Alone at the Top: Stress Management for Hospice Leaders”) at the National Hospice Organization’s 11th Management and Leadership Conference, San Francisco, 5/7/96.

Plenary (“The Helper’s Journey”) at *A Renaissance of Creative Vision: Leadership in Home Care and Hospice*, Oregon Association for Home Care Annual Conference, Sunriver, Oregon, 4/12/96

Keynote address (“The Helper’s Journey”) at *The Quiet Crisis of Dying*, the annual meeting of the Washington State Hospice Organization, Issaquah, Washington, 3/22/96

All-day conference, sole presenter (“The Helper’s Journey: Finding the Balance”) at The West Michigan Association of Nurses in AIDS Care, Grand Rapids, Michigan, 12/8/95

Three presentations (“Time for the Team,”) with Marcia Lattanzi-Licht), (“Great Ideas in Hospice: Sharing the Secrets of Success,”) and (“The Helper’s Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness,”) at the National Hospice Organization’s 17th Annual Symposium, Phoenix, Arizona, 11/5/95-11/7/95. 300 hospice workers attended these sessions.

Concurrent presentations (“The Helper’s Journey: Skills for Caregiving in Grief and Loss,”) and (“Creating High-Functioning Hospice Teams”) at The National Hospice Organization’s First National Conference Series on Spiritual/Bereavement/Psychosocial Aspects of Hospice Care, San Francisco, 8/17/95-8/23/95

Keynote address ("The Helper's Journey: Working with People Facing Grief, Loss, and Life-Threatening Illness") at *The Art and Technique of Healing*, the 1995 National Conference of the National Catholic Ministry to the Bereaved, Billings, Montana, 7/22/95.

Keynote address ("The Challenge of Caring in Oncology Nursing") and plenary presentation ("The Helper's Journey") at *Oncology Nursing: The Challenge of Caring*, Mayo Clinic, Rochester, Minnesota, 7/27/95. 300 nurses attended.

Keynote address ("The Helper's Journey") at the Eleventh Annual Conference, Illinois State Hospice Organization, *The Value of Hospice in a Changing Health Care Environment*, Rolling Meadows, Illinois, 4/8/95

All-day conference, sole presenter ("The Helper's Journey: Finding the Balance") conducted as an Expert in Residence, W. K. Kellogg Foundation, Battle Creek, Michigan, 3/12/95-3/13/95.

Keynote address ("The Helper's Journey") at "The Helper's Journey: Perspectives in Palliative Care," Hospice of Hillsborough, Tampa, Florida, 11/1/94 Conference titled after my book.

Pre-conference presentation ("The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") and a concurrent session ("Stress Management") at the *1994 Annual Meeting and Symposium of the National Hospice Organization*, Washington, D. C. 10/18/94-10/22/94

Keynote address ("The Helper's Journey") at the *First Annual Psychosocial Oncology Conference*, The University of Iowa Hospitals and Clinics, Iowa City, Iowa, 10/7/94

All-day program ("The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") for Decker School of Nursing, Binghamton University, and the Hospice at Lourdes Hospital, Binghamton, NY, 6/14/94. 180 people caregivers attended. Also did an evening lecture for the public: "Care for the Caregiver: Coping With Being a Caregiver for Someone You Love."

Plenary ("The Helper's Journey: Working With People Facing Grief, Loss, and Life-Threatening Illness") at *Challenges of the Future: Caring for the Dying*, the Tenth Annual Conference for Kara, Palo Alto, CA, 5/20/94

Keynote address ("The Helper's Journey: Finding the Balance") at *Heart of the Journey*, the Virginia Association for Hospices Annual Conference, Roanoke, Virginia, 5/12/94

Plenary all-day presentation ("The Helper's Journey: Finding the Balance") at *The Circle of Life: A Caregiver's Conference*, sponsored by The Central Oregon Hospice Coalition and the Oregon Hospice Association, Warm Springs, OR, 4/12/94. 200 caregivers in attendance.

Presentations ("The Helper's Journey and the Hospice Team," "The Hospice Team and the Leadership Journey," and "The Helper in Us All: Hospice Volunteerism and the Helper's Journey") for the clinical, management, and volunteer teams, respectively, (740 total in attendance) of Hospice of the Florida Suncoast, Largo, FL, 2/25/94-2/26/94.

One-day seminar ("The Helper's Journey") for the Community Hospital of the Monterey Peninsula, Monterey, CA, 2/9/94.

Public address ("Keeping Secrets: What You Don't Say Can Hurt You--Keeping Secrets and Your Health") for the Women's Information Network, Sacred Heart Health System, Eugene, OR, 11/1/93. 500 people from the community attended.

