

Counseling Psychology Update

Department of Counseling Psychology Newsletter

August 2004

If you did not get this through email we do not have the correct email address for you, and you should immediately contact Susan Babbel, our CP Administrative Assistant in Bannan 226 (408) 551-1603 or sbabbel@scu.edu. Please direct all questions about the content included here to Susan so she can direct them to the appropriate faculty and staff.

From the Chairman:

WELCOME to all new students and welcome back to returning students! Well, as I begin my Sabbatical Leave (Fall and Winter terms) and leave the Chairmanship in the capable hands of Teri Quatman, I thought I'd share a few reflections and a lot of information with you. A lot of very good things have happened and we are poised for another wonderful year in our departmental development.

I want to begin by telling you of some personnel changes.

As many of you know, *Sonny Manuel*, our Dean has been promoted to the position of Rector and has left the School he so capably founded and shepherded. Tom Plante from the Psychology Department has graciously agreed to serve as Interim Dean, while we make a national search for Fr. Manuel's replacement. Dr. Plante is a long time member of our faculty, a clinical psychologist and a good friend to our department. Please extend to him your best welcome.

For the first time in four years, we do not have a new full time faculty member joining us. Everyone will be back, along with long time favorite and new adjunct professors to make the learning environment optimal. In addition to Dr. Jerry Shapiro's sabbatical leave, Drs. Ramos-Sanchez and Honos-Webb are scheduled for leaves in the Spring term.

REGISTRATION

Begins Aug 16th. Please follow all the instructions to register electronically to ensure that you get all the classes that you want. The fall schedule and tentative year's schedule are appended to this CPU.

Classes and Sequencing

As a general rule of thumb, core classes are scheduled frequently. Normally, *required and core* classes with a 200-299 number are offered three (occasionally more) times a year. 300-level *required classes* are typically offered

twice a year. (i.e. 311; 323). If needed, we will add sections to serve students. Normally, classes with fewer than 10 students are cancelled, except under special circumstances (i.e., necessary emphasis classes). **If you are a beginning student, please take core classes first. It is essential for advanced classes that you take CPSY 200 and 218 as soon as possible. Other intro classes we recommend are CPSY 216 and 220. If you have not taken these classes yet, do so this term. The exception to this “rule” are students in emphases. Please contact the director of the emphasis for further info on when to take the emphasis classes. Health – Dr. Larson; Correctional – Brother Steve Johnson; Career – Dr. Quatman; Latino – Dr. Ramos-Sanchez.**

Advanced Specialty Classes

Several classes are offered only once each year or every other year. *If you are in an emphasis program and the course is offered annually or every other year, you should generally take the emphasis class when it is offered, because it may not re-occur for several terms.* These classes are usually identified by **bold** type in the schedule sent with this CPU. **This fall, the following classes may be taken only in the fall term.**

(**244; Correctional; 264 object relations; 266 Counseling the adolescent; 280 Psychology of Aging; 300; career development and life planning; 360 Latino Psychology; 385 Stress and Stress Management**) and 392 *Dreamwork and Depth Psychology.*

We make every effort to add courses that are desirable and appropriate on an occasional basis. This year, two of our classes will continue by popular demand: *Psychology and Spirituality* CPSY 298 and *Advanced Couples Therapy* (CPSY 390). We are excited that the faculty for these classes, Sandy Prucha and Dan Wile, respectively, are new, very welcome additions to our adjunct corps. Watch the CPU's for time and place. In addition, our new emphasis program will begin in spring with the first Latino counseling class.

This year CPSY 389 Advanced Group counseling will only be available in the spring term. This is the class that trains students beyond the basic group (CPSY 219) class. After you complete this class, you are eligible to be a lab group co-leader – reportedly one of the most powerful clinical experiences available in the on-campus program. Lab group co-leaders work with a Professional leader and receive supervision from that person and from the lab group supervisor

Graduate Student Organization

One of the places where you can make a substantive difference in the program is by being involved with the Graduate Student Association (GSA).

Each year there are opportunities to help put on programs and work with experts in the field of clinical and counseling psychology. You also get to be involved in an extra-classroom way with colleagues in the program. If you are at all interested, please attend the initial events of GSA or contact Wendy Taylor (wendy@wjtaylor.com), expressing your interest.

