

Winter 2012 FITNESS CLASS PRICE LIST



Preview Week is January 9–15; see additional flyer for more information. Class registration begins Tuesday, January 17 @ 6:30 AM and runs Jan 21– March 16. No classes February 18–20 due to the President’s Weekend. Makeup classes, if necessary, will run March 17-23.

updated: 1-4-12

CLASS	SESSIONS	FEE	REFUND DEADLINE
T/TH AM PILATES	16	\$70	Jan. 31
T/TH BOOT CAMP	16	\$56	Jan. 31
EXPRESS CYCLING 1	7	\$15	Jan. 30
EXPRESS CYCLING 2	7	\$15	Jan. 30
CYCLING 3	7	\$30	Jan. 30
CYCLING 4	7	\$30	Feb. 3
CYCLING 5	7	\$30	Jan. 29
CYCLING 6	7	\$30	Jan. 29
T/TH EXPRESS CARDIO SCULPT	16	\$28	Jan. 31
T/TH EXPRESS BUTTS & GUTS I	16	\$28	Jan. 31
T/TH EXPRESS BUTTS & GUTS II	16	\$28	Jan. 31
T/TH EXPRESS U JAM	16	\$28	Jan. 31
F BRONCO CORE & MORE	6	\$21	Feb. 3
F POWER YOGA	8	\$35	Feb. 3
F ZUMBA	8	\$28	Feb. 3

CLASS	SESSIONS	FEE	REFUND DEADLINE
NOON VINYASA	8	\$35	Feb. 1
M/W BRONCO BODY BLAST	13	\$45	Jan. 30
M/W CARDIO KICKBOXING	15	\$53	Jan. 30
M ZUMBA	7	\$25	Jan. 30
SA VINYASA YOGA	7	\$31	Jan. 28
SU NIGHT CLUB CARDIO	7	\$22	Jan. 29
SU POWER YOGA	7	\$31	Jan. 29
SU ZUMBA	7	\$25	Jan. 29
T MORNING RIDE	8	\$34	Jan. 31
T/TH NIGHT CLUB CARDIO	16	\$50	Jan. 31
T/TH YOPI MIX	16	\$70	Jan. 31
T/TH ZUMBA	16	\$56	Jan. 31
TH MORNING RIDE	8	\$34	Feb. 2
VINYASA YOGA	8	\$35	Feb. 1
W BRONCO CORE & MORE	7	\$25	Feb. 1

NOTE: Prices will prorate after the first class, each night at midnight.

Cycling class number does not denote difficulty level; classes can be adapted for all levels.

Law student instructors will be off Monday, March 5 - Friday, March 16 for their Spring Break.

For more information,
visit www.scu.edu/recreation/lifetime.cfm,
email fitness@scu.edu, or
call 408-554-4068.

If you have a disability and require reasonable accommodations, please call Club Sports Office at (408) 551-7182 or 1-800-735-2929 (TTY-California Relay) at least 24 hours prior to the event.