



Arrupe Partnerships for Community-based Learning

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YU-AI KAI

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Organizational Profile

Yu-Ai Kai is a non-profit organization devoted to the advancement of the health, education and well-being of older adults in the Japanese American Community through the development of culturally relevant programs, the provision of bilingual services, the dissemination of information affecting older adults, and by the development of intergenerational support programs.

One of the programs offered at Yu-Ai Kai is Senior Day Services. It provides supervised care for older frail adults and runs from 10 am to 3 pm Monday through Friday. The participants start off the morning with tea and a snack that is followed by an activity, such as arts and crafts. At noon, they go upstairs to the Nutrition Program that serves hot Japanese style lunches. After lunch, participants participate in more activities and have another snack before they leave. Some of the daily activities include Japanese calligraphy, painting, sing-along, playing basketball, and bingo.

SCU Student's Role

SCU students will assist seniors with group activities. SCU students who choose to work in Senior Day Services should be aware that English and Japanese are *predominantly* spoken in this program.

Students are encouraged to "jump right in and become one of the family" at Yu-Ai Kai. Students will assist with the activities that the seniors engage in. Towards the end of the quarter, the Arrupe student will be asked to develop an activity for the seniors. In this way, students can share their talents with the seniors they have come to know.

To Do Before Orientation

- Visit the website listed above to learn more about your placement or the umbrella organization with which it is affiliated.
- Read your course syllabus and be prepared to discuss your learning goals with your placement supervisor at orientation.
- Provide Arrupe Partnerships with proof of a negative intradermal TB test within the last year. If you know your TB test is not current, please go to Cowell Health Center immediately to get a TB test at no cost.