One-day seminar ("The Challenge of Caring: Finding the Balance") sponsored by the Nursing Service of the Department of Veteran Affairs Medical Center, Portland, OR, 11/1/93

Preconference presentation ("The Helper's Journey") and a concurrent session ("Volunteer Communication Issues") at the 1993 Annual Meeting and Symposium of the National Hospice Organization, Salt Lake City, Utah, 10/14/93-10/16/93

Presentation ("Service, Quality, and the Interdisciplinary Team") Kaiser Permanente Medical Center, Office of Organizational Development, Hayward, CA, 10/1/93 200 Kaiser staff attended.

Keynote address ("The Helper's Journey: Finding the Balance") plus pre-conference seminar ("Focus on the Team: Creating a Healthy Caring System") and concurrent session presentation ("Healing Words: Talk Tools for Helpers") at the 17th Annual Conference of Hospice for the Carolinas, *Hospice: The Business of Compassion*, Charlotte, NC, 9/27/93-9/29/93

Keynote address ("The Helper's Journey") also concurrent session presentations ("The Caregiving Team: Creating a Healthy Caring System, and "Healing Words: Talk Tools for Helpers") and a pre-conference seminar ("A Feel Good-Do Good and Do Good-Feel Good Theory of Hospice Volunteerism") at the Missouri Hospice Organization's Midwest Regional Conference, Lake of the Ozarks, Missouri, 9/12/93-9/14/93

Plenary presentation ("The Helper in Us All: Hospice Volunteerism and the Helper's Journey") at The National Hospice Organization's Second National Conference on Hospice Volunteerism, Boston, 8/14/93

Presentations ("The Helper's Journey: Finding the Balance," and "Strengthening the Caregiver Team") at the *Oncology Symposium*, Manchester Memorial Hospital, Manchester, CT, 6/17/93

Presentation ("The Challenge of Caring in Oncology Practice") at Valleycare Health System's Breast Cancer Symposium, San Ramon, CA, 6/3/93

Presentations ("The Challenge of Caring for the Cancer Patient in Pain," and "Psychosocial Factors in Pain Management") at the Carolinas Medical Center Spring Symposium: Charlotte, NC, 5/13/93-5/14/93

Keynote address ("The Helper's Journey: Meeting the Challenge of Caring") and breakout sessions, *The Ninth Annual Symposium* of the Florida Hospices, Inc., Orlando, Florida, 4/22/93-4/23/93. 850 hospice workers attended.

Plenary presentation ("The Helper's Journey: Finding the Balance") at *Hospice Care in 1993*, Cosponsored by Hospice of Southeastern Michigan, American Cancer Society, and Providence Hospital and Medical Centers, Southfield, MI, 4/3/93

Keynote address ("The Challenge of Caring in Oncology") at *Supportive Care '93*, Harrington Cancer Center, Amarillo, TX, 4/2/93

One-day seminar ("The Helper's Journey: Finding the Balance") at Metro Minnesota Chapter, Oncology Nursing Society and the American Cancer Society, Bloomington, MN, 3/2/93

Presentations ("The Helper's Journey," "The Challenge of Caring," and "Focus on the Hospice Team") for volunteers, staff, and board of directors of Hospice of East Texas: Tyler, TX, 2/16/93

Peconference ("Time for the Team"), presentation with M. Lattanzi-Licht) at the *1992 Annual Meeting and Symposium* of the National Hospice Organization,): *Time for the Team*, Nashville, TN, 11/29/92

Seminar ("The Helper's Journey: Finding the Balance") at Good Samaritan Hospital and the Tri-State Chapter of the Oncology Nurses Society, Cincinnati, Ohio, 10/8/92, 10/9/92

Keynote and breakout sessions ("The Challenge of Caring," "Helper Secrets") and a panel ("Ethical Perspectives in Oncology") with Betty Ferrell and William Englis at the *1992 Oncology Nursing Symposium*, Riverside Regional Cancer Institute, Columbus, Ohio, 10/7/92

Keynote presentation ("The Hospice Team") at the *1992 Annual Meeting* of the Ohio Hospice Organization, Columbus, Ohio, 10/5/92-10/6/92

Symposium plenary presentation ("Stress in Caregiving") at The International Hospice Institute's Eighth Annual Symposium: Management of Terminal Illness, Missoula, Montana, 7/17/92

Symposium plenary paper presentation ("Psychoeducation and the Future of Clinical Psychology") at *Clinical Psychology: Science and Practice*, an international symposium at the University of Rome, Rome, 5/29/92-5/30/92

Keynote address ("The Challenge of Caring in Oncology Nursing") at the Oncology Nursing Society Congress, San Diego, CA, 5/13/92. 5000 oncology nurses in attendance.

