

GRANT PROPOSAL COVER PAGE

You can type information directly into the cells below.

		Date	May 5, 2008	
1. Proposal Title		Contemplatives in Action Network		
2. Name of Person submitting Proposal		Juan Velasco, Sarita Tamayo-Moraga, Diane Dreher		
3. Phone		E-Mail		
FAX				
4. Type of Grant (Please check one):				
<input type="checkbox"/> Bannan Grant		<input checked="" type="checkbox"/> Dialog and Design Grant		
5. Provide you 4 – 6 letter Department ID or Program ID. (Not a Fund number!) This information must be provided. (e.g. ECON for Economics Department, LACLNC for Law Clinic.)				
	O	D	L	G
		Juan Vealsco		
SCU Department ID or Program ID		Contact Person		Ext.
* You must have an SCU Affiliation				
6. If your department does not provide administrative assistance to manage grants, we will provide help. Do you need for us to help manage your grant?				
				<input type="checkbox"/> Yes <input type="checkbox"/> No
7. Total cost of proposed project		\$	3920.00	
8. Amount of money requested from Bannan Center		\$	3920.00	
9. Amount requested from other sources, if any (please list):				
		\$		
		\$		
		\$		
10. Please explain briefly what will happen to this project if you do not receive funding from the Bannan Center.				
This Dialog and Design project will move forward much more slowly without the assistance of this grant.				
Department Chair or Supervisor Approval				
		Name (Type or Print)		Signature Date

Submit All Proposals to: Bannan Institute, Sobrato Hall, Room 30, Santa Clara University, 500 El Camino Real, Santa Clara, CA 95053-0452. (Electronic **copies** of proposals via email are encouraged. We can email you this Cover Page or you can find it at <http://www.scu.edu/ignatiancenter/bannan/grants/index.cfm>)

**Proposed Budget
Bannan Grant**

Name: Juan Velasco, Sarita Tamayo-Moraga, Diane Dreher

Proposal Title: Contemplatives in Action Network

I estimate that I will spend the money I am requesting as follows:

<u>PRIME ACCOUNT</u>		<u>AMOUNT</u>
SUPPLY	office, lab, or instruction supplies	450.00
PHONE	telephone charges	
REPROD	copying, printing	100.00
MAIL	postage, mailing, fax charges	
TRAVEL	domestic transport, lodging or meals	1750.00
SPCEVT	food charges, room charges for a special event	1620.00
CONTRS	guest speaker honoraria, research subject fees, professional services	
MISC	publications, subscriptions, membership dues	
SWAGE	student wages	
STFSAL	staff salary	
FACSAL	faculty salary	
BENEXP	student, staff, and faculty benefits	
TOTAL		<u>3920.00</u>

Please note:

APPLICATION FOR UNIVERSITY GRANT FUNDS
BANNAN INSTITUTE FOR JESUIT EDUCATION

Submitted by

Juan Velasco -Modern Languages and Literatures
Sarita Tamayo-Moraga -Religious Studies
Diane Dreher -English Department

1. Project Title: Contemplatives in Action Network

2. Statement of the Problem:

The purpose of this project is to create a core network of faculty to sustain dialogue, reflection and mutual support for those on campus interested in incorporating Ignatian spirituality, mindfulness, and other contemplative practices into the curriculum, their pedagogy, mentoring of students, practice, and research.

The group will discuss research plans, techniques, and strategies to investigate the use of contemplative practices in our teaching, examining how we serve as teaching scholars and the way these practices impact our lives. We will address questions such as:

How do we use centering prayer and discernment in our teaching?

What is the effect of meditation on learning?

How can we help our students exercise greater discernment in their studies and their lives?

How can we help students deal with stress, offering them contemplative alternatives to bingeing with alcohol, drugs and sex?

How can we support our students in becoming contemplatives in action?

3. Relevance to Bannan Institute Criteria for Funding:

This project seeks to better understand the Ignatian ideal of being a “contemplative in action” in the world as teaching-scholars. We hope to better understand how faculty members approach this Ignatian tradition at the level of pedagogy, research and practice. We also hope to better understand how to incorporate new models and strategies to live that model here at SCU. The project relates to the heart of Ignatian spirituality, drawing upon the *Ignatian Spiritual Exercises* and affirms the core of Jesuit education and Christian values outlined by the Bannan Institute mission.