Advisors:

By now, you should have chosen or been assigned a faculty advisor. It is strongly recommended that you go over your program with a full time faculty member. If you have not done so, please make an appointment with your advisor. If you still do not have an advisor, ask a faculty member with whom you have a class or Susan Babbel in Bannan 226. New students are assigned an interim advisor --- they will be available in September. Susan Babbel can tell you your advisor.

Classroom Protocol for cell phones and pagers:

Please be careful to turn off (or set on “vibrate”) your cell phones and pagers when you are in class. If you cannot do that and might have to answer an emergency call, please inform your professor prior to class and sit as close to the door as possible so that you can leave the room to answer the phone.

Group Counseling and Lab Groups:

To help allay the consistent and inaccurate rumors about the CPSY 219 class, here is the accurate information.

1. The class has a number of requirements including a lab section
2. The lab sections are meant to be taken concurrently with the class, but may be taken before the quarter in which you take the class. *If you are taking the lab group prior to taking CPSY 219, it is recommended that you check out the videotape (from Susan Babbel) describing the electronic journal and requirements for the CPSY 219 class.*
3. The lab consists of a group in which you are a member – you will keep a confidential journal in the lab group and analyze sections you choose in the class
4. The group sessions are mandatory and are led by a licensed professional from off campus.

Lab Groups and MFT credit:

You should be aware that you can get 20 hours of therapy credit for your participation in lab group. This counts as 60 hours towards licensing (3 hrs for each therapy hour). Please bring the proper form to your group leader at the last session for her/his signature. That is not the only way to get the hours signed off, but it is the easiest.

PERSONAL THERAPY:

As a clinical program, we *strongly* recommend that all students have experience as clients while in the program. In addition to better understanding what the “other chair” is like, and to better know yourself, there are many times in the program that personal issues will naturally emerge from the nature of the materials you are studying.

As for the groups, personal therapy hours count 3 for one for licensure. You may begin to accrue licensing therapy hours as soon as you are admitted into the program. You have already paid for University services through your fees and counseling center clinicians are available for you. This year, for the first time, we also have a list of alumni who have graciously agreed to see CPSY grad students at a reduced fee. A list of these therapists with fees and specialties will be available shortly.

Attention all MFT Students:

The following information will bring you into direct contact with the Board of Behavioral Sciences laws and regulations for the MFT bound candidate. It will be your responsibility to secure a copy of the laws and learn them in the course of your academic journey here at Santa Clara University.

Address: BBS, 400 R. Street, Suite 3150, Sacramento, CA 95814-6240

Website: <http://www.bbs.ca.gov>

Available in the Media Center are two copies of a videotape called "On the Road to Licensure". This is an excellent video bringing you up-to-date on the current BBS laws for the MFT trainee and intern. Please call the Media Center to check-out this video at your convenience.

E-Mail Availability:

If you have any suggestions please contact me through e-mail JSHAPIRO@SCU.EDU. Of course, you can also contact any full time faculty, if you'd prefer. Normally their e-mail addresses are first initial, last name@scu.edu

Research Possibilities:

If you are interested in joining in on any faculty research projects, contact the faculty members directly. Frequently there are opportunities to be involved in ongoing studies. Many of our recent students have been able to be on a published article or made a presentation at major conferences. **If you are interested in applying to a Ph.D. program after you complete your M.A., this is extremely important.**

A few words about the CPSY program at SCU.

For those of you who are entering the program, it's good to know that you are joining an elite tradition of counseling training in Northern California. Your entering group is one of the strongest we have accepted. We did not accept a much higher percentage than usual. We were able to do so, because your applications were so strong. Over the past four years, the growth in our student body and faculty during difficult economic times is a testament to the vibrancy of this program. Indeed, many counseling programs are in dire economic straits these days. I write this to you as a way of telling you that the faculty's expressed goal, **being recognized as the top Masters level counseling program on the west coast**, seems closer than ever before.