Keynote address ("The Challenge of Caring") at Texas Hospice Organization Annual Meeting, Austin, Texas, 5/1/92-5/2/92

Keynote address, The First Ellen Pennington Memorial Lecture, Hospice West, Inc, and the Sudbury Pines Extended Care Facility, Boston, 4/3/92

Keynote address, Tennessee Hospice Organization Annual Meeting, Nashville, TN, 3/19/92

Workshop presentation, LaGrange and Edwards Hospitals, Chicago, ILL, 2/22/92-2/22-92

Facilitator, retreat, Hospice of Fresno, Fresno, CA, 11/22/91-11/23/91

Pre-conference presentation (“Time for the Team”) with M. Lattanzi-Licht) at the *1991 Annual Meeting and Symposium* of the National Hospice Organization, Seattle, WA, 11/17/91

Presentation (“Taking Time: Caring for Loved Ones Who Have Cancer”) for the Northern California Cancer Center, San Francisco, 11/9/91

Keynote address and two workshops at *Volunteers: The Heart of Hospice*, Organized by Northern California Hospice Volunteer Coordinator Committee, Redwood City, 10/26/91 (Conference, the first of its kind, was attended by 450 people. Barbara Bush sent videotaped message).

Keynote address (only speaker), one-day conference (“The Challenge of Caring: Psychological and Spiritual Foundations of Patient Care and Helper Self-Care”) for The Spiritual Health Care Forum of Greater Dayton, Dayton, Ohio, 10/25/91 (150 in attendance).

Keynote address (only speaker) (“The Challenge of Caring”) for the Arizona State Hospice Association, Phoenix, AZ, 10/11/91 (100 in attendance)

Facilitator, retreat, North Hospice, Robbinsdale, MN, 9/27/91-9/28/91

Facilitator, retreat, VNA and Hospice of San Francisco, 9/13/91

Keynote address (“The Challenge of Caring”), Scripps Clinic and Research Foundation: The Dimensions of Caring: A Symposium on Palliative Care of the Cancer Patient, LaJolla, CA, 3/1/91 (450 in attendance)

Facilitator, retreat for Hospice of Hilo, North Hawaii Hospice, Hospice of Kona, Kona Adult Day Center, and the Big Island AIDS Project, 1/4/91-1/5/91, Hilo, HI

Seminar, Apple Computer Company, Cupertino, CA, Stress Seminar, 12/90

1990 Annual Meeting and Symposium of the National Hospice Organization, two presentations: pre-conference session (with M. Lattanzi-Licht) (“Time for the Team”) and concurrent presentation (“The Challenge of Caring”). Detroit, MI, 11/90

Keynote address (“Helping as a Natural Process”) at the 6th Alabama Hospice Association State Meeting, Tuscaloosa, AL, 10/19/90

Keynote address (“Coming Together: The Circle of Care”) at the Iowa Hospice Organization Annual Conference, Des Moines, Iowa, 10/1/90

Chairperson, “The First National Conference on Hospice Volunteerism: Leadership and Volunteer Management in the 1990's,” Plenary presentation (“Hospice Volunteerism and the Challenge of Caring”) and a workshop presentation (“Teaching Communication Skills in

Hospice: A Workshop for Trainers”), San Diego, CA, 8/16/90-8/18/90 (President George Bush sent videotaped message reading a slightly edited version of a speech I wrote for him in collaboration with the White House staff).

Faculty Member, 14th Annual Living Now Institute, Center for Studies of the Person, LaJolla, CA, *The Challenge of Caring and Diversity*, San Diego, 7/20/90

Keynote address, Hospice of Lancaster 10th Anniversary Celebration, Lancaster, Pennsylvania, 5/15/90

Visiting Nurse Association of Los Angeles, seminar for staff working with AIDS patients, 5/7/90

Keynote address, Arkansas State Hospice Association Annual Meeting, Hot Springs, Arkansas, 4/23/90

Keynote address, Michigan Hospice Organization Annual Meeting, Grand Rapids, Michigan, 4/19/90-4/20/90

Keynote address, San Diego Hospice Palliative Care Conference, San Diego, CA, 4/3/90

Keynote address, Washington State Hospice Association Annual Meeting, Seattle Washington, 3/30/90

Messina, Sicily, Italy, five-day seminar on health psychology topics for Sicilian psychiatrists and psychologists, sponsored by the University of Messina and the Institute for Studies of the Person in Rome, 3/17/90-3/21/90

One-day seminar (“Hospice for Hospice: The Helper's Journey”) for the Hospice of Napa Valley, 11/10/89

1989 Annual Meeting and Symposium of the National Hospice Organization, "The Next Decade of Caring," four presentations: 1) “The Challenge of Caring: Skills for Patient Care and Staff Self-Care”); 2) “Teaching Communication Skills in Hospice: A Workshop for Trainers”); 3) (with Joan Gay, MSW) “Ethical Issues and the Hospice Team”); 4) (with Dr. Ira Bates) “The 1990 National Conference on Hospice Volunteers: A Focus Group”) 11/7/89

Keynote address (“Dangers and Opportunities in Work With Grief: The Helper's Perspective”), at KARA's Sixth Annual Conference, Palo Alto, CA, 10/27/89

Keynote address (“Coming Together: The Inner Circle of the Hospice Team”) at the Ohio Hospice Organization Annual Meeting, Columbus, Ohio, 10/10/89

Facilitator, retreat, Hospice of the Western Reserve, two-day retreat for hospice staff, Mentor Ohio, 9/22/89 (repeated in 1990).