Methods:

We will identify a core of faculty (approximately 10 people) from SCU committed to attend the meetings during the 2008-09 academic year, targeting alumni from the IFF (65 people), sitting group participants, faculty involved in the creation of the “Contemplative Arts” pathway in the new CORE Curriculum, and others interested in research and practical ways of achieving balance between contemplation and action.

We will host a 1.5 hour luncheon meeting at Adobe Lodge once a month and for the core faculty committed to attend the year long meetings recognize their

participation as important service to the university. We will learn from each other's work in these meetings and plan a number of research studies and strategies to seek a better understanding of the challenges we face as "contemplatives in action."

Our initiative could result in any or all of the following elements:

A web site to coordinate all the information on resources, and individual initiatives undertaken.

Mindfulness retreats to provide the training and opportunity to practice mindfulness.

Curricular innovation: incorporation of Ignatian discernment and contemplative practice into our courses.

New research studies involving contemplative practice.

Invited speakers: e.g. the author of *Radical Presence: Teaching as Contemplative Practice* - Mary Rose O'Reilley; Michael Himes, S. J. of Boston College, author of numerous texts on discernment including "Finding God in All Things: A Sacramental Worldview and its Effects." In *Catholic Perspectives on Faith, Vocation, and the Intellectual Life*.

4. Timetable:

Spring-Summer 2008: Identify the core participants

Academic year 2008-09: Monthly meetings

Summer 2009: Begin collaborative projects

Relevance to past and future research:

Drs. Velasco, Tamayo-Moraga, and Dreher have extensive academic and experiential knowledge as "contemplatives in action."

Juan Velasco is a Senior Dharma Teacher at Empty Gate Zen Center in Berkeley. Publications: "A Prayer to the U.S." *Explore* 9.2 (Spring 2006); "Boundless Practice." *Explore* 8.2 (Spring 2005); "Faith." *Santa Clara Review* 92.1, Fall/Winter 2005.

Sarita Tamayo-Moraga is a Dharma Teacher in training at Russian River Zendo in Guerneville in the lineage of Suzuki Roshi, founder of San Francisco Zen Center. She will officially become a Dharma Teacher in October, 2008. She currently facilitates Crystal Springs Sangha, a Zen ecumenical group that meets at Mercy Center in Burlingame weekly, runs Zen retreats on and off campus, and is currently doing research on journals generated by student meditators who were taught by a local Zen teacher and local Centering Prayer teacher through the Local Religion Project.

Diane Dreher is the author of *The Tao of Inner Peace*, *The Tao of Personal Leadership*, *The Tao of Womanhood*, *Inner Gardening*, and *Your Personal Renaissance*, which offer practical strategies from Eastern and Western spiritual practice to help readers meet the challenges of contemporary life. With credentials in spiritual counseling and holistic health as well as her UCLA Ph.D., Diane has been a spiritual counselor and retreat director for over twenty years. In the past few months, she has given retreats on vocational

discernment at Presentation Center, St. Simon's Church in Los Altos, and St. Mary's Church in Los Gatos. Diane is a research associate at SCU's Spirituality and Health Institute and curriculum director for DISCOVER.

6. Grants or fellowships received during the last three years:

Juan Velasco-Bannan Institute Grant, Santa Clara University, 2005.

Completion - *Photographs and Poetry from El Salvador*.

Sarita Tamayo-Moraga- Honorarium for Core Curriculum Development:

Contemplative Arts in Theory and Practice, Santa Clara University, Santa Clara, CA. Winter 2008

Diane Dreher (and David Feldman) - Thomas Terry University Internal Grant, "Promoting Greater Hope in Our Students,"2007-2009.

Itemized budget with justification:

Our expenses would involve:

Lunches: We'd expect about 10 people to participate during the lunch meetings. Costs of lunch per person (including taxes and fees) would likely be about \$18.

Books: One book per quarter, offering varied approaches to discernment and contemplative practice, such as: Margaret Silf, *Inner Compass*; Puhl, L. J. Ed.)*The spiritual exercises of St. Ignatius*; Eknath Easwaran, *Meditation*; Thich Nhat Hanh, *Living Buddha, Living Christ*. Cost of books would be about \$15.00 a quarter for three quarters.

Photocopying: selected articles on contemplative practice.

Budget Detail

Luncheons: 10 persons x \$18 x 9 luncheons	1620.00
Books: 10 persons x \$15 x 3	450.00
Photocopying	100.00
One guest speaker - honorarium, travel and housing	1,750.00
Total Amount Requested	3,920.00