As is somewhat typical, we graduated a truly superb class this spring. Pictures of the grads and commencement parties will appear shortly on the wall outside my office (Bannan 222). Some of the pictures will soon be gracing our CPSY web site. As is usual for our graduates, almost everyone who has sought a placement in the field has already found one.

You should also know that the faculty are leaders in the field, dedicated to your training and genuinely good people. Somewhat atypically for academic departments, and despite the fact that we come from a variety of theoretical perspectives, we work together with mutual respect and without political conflict

We have made a major effort to reconnect with our illustrious alumni, who influence greatly the field locally and internationally. Based on returns from our new alumni newsletter, we have had a quite successful beginning. In addition, because of wonderful suggestions from students, we are beginning to plan for new social and professional events for our entire community.

Parking

Reduced fee lot: F only

ANNUAL	\$135
SEMI-ANNUAL	\$95
QUARTERLY	\$65
MONTHLY	\$
DAILY PERMIT	\$5 day / \$4 after 5PM

Night evening permits valid for lots: B, E & F, after 5 PM.

ANNUAL	\$100
SEMI-ANNUAL	\$65
QUARTERLY	\$40

There is also a hang tag available for a fee of \$2.00 that allows you to park in any "B" lot after 4:00pm if used in conjunction with an "E" permit, available in the CPSY office Bannan 226.

Payment of Tuition

You have now been notified that your electronic billing statement is ready to view via ecampus. The information will also be mailed with your paper bill, however these will be forwarded electronically in the future. The 2 documents are:

1) THE BURSAR BULLETIN - This contains important information about your bill and will help answer questions that you may have.

2) DEWAR'S TUITION INSURANCE PLAN - This plan can save you thousands of dollars in the future. We have contracted an incredible new low rate for all students this year; full-time and part-time. Please review the form for rate information. A more detailed Dewar's pamphlet is being mailed with your paper bill or you may pick one up in the Bursar Office.

If you have any questions regarding your bill or the Dewar's Insurance plan, please give the Bursar Office a call at 554-4412 or email them at bursaroffice@scu.edu.

New Book by Victoria Dickerson (A CPSY Adjunct Lecturer)

WHO CARES WHAT YOU'RE SUPPOSED TO DO: Breaking the Rules to Get What You Want in Love, Life and Work

For women who are tired of hearing what they're "supposed to" be doing, this inspiring book can help them fight back against the pressure, and find their own priorities. Nationally acclaimed clinical psychologist Victoria C. Dickerson shows women in their 20s and 30s how to put the "world" expectations into perspective and see them as the wonderful options and opportunities they can be.

September 16, 2004

Book signing

Capitola Book Cafe

Capitola, CA

7:30 pm PT

**The Fall 2004
and
2004-2005
CPSY Schedules
are on the next two pages!**

COUNSELING PSYCHOLOGY – Schedule of Classes

FALL 2004

SECTION

<u>NUMBER</u>	<u>Number & Title</u>	<u>Units</u>	<u>Instructor</u>	<u>Day & Time</u>	<u>Room</u>
11517	200 Psychology of Interpersonal Comm	3	Moretti	T 5:00-8:00	B237
11518	200 Psychology of Interpersonal Comm	3	Ramos-Sanchez	W 2:15-5:15	OC103
11519	211 Human Sexuality (6)	3	Leff	W 5:30-8:30	B236
11520	212 Psychology of Relationships (6)	3	Quatman	M 5:30-8:30	B332
11521	216 Psychology of Human Development	3	Mileham	M 5:30-8:30	AS 133
11522	217 Short-Term Approaches to Therapy (6)	3	Honos-Webb	Th 1:45-4:45	OC204
11523	218 Foundations of Psychotherapy/Personality	3	S. Shapiro	Th 5:30-8:30	B331
11524	219 Psychology of Group Counseling (1)	3	Stoller	T 5:30-8:30	AS 129
11525	219A Lab Group *****\	0	Miller	M 12:30-2:30	BGR 207
11526	219A Lab Group**** All day marathon Oct. 16th	0	Post	M 4:30-6:30	DS317
11527	219A Lab Group *****/	0	St. Laurant	W 6:00-8:00	AS 134
11528	220 Research Methods	3	Kroth	M 6:00-9:00	B241
11529	227 Counseling Process & Problems (6)	3	Larson	T 5:30-8:30	B331
11530	231 Multicultural Counseling (6)	3	Prucha	Th 5:30-8:30	B332
11531	244 Correctional Psychology	3	Hoyle	Th 6:00-9:00	AS 133
11359	246 Applied Behavior Analysis in Corr Psych****	3	Johnson/Hoyle	See Below	AS Weigand
11532	266 Counseling the Adolescent (2)	3	B-Shapiro	M 5:00-8:00	B308
11533	275 Ethical and Legal Issues in Counseling	3	Fromm	Th 5:30-8:30	AS 134
11534	280 Psychology of Aging and the Family (2)	3	Fisher	T 5:30-8:30	B241
11535	300 Career Development and Life Planning	3	Oja	Th 5:30-8:30	B241
11536	305 Field Lab (\$85/unit)	1-3	Staff	--	--
11537	309 Field Experience*	1-6	Staff	--	--
*****	310 Independent Study	1-6	Staff	--	--
11538	312 Counseling for Contemporary Problems (14)	3	Baron	W 6:00-9:00	B331
11558	315 Family Therapy (4)	3	Axelman	Th 1:45-4:45	B309
11539	317 Therapeutic Interventions with Children (2)	3	Axelman	W 5:30-8:30	B241
11540	318 Clinical Assessment I** (7)	3	Honos-Webb	T 5:30-8:30	B332
11541	319 Clinical Assessment II** (8)	3	Hayes	W 5:30-8:30	AS 133
11542	323 Psychopharmacology (10)	3	Fisher	T 1:45-4:45	B309
11543	331A	3	Moretti	n/a	--
11544	331C	3	Moretti	n/a	--
11545	331H	3	Moretti	n/a	--
11546	333 Practicum:MFT OC103	3	Moretti, P	Th 4:30-7:30	OC110
11547	333 Practicum:MFT	3	Moretti P	Th 6:30-9:30	B333
11548	333 Practicum: MFT B339	3	Moretti P	Th 1:45-4:45	OC208
11549	360 Latino Psychology (13)	3	Ramos-Sanchez	M 5:30-8:30	B236
11550	381 Health Psychology: Theory and Practice	3	Larson	M 5:30-8:30	B331
11551	385 Stress and Stress Management	3	S. Shapiro	T 5:30-8:30	AS 135
11552	392 Dreamwork and Depth Psychology (6)	3	Ireland	W 5:30-8:30	B332

NOTE: *Need permission from advisor plus permission form on file.

**Must complete both Clinical Assessment I and II should enroll in sequential quarters in order to have the same instructor.

***Pre-session Fall. Meets: T 8/10, W 8/11, Th 8/12 & F 8/13 8:30-1:00pm; 8/26, 9/2, 9/9 & 9/16 5:00-8:00pm./

****CPSY 219A – Lab Groups start the 2nd wk of school. Mandatory marathon scheduled for Sat, Oct. 16th 9 - 5:00, location tba

Prerequisites identified by numbers in parenthesis:

(1) 200, 218 & lab group	(5) 311, 315, 318	(9) 300, 302, 303, 304	(13) 231
(2) 200	(6) 200, 218	(10) 227, 318	(14) 200,216,218
(3) 227	(7) 218	(11) 300,301,302,303	(15) 300
(4) 212 and 227	(8) 318	(12) 311	(16) 231 or 360

Registration Period: August 16-27, 2004

Instruction Begins: September 20, 2004

Examinations: December 6-10, 2004

Room Key:

A&S = Arts & Sciences
DS = Daly Science **B = Bannan**
BGR = Bensen Group Room **OC = O'Connor Hall**

NOTE: Please *do not register* for a class which has a pre-requisite you have not yet completed *unless* you have permission of the instructor. You will have to drop this class during Add/Drop week if you lack pre-requisites or permission.

08/10/04 – Please check the most recent schedule for revisions and room assignment changes! Some classes may meet on holidays – check with instructor.

Tentative Schedule

CPSY

2004-2005

Revised 3-7-04 6/3/04

<u>Fall</u>				<u>Winter</u>				<u>SPRING</u>			
<u>Course #</u>	<u>Instructor</u>	<u>Day</u>	<u>Time</u>	<u>Course #</u>	<u>Instructor</u>	<u>Day</u>	<u>Time</u>	<u>Course #</u>	<u>Instructor</u>	<u>Day</u>	<u>Time</u>
200	Moretti	T	5:00	200	S. Shapiro	W	5:30	200	s shapiro	W	5:30
200	Ramos-Sanchez	W	1:45	211	Henning	W	5:30	211	leff	w	5:30
211	Leff	W	5:30	212	Fromm	Th	5:30	212	Fromm	Th	5:30
212	Quatman	M	5:30	215	axelman	m	5:30	216	Moretti	T	1:45
216	mileham	M	6:00	216	Moretti	t	5:30	217	fisher	T	5:30
217	Honos-Webb	Th	1:45	217	Honos Webb	Th	5:30	218	kroth	t	5:30
218	s shapiro	Th	5:30	218	S shapiro	t	1:45	219	j Shapiro	Tu	9:30
219	Stoller	t	5:30	219	Bernadett-Shapiro	M	5:30	220	Kroth	m	5:30
220	Kroth	M	6:00	220		Th	5:30	227	fisher	Tu	5:30
227	larson	T	5:30	227	larson	m	5:30	231	prucha	W	5:30
231	Prucha	Th	5:30	228	Larson	S,S	9-5	243	Michels	M	5:30
244	Hoyle	Th	6:00	231	Ramos-sanchez	w	5:30	264	quatman	th	5:30
266	Bernadett-Shapiro	M	5:00	245	Michels	M	5:30	275	St. Louis	Th	6:00
275	fromm	Th	5:30	275	st louis	th	5:30	291	Larson	M	5:00
280	Fisher	t	5:30	298	prucha	tu	5:30	305	Lamoreaux	M	6:00
300	Oja	Th	5:30	304	Oja	M	6:00	308		Tu	5:30
312	Baron, S.	W	6:00	308		Tu	5:00	311	Bernadett-Shapiro	M	5:00
315	Axelmann	th	1:45	311	Riccelli	Tu	9-Noon	312	Baron	W	6:00
317	Axelmann	w	5:30	312	Baron	W	6:00	315	Axelmann	M	5:30
318	Honos-Webb	T	5:30	315	Axelmann	w	5:30	317	Axelmann	w	5:30
319	Hayes	W	5:30	318	Quatman	Th	5:30	318	Hayes ???	W	5:30
323	Fisher	T	1:45	319	Honos-Webb	Tu	5:30	319	Quatman	m	5:30
331*	AHC	tbd	tbd	320		W	5:30	364	De Anda???	T	5:30
333	Moretti	Th	4:30	323	Fisherr	t	5:30	380	S. shapiro	t	5:30
333	Moretti	Th	6:30	331	AHC	tbd		333	Moretti	Th	4:30
333	Moretti	Th	1:45	333	Moretti	Th	4:30	333	Moretti	Th	6:30
360	Ramos-Sanchez	M	5:30	333	Moretti	Th	6:30	333	Moretti	Th	1:45
381	Larson	m	5:30	333	Moretti	Th	1:45	389	j Shapiro	t	5:30
385	S. Shapiro	T	5:30	383	Brown	tba	tba	390	TBA		
392	Ireland	W	5:30								

265

Classes in italics are emphasis sequences

Class numbers with *** --> times, days or terms may be switched

CLASSES IN BOLD OCCUR ONLY 1X PER YEAR

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11522	217 Short-Term Approaches to Therapy (6)	3	Honos-Webb
Th 1:45-4:45	OC204		
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	n/a	--			
11544	331C			3	Moretti
	n/a	--			
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	n/a	--			
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| (2) 200 | (6) 200, 218 | (10) 227, 318 |
| (14) 200,216,218 | | |
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DISABILITY ACCOMMODATION POLICY: To request academic accommodations for a disability, students must contact Disability Resources located in The Drahmann Center in Benson, room 214
(408) 554-4111; TTY (408) 554-5445. Students must provide documentation of a disability to Disability Resources prior to receiving accommodations.