Lecture (“Helper Secrets: From the Fallacy of Uniqueness to Solid Support”) at Trinity Hospice, London, England, 8/2/89

Seminar on health psychology, sponsored by Instituto dell' Approccio Centrato Sulla Persona, Rome, Italy, and Tempo Economico, attended by Italian psychologists and business executives, Sorrento, Italy, 6/19/89-6/23/89

Hospiz Stuttgart, Stuttgart, West Germany, lecture to staff and volunteers, 5/22/89

Lecture ("The Challenge of Caring") at Princess Alice Hospice, London, England, 5/5/89

A lecture in the Colin Murray-Parkes lecture series at St. Christophers Hospice, London, for hospice staff from St. Christophers and for hospice workers from other countries visiting St. Christophers. Eighty people attended, 5/4/89

Lecture ("Psychology and Health Promotion") for APPURT (Portuguese Psychological Association), Porto, Portugal, Seventy-five Portuguese psychologists attended this lecture at the first national Portuguese health psychology conference. 4/12/89

Lecture ("Self-concealment: Conceptualization, Measurement, and Health Implications") at the Psychology Department, University of Porto, Porto, Portugal, 4/10/89

"Psychology in Health Services," (Seminario A Psicologia Nos Servicos De Saude), Lisbon, Portugal, the first national conference on health psychology to be held in Portugal. Lectured on "Recent Developments in Health Psychology." Two hundred psychologists and health care professionals attended this event, 4/8/89

1988 Annual Meeting and Symposium of the National Hospice Organization, preconference seminar on (with Marcia Lattanzi) "Time for the Team: Effective Strategies for Managing Conflict and Enhancing Team Support;" conference presentations "Challenge of Caring: Skills for Patient Care and Staff Self-Care"; and "Ethical Issues and the Hospice Team," Orlando, FL, 11/17/88-11/20/88

Lecture, Kaiser Permanente Hospice and Oregon State Hospice Association, for hospice workers from throughout Oregon and an in-service for the Kaiser hospice staff, Portland, OR, 11/3/88-11/4/88

Facilitated retreat for Kentucky Hospice Association and Tennessee Hospice Association at Lake Barkley State Resort Park, Kentucky, 10/6/88-10/7/88

Invited Address, Clemson University College of Nursing and National Hospice Organization First Regional Conference in South Carolina on *The need for hospice care in a rural community*, Clemson, SC, 9/11/88-9/12/88

Lectures, Sacramento Hospice Consortium, for 200 hospice workers from the Sacramento area, 8/24/88

Paper presentation ("Counseling Psychology and the Health Arena: Areas of Application and Strategies for Curriculum Development") in a symposium at the Annual Meeting of the American Psychological Association, Atlanta, GA, 8/14/88

One-day seminar ("The Challenge of Caring"), Hospice of Hawaii, Honolulu, Hawaii, and retreat for Hospice of Hawaii staff, 7/9/88

Paper presentation ("Self-Concealment: Conceptualization, Measurement, and Health Implications"), *First Invitational Conference on Self-Control of Thought and Emotion*, Nags Head Conference Center, Kill Devil Hills, North Carolina, 5/17/88

Plenaries ("The Challenge of Caring: Invisible Stressors in Hospice Work and Their Antidotes," and "Alleviating Stressors in the Hospice Team") at the Georgia State Hospice Association Annual Meeting, Athens, GA, 4/8/88, 4/9/88

Invited lecture ("The Challenge of Caring in Oncology Work") at the Stanford University, Radiation Therapy and Oncology Departments, Stanford, CA, 4/5/88

Paper ("Self-Concealment: Empirical and Theoretical Perspectives") in a poster session at the 1988 Meeting of the Western Psychological Association, Burlingame, CA, 4/14/88

Plenary ("Staff Support and the Challenge of Caring") at *Hospice Symposium, Celebrating a Decade of Skill, Compassion, and Caring at Kaiser Permanente*, Oakland, CA (300 participants), 3/12/88

Concurrent ("Self-Appraisal and Self-Renewal in the Hospice Team") and "Ethical Issues as Team Building Strategies;" and pre-conference ("Challenge of Caring: Skills for Patient Care and Staff Self-Care" and "Time for the Team: Effective Strategies for Managing Conflict and Enhancing Team Support") presentations at the *1987 Annual Meeting and Symposium of the National Hospice Organization and Children's Hospice International*, 11/87

Keynote address, Hospice of North Carolina Annual Conference, *Growing Pains: Stretching Up and Reaching Out*, Hendersonville, NC, attended by 400 hospice workers from North Carolina, 10/1/87

Panel (with Lyle Schmidt, Michael Duffy, Nancy Schlossberg, Royda Crose, and John Barry): "Counseling Psychology and Aging: A Specialty with a Future," American Psychological Association Annual Meeting, New York City, New York, 8/28/87

Lecture ("The Challenge of Caring: Advanced Skills for Patient Care and Staff Self-Care") at the University of Hawaii, Hilo, HI, 7/31/87

Panel (with Robert Christenson, Marcia Lattanzi, and Beau Rezendes): "Reporting Back: Perspectives on the Internal Environment," at the *Second Annual National Hospice Organization National Conference on Interdisciplinary Team Development*. Also led roundtable discussions on "Helper Secrets for Managerial Team Members," St. Paul, MN, 6/24/87-6/26/87

Presentation ("The Challenge of Caring") for Joliet Community Hospice--a benefit for the hospice in my hometown, Joliet, Illinois, 5/16/87

Lecture ("What You Don't Say Can Hurt You: Self-Concealment and Health") in Santa Clara University Health Psychology Evening Lecture Series: 5/7/87

Keynote address ("The Challenge of Caring") for the Missouri State Hospice Organization, St. Louis, 4/30/87

Paper presentation, "Motivated Nondisclosure: Assessment and Relationship to Health Status," Western Psychological Association, Long Beach, CA, 4/26/87

Research presentation: "What You Don't Say Can Hurt You: Self-Concealment and Health," Colloquium, Personality Area, Stanford University Psychology Department, 4/14/87

Invited address ("The Challenge of Caring") for the Greater St. Louis Hospice Organization, *The Third Annual Hospice Volunteer Symposium*, St. Luke's Hospital, St. Louis, 4/29/87

Keynote address ("Helper Strategies for Those Who Minister to the Dying") for Hospice of the Monterey Peninsula and Ministerial Association of Monterey Peninsula, *Practical Approaches to Caring for the Terminally Ill*, Monterey, CA 2/3/87

Lecture ("Staff Stressors in Radiation Therapy and Oncology Work"), Stanford University, Radiation Therapy and Oncology Departments, 1/12/87

Pre-conference ("The Challenge of Caring: Skills for Patient Care and Staff Self-Care") at the National Hospice Organization Annual Conference, Denver, CO, 11/14/86-11/17/86

Panel (with Dr. Carole Petiet): "The 1986 American Women's Expedition to China: Communication and power styles." American Psychological Association Annual Meeting, Washington, D.C.: Roundtable Program III: Issues in the Psychology of Women, 8/26/86

Plenary lecture at *Innovations in Hospice Care*, National Conference, Clearwater Beach, FL, 8/11/86-8/14/86

Plenary ("A Window into Ourselves: Looking at Helpers' Secrets") at the Third Western Hospice Nursing Conference, *Evolution of a Hospice Nurse*, San Diego, 6/29/86

Lecture ("The Challenge of Caring: Skills for Patient Care and Staff Self-Care") at the Second Annual American Conference on Hospice Care: Ethics and Professionalism in the Future of Hospice," San Francisco, 6/14/86-6/17/86

Panel (with Shirley Smoyak, Robert Gray, and Mary Vachon): "Perspectives on the Internal Environment," National Hospice Organization National Conference on Interdisciplinary Team Development. Also led roundtable discussions on "Self-Appraisal and Self-Renewal in the Hospice Team," St. Paul, MN, 6/4/86-6/6/86

Lecture, at the University of Hawaii, Hilo, cosponsored by Hospice of Hilo and the American Cancer Society, 3/20/86

Paper presentation ("Helper Secrets: Invisible Stressors in Hospice Work") at the annual meeting of the California State Psychological Association, San Francisco, 2/86

Preconference ("The Challenge of Caring") at the National Hospice Organization Annual Meeting, Washington, D. C., 11/10/85

Plenary ("The Challenge of Caring for the Terminally Ill") at a conference sponsored by the Veterans Administration Interwest Regional Medical Education Center, Veterans Administration, Livermore, CA, 10/30/85

Lecture at *The Passage From Living to Dying*, a benefit conference for KARA, 10/17/85

Chairperson and core faculty member, "Challenge of Caring: Support, Burnout, and Bereavement in Hospice and Oncology," Santa Clara University, 5/11/85

Lecture ("Helper Issues in Working with the Elderly Cancer Patient") for the American Cancer Society conference *Potpourri on Cancer X: Working with the Aging Cancer Patient*, Pleasant Hill, CA, 4/27/85

Plenary ("The Challenge of Caring: How to Use Your Empathy Without Burning Out") at the Third Annual Maternal Child Care Conference, San Francisco, 3/15/85

Paper ("Pilot Test of an Audiotape Support Group Training Program for Hospice and Oncology Workers") at the California State Psychological Association, San Francisco, 2/9/85

Panel (with J. Cooper & C. Hanson): "Health Psychology: An Idea Whose Time Has Come"--at Western Association of Counselor Educators and Supervisors Annual Meeting, Monterey, 11/84

Paper ("Giving Psychology Away") at Annual Meeting of the Western Association for Counselor Education and Supervision, Seattle, WA, 11/21/82

Chairperson and core faculty, *The Human Dimension in Health Care: A Tribute to Carl Rogers*, national conference, Palo Alto, CA, 2/21/81-2/23/81

MEDIA PRESENTATIONS

Ladie's Home Journal, July, 2007, interview, p. 16.

Newsweek, June 18, 2007, interview, p. 49.

KPQ-AM The 2 o'clock report, interviewed concerning the ("*Finding our Way: Living With Dying In America*") newspaper series. 1/15/02

KOHO-FM RADIO (“Round Up”), interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. 1/3/02

KUOM-FM Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series 12/13/01

KVMI-FM Ben and Jim Morning Show. Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. 11/26/01

WEEA FM (“Morning Journey”), interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Baltimore, MD 11/21/01

Cable Radio Network (“The Mike Horn Show”) NATIONAL, interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Los Angeles, CA, 11/20/01

CKNX Radio (“The Talk Show”), NATIONAL, interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Wingham, CANADA, 11/20/01

KSRK AM (“All Talk”), interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Monterey, CA Monterey, CA, 11/14/01

WMCA (“Andy Anderson Live”) interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Hasbrouck, NJ, 11/13/01

KLIK-AM (“Daybreak”) Live, Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Columbia, MO 11/12/01

KMYL FM (“Your Second 50 Years”) Interviewed concerning the (“*Finding our Way: Living With Dying In America*”) newspaper series. Phoenix, AZ 11/10/01

KFRU FM (“The Morning Meeting”) Interviewed concerning the *Finding our Way: Living With Dying In America*) newspaper series. Columbia, MO. 10/24/01

KGU Radio (“The Mike Buck Show”) Interviewed concerning the *Finding our Way: Living With Dying In America*) newspaper series. Honolulu, HI 10/10/01

WAIC FM (“Hot Talk”) . Interviewed concerning the *Finding our Way: Living With Dying In America*) newspaper series, Springfield, MA 10/4/01

KCNN 15.90 (“Afternoon Magazine”) Crookston, MN Interviewed concerning the *Finding our Way: Living With Dying In America* newspaper series, 9/26/01.

WCCO Radio (CBS): *Late Show* with Brad Walton, interviewed on end-of-life issues and the Bill Moyers television series *On Our Own Terms*, Minneapolis, MN, 9/28/00.

Kato, D. (1999, November 11). Whose home for the holidays? The San Jose Mercury News, pp.

E1, E16. Interviewed and cited in article.

KICU TV, Interviewed concerning school shootings in Littleton, Colorado and in Georgia, 4/99

Kato, D. (1997, May 20). When remembering hurts. The San Jose Mercury News, pp. E1, E3. Interviewed and cited in article.

WABI-TV (Channel 5 in Bangor, Maine, 6p.m. show): interviewed on stress experienced by health professionals working with people facing life-threatening illness, Bangor, Maine, 11/16/96

ASE/K2SE Radio (Minnesota Public Radio, morning newscast with Joe Follansbee): Interviewed as keynote speaker at a Mayo Clinic conference on the physician-patient relationship, Rochester, Minnesota, 6/14/96

WDWS Radio ("M, Afternoons with Mark Heimberger): Interview on stress in professional, volunteer, and family caregivers in the context of terminal illness, Champaign, IL, 12/13/95

KTTC-TV (Channel 10 in Rochester, MN), interviewed concerning stress experienced by health professionals working with people facing life-threatening illness. 7/28/95

KTKR Radio, (The Ron Aron Show): Interview on self-concealment and health research, San Antonio, Texas, 10/27/94

WHYN Radio (The Dan Williams Show): Interview, on self-concealment and health, Springfield, Massachusetts, 10/13/94

Family Circle Magazine, article on my self-concealment research, November 1, 1994, p. 58.

CKNW Radio (Daily international news program): Interview, on self-concealment and health, "The World Tonight," Philip Till interviewer, Vancouver, Canada, 10/12/94

WCCO Radio (CBS): *Fitness Factor*, on "The Helper's Journey," Dan Hertzgaard interviewer, Minneapolis, MN, 9/26, 9/28, 9/30

CKNW Radio ("M--Daily international news program): Interview, on self-concealment and health, "The World Tonight," Philip Till interviewer, Vancouver, Canada, 7/11/94

KCCI TV 8 (CBS for Central Iowa), Interview, Mary Brubaker, Producer, Des Moines, Iowa, 10/2/90

WHO Radio, Jim Zabel Show, Interviewer, Des Moines, Iowa, 10/1/90

Press Conference, Milan, Italy, on the topic of health psychology in Italy. There were 25 reporters at this press conference. I introduced the basic concepts of health psychology and illustrated how they could be applied and further studied in Italy, 6/13/89

KCTU TV interview on San Ysidro massacre, June, 1984. A recording of this interview is available in the Santa Clara University Media Services Tape Library.

GRANTS AWARDED

Santa Clara University Presidential Research Grants: 1) "Self-Help Group Development Project: Tape-Led Peer Support Groups For Health Care Workers," \$2,653, 1982-1983; 2) "Motivated Nondisclosure: Its Relationship to Perceived Social Support, Self-Disclosure, and Health Status," \$3,368, 1986-1987

Fulbright Scholarship, lecturing and research at the University of Heidelberg, West Germany, "A Cross-Cultural Study of Self-Concealment, Coping, and Health," March-July, 1989.

ORGANIZATIONS SPONSORING PRESENTATIONS

International

APPORT, Portuguese Psychological Association
Istituto Dell' Approccio Centrato Sulla Persona, Rome, Italy
Princess Alice Hospice, London
St. Christopher's Hospice, London, England
Trinity Hospice, London, England
University of Rome

National Conferences

American Psychological Association (1986, 1987, 1988, 1998, 2004, 2007, 2008)
Hospice Care, Inc., Clearwater Beach, FL (Plenary presentation, 1986)
International Hospice Institute, Southfield, MI, (Plenary presentation, 1992)
National Hospice and Palliative Care Organization Annual Conferences (preconferences and concurrent sessions in 1985, 1986, 1987, 1988, 1989, 1990, 1991, 1992, 1993, 1994, 1995, 1996, 1997, 1998, 1999, 2000, 2001, 2002, 2003, 2004, 2005, 2006)
National Hospice Organization, *Second National Conference on Hospice Volunteerism*, Boston (Keynote address, 1993)
National Hospice Organization, *The First National Conference on Hospice Volunteerism: Leadership and Volunteer Management in the 1990's*, San Diego, CA (Conference chairperson, plenary presentation, 1990)
National Hospice Organization, *National Conference on Interdisciplinary Team Development* (Plenary presentations, 1986, 1987, Concurrent presentation, 1996)
Oncology Nursing Society, Pittsburgh, PA (Keynote address, 1992)
Scripps Clinic and Research Foundation, LaJolla, CA (Keynote address, 1991)

Regional and Local Conferences

American Association of Diabetes Educators
American Association of Pastoral Counselors
American Cancer Society
Battle Creek Health System
California State Psychological Association, Anaheim, CA
Carolinas Medical Center, Charlotte, NC
Center for Studies of the Person, LaJolla, CA
Central New York Oncology Nursing Society, Syracuse, NY
Childrens' Hospital at Stanford, Palo Alto, CA
Clemson University (with South Carolina State Hospice Organization), Clemson
Department of Veteran Affairs Medical Center, Portland, OR
Florida Association for Child Life Professionals, Orlando, FL
Greater St. Louis Hospice Organization, St. Louis, MS
Harrington Cancer Center, Amarillo, TX
Hospice West, Inc., Waltham, MA
Interwest Regional Medical Education Center, V. A. Hospitals
KARA, Palo Alto, CA

Mayo Clinic, Rochester, MN
Oregon Association for Home Care, Portland, OR
Riverside Methodist Hospital, Columbus, OH
St. Agnes Medical Center, Fresno, CA
St. Francis Hospital & Hospice, Honolulu, HI
St. Luke's Hospital, San Francisco, CA
Sacramento Hospice Consortium, Sacramento, CA
San Diego Hospice, San Diego, CA
Santa Clara-Monterey Oncology Nurses Organization, CA
Santa Clara University, Santa Clara, CA
Texas Children's Hospital, Houston, TX
University of Hawaii, Hilo, HI
Western Association of Counselor Educators and Supervisors

Keynote Addresses for State Conferences

Alabama Hospice Association (1990)
Arkansas State Hospice Association (1990)
Arizona State Hospice Association (1991)
Colorado Hospice Organization (2001)
Florida Hospices, Inc. (1993)
Georgia State Hospice Organization, GA (1988)
Hospice and Palliative Care Association of New York State (2001)
Hospice of North Carolina and Hospice for the Carolinas (1987, 1993)
Hospice Organization of Southern California, Los Angeles, CA (1986)
Illinois State Hospice Organization (1995)
Iowa Hospice Association (1990)
Kentucky Hospice Association (1988)
Michigan Hospice Organization (1990)
Nebraska Hospice Association (1997)
Missouri State Hospice Organization, St. Louis, MS (1993)
North Dakota Hospice Association (2006)
Ohio Hospice Organization, Columbus, OH (1989, 1992)
Oklahoma State Hospice Association (1997) (2001)
Oregon Hospice Association (1999)
Oregon Association for Home Care (1996)
Tennessee Hospice Organization (1992)
Texas Hospice Organization (1992)
Virginia Association for Hospices (1998)
Washington State Hospice Organization, WA (1990, 1996)
Wyoming Hospice Organization (2000)

Lectures and Retreats for Individual Healthcare Organizations

AIDS Health Services, San Jose, CA
Alexian Brothers Hospital, San Jose, CA
Alive Hospice, Nashville, TN
Auburn Faith Hospice, Auburn, CA
Blue Ridge Hospice, Winchester, VA (2005)
Boulder County Hospice, Boulder, CO
Carle Hospice, Champaign, IL
Casa Serena Hospice, San Jose, CA
Catholic Charities Diocese, Toledo, OH
Christ Hospital, Chicago, IL
Community Area Hospice, Albany, NY (2005)
Community Hospital of the Monterey Peninsula, Monterey, CA
Continuum Hospice Care and Jacob Perlow Hospice, NY (2005)
Covenant Hospice, Pensacola, FL (2004)
Deaconess Hospital, Cincinnati, OH
Dominican Hospital, Santa Cruz, CA
Family Hospice, Tulsa, OK
Family Practice Residency Program, San Jose Hospital, San Jose, CA
Franciscan Hospice, Tacoma, WA (2006)
Lane County Medical Society, Eugene, OR
Good Samaritan Hospital, San Jose, CA
Good Samaritan Hospital, Cincinnati, OH
Hospice at Lourdes, Paducah, KY
Hospice of Anchorage, Anchorage, AK
Hospice of the Bluegrass, Lexington, KY
Hospice of Central Kentucky, Elizabethtown, KY
Hospice of Contra Costa, Walnut Creek, CA
Hospice of East Texas, Tyler, TX
Hospice of the Florida Suncoast, Largo, FL
Hospice of Fresno, Fresno, CA
Hospice of the Grand Valley, Grand Junction, CO
Hospice of Hawaii, Honolulu, HI
Hospice of Hilo, Hilo, HI
Hospice of Hillsborough, Tampa, FL
Hospice of Humboldt, Eureka, CA
Hospice of Lancaster County, Lancaster, PA
Hospice of Louisville, Louisville, KY
Hospice of Marin, Corte Madera, CA
Hospice of Miami County, Troy, OH
Hospice of Middletown, Middletown, OH
Hospice of Montclair, Birmingham, AL
Hospice of the Monterey Peninsula, Monterey, CA
Hospice of Napa Valley, Napa, CA
Hospice of North Carolina, Hendersonville, & Browns Summit, N.C.
Hospice of Northeastern Illinois, Barrington, IL (2007)
Hospice of Northwest Ohio, Perrysburg, OH

Hospice of San Diego, San Diego, CA
Hospice of Southern Illinois, Belleville, IL
Hospice of Southeastern Michigan, Southfield, MI
Hospice of the Western Reserve, Mentor, OH
Hospital Home Health Agency of California, Torrance, CA
John Muir Hospital Oncology Service, Walnut Creek, CA
Joliet Area Community Hospice, Joliet, IL (2005)
Kaiser Permanente Hospice Programs, South Bay, SF CA (2005)
Kaiser Permanente Hospital, Hayward, CA
Kaiser Permanente Hospices: Norwalk, Oakland, Walnut Creek, Vallejo, CA; Portland, OR
Kaiser Permanente Hospital, Santa Clara, CA
Kaiser Permanente Hospital, Vallejo, CA
LaGrange Hospital, LaGrange Illinois
Manchester Memorial Hospital, Manchester, CT
Marshal Hale Hospital, San Francisco, CA
Mennonite Hospital, Bloomington, IL
Mercy Medical Center Hospice, Redding, CA
Merritt Hospital, Oakland, CA
Methodist Hospital, Minneapolis, MN
Midpeninsula Home Care and Hospice, Mountain View, CA
Mills Hospital Auxiliary Volunteers, San Mateo, CA
Montgomery Hospice Society, Chevy Chase, MD
Mt. Diablo Hospital, Concord, CA
North Country Regional Hospital, Bemidji, MN
Northwestern Memorial Hospital Supportive Care Program, Chicago, IL
O'Connor Hospital Cancer Care Center, San Jose, CA
O'Connor Hospice, San Jose, CA
Palm Drive Hospital, Sebastopol, CA
Palo Alto Veterans Administration Hospice Program, Palo Alto, CA
Providence Hospital, Oakland, CA
Providence Hospital, Anchorage, AL
Proviso-Leyden Hospice, Bellwood, IL
St. Mary's Hospital, San Francisco, CA
St. Mary's Hospice, Tucson, AZ
Sacred Heart General Hospital, Eugene, OR
San Jose Hospital, San Jose, CA
Sequoia Hospital, Redwood City, CA
Sierra Hospice, Chester, CA
Stanford University Radiation Therapy and Oncology Departments, CA
Texas Medical Center Hospice, Houston, TX
Touchstone, Palo Alto, CA
University of Iowa Hospitals and Clinics
Visiting Nurse Service, Webster, NY
VNA of Houston, Houston, TX
VNA of Los Angeles Hospice Program, Los Angeles, CA
VNA and Hospice of San Francisco, CA
West Michigan Chapter of the Association of Nurses in AIDS Care, Grand Rapids, MI

Women's Information Network, Eugene, OR