



## Counseling Psychology

### What is Practicum?

Practicum is a required course that is taken in conjunction with a graduate level counseling experience in the MFT field. The number of units and quarters required for practicum remains the same for the MFT student with an emphasis. Let's take a closer look at how this breaks-down based on your masters degree and emphasis program.

Practicum Requirement	Units	Quarter(s)
78 unit/M.A. Marriage, Family, and Therapist (Clinical Track)		
333/MFT Practicum	9 units	Fall, Winter, Spring
*emphasis in Health	“ “	“ “ “
*emphasis in Career	“ “	“ “ “
*emphasis in Correctional	“ “	“ “ “

\*As you can see, if you are seeking an M.A. as an MFT, with or without an emphasis, you must take 9 quarter units of 333/MFT Practicum.

\*The 333 practicum course must be taken sequentially with students beginning in the fall quarter. This course is not offered during the summer.

\*\*If you are on the MFT clinical track with an emphasis in Career Counseling you will need 9 units of 333/MFT practicum and 3 units of 331 practicum.

\*Practicum is designed to be taken the last year of your academic studies.

## Required Coursework

The following 9 core classes are required before you can begin the 333/MFT practicum course.

### **The 9 core classes:**

200 Psychology of Interpersonal Communications  
212 Psychology of Relationships  
216 Psychology of Human Development  
218 Foundations of Psychotherapy and Personality  
219 Psychology of Group Counseling  
220 Research Methods  
227 Counseling Process and Problems  
231 Psychology of Differences  
275 Ethical and Legal Issues in Counseling

In addition to the core classes the following advanced courses must also be completed.

311 Psychology of Marriage Counseling  
315 Advanced Seminar in Marriage Counseling  
317 Therapeutic Interventions with Children  
318 Clinical Assessment I  
319 Clinical Assessment 11

\*\*If your sequence of courses conflicts with these requirements please contact Dr. Moretti, or your academic advisor.

## Looking for a Practicum Site

### Look through the Practicum Binder:

The Field and Practicum Binder is located at Susan Babbel's desk. Select the first 8-10 sites that most interest you. List the site names below.

- 1 \_\_\_\_\_
- 2 \_\_\_\_\_
- 3 \_\_\_\_\_
- 4 \_\_\_\_\_
- 5 \_\_\_\_\_
- 6 \_\_\_\_\_
- 7 \_\_\_\_\_
- 8 \_\_\_\_\_
- 9 \_\_\_\_\_
- 10 \_\_\_\_\_

The Practicum Binder is a collection of clinical sites that contain descriptions of clinical sites throughout the Bay Area. Interviewing information is made available at the bottom of each sheet. This information should describe how each site would like to be contacted (i.e. send a resume, call to make an appointment etc.) If the information is not clear please call the site for interviewing dates and details.

Interviewing for a practicum site is like looking for a job. You will interview with various sites and eventually choose one that presents itself as the best match. You will probably be contacting the sites and conducting interviews from Winter through Spring quarter. Once you have mailed your resume and set-up an interviewing schedule, continue with the next steps.

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## Features of Quality Supervision on a Practicum Site.

Most of the sites will have some of the features listed below. Few sites will have them all. Consider this list for each site you are interviewing; it will be a helpful tool in your decision-making process.

- \*One hour individual and two hours of group clinical supervision per week.
- \*Orientation program for trainees before the work begins.
- \*On-going training in topic's relevant to the client/therapist relationship  
(i.e. transference and counter transference, CPS reporting, etc. These training topics will vary and are made available at the discretion of the practicum site.)
- \*Audio taping
- \*Video taping
- \*One-way mirror
- \*Role Play
- \*Case write up and presentation in individual and /or group supervision.
- \*Co-therapy with licensed supervisor in individual, couple, family, and/ or group therapy.

## A Checklist of Quality Supervision on Each Site

Evaluate each site that you have interviewed using the check-list below. Make separate copies of this sheet as needed.

Name of the Site \_\_\_\_\_

One hour individual supervision per week.

Two hours of group supervision per week.

Orientation training for trainees before the work begins.

On-going clinical training. How often? \_\_\_\_\_

Audiotaping

Videotaping

Role Play

One-way mirror

Case presentations

Co-therapy with a licensed supervisor

Other

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## Practicum Paperwork.

The chart below is an itemized list of forms you will need to fill out and turn in at the first class meeting. These forms can be picked-up from downloaded online.

A separate file is maintained on each practicum student enrolled in the 333 course for the academic year. The forms required during your practicum course will be kept in this file located in Dr. Moretti's office. **Forms not turned in on time will result in an INC (incomplete) on our transcript for each quarter.** Once the required paperwork has been turned in the IP will be changed to a P (Pass). You will have until the middle of the following quarter to turn in the required paperwork. After that period your incomplete grade will automatically turn into an NP, No Pass.

<b>Name of Form</b>	<b>Date Due</b>	<b>Return to Whom</b>
333 Permission to Enroll	First night of class	Pat Moretti
Proof of Malpractice Insurance	First night of class	Pat Moretti
Supervised Field Agreement	First night of class	Pat Moretti

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- Make xerox copies of the forms and keep copies in your own personal file

### **Paperwork During the Practicum Course**

During the practicum course the following paperwork will be required.

<b>Name of Form</b>	<b>Date Due</b>	<b>Return to Whom</b>
Site Supervisor's Evaluation of the Student	End of quarter	Dr. Moretti
Student's Evaluation of the Site	End of quarter	Dr. Moretti
Weekly Log	Summary due at end of quarter	Dr. Moretti

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