



# "POTTY TALK"



World AIDS Day: DECEMBER 1<sup>st</sup>

The World Health Organization (WHO) declared the first World AIDS Day on December 1<sup>st</sup>, 1988. This day quickly became established as one of the world's most successful commemorative days and is now recognized and celebrated every year around the world with over 190 countries around the globe participating. The aim of World AIDS Day is to raise awareness in the community about HIV/AIDS issues, including the need for support and understanding for people living with HIV/AIDS, and the development of education and prevention initiatives. HIV has not gone away --- there are many things still to be done.

## What is the RED RIBBON???

The red ribbon is an international symbol of AIDS awareness that is worn by people all year round and particularly around World AIDS Day to demonstrate care and concern about HIV and AIDS, and to remind others of the need for their support and commitment. It's easily done - just use some ordinary red ribbon and a safety pin!



## HIV Prevention

The three main ways someone can get HIV is through:

- Unprotected Sex (vaginal, oral and anal)
- Sharing Needles (for drug use)
- From mother to child in childbirth

To decrease the risk of spreading HIV:

- Use condoms during sexual activity --ALWAYS
- Remember that HIV *can* be spread through oral sex.
- If you are in a monogamous relationship, make sure both you and your partner are tested
- Do not share drug injection equipment
- Protect cuts, open sores, and your eyes and mouth from contact with blood.

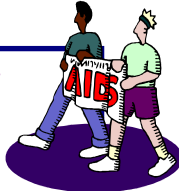
**BE SAFE- GET TESTED!**

Testing is available at the Cowell Health Center 554-4501



## World AIDS Day Events at SCU

TRANSFORM THE SILENCE



**Thursday, December 1<sup>st</sup> (12-4pm)**

HIV/AIDS Awareness Fair on the Kenna Lawn.

Information - ranging from new treatments to the impact of HIV/AIDS on women and minorities - will be available.

**Thursday, December 1<sup>st</sup> (7pm)**

Come watch the movie And the Band Played On in the Bronco! Adapted from the book by Randy Shilts, this movie depicts the AIDS epidemic in America. Snacks provided!

**All Week: "Changing the Face of AIDS"**

Make a small donation to an HIV/AIDS help project and replace an ornament on the AIDS Christmas tree with an ojo de Dios. Hang the ornament on your own Christmas tree or give it as a gift.

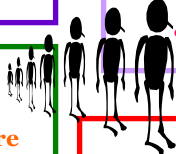
## What can I do to support World AIDS Day?

There are many ways in which you can support World AIDS Day. For example:

- Raise awareness of HIV and AIDS in your area
- Wear a red ribbon and ask others to do the same
- Protect yourself and your partners - this is the first and best way to stop the spread of HIV
- If you are worried - get tested.

## The GLOBAL Reality of AIDS

- It is estimated that at the end of 2004 there were 37.2 million adults and 2.2 million children living with HIV
- During 2004 4.9 million people became newly infected with the AIDS.
- Around half of all people who become infected with HIV do so before they are 25 and are killed by AIDS before they are 35.
- More than 20 million people have died of AIDS since 1981.
- Africa has 12 million AIDS orphans.
- Young people (15-24 years old) account for half of all new HIV infections worldwide - more than 6,000 become infected with HIV every day.
- Of the 6.5 million people in developing and transitional countries who need life-saving AIDS drugs, fewer than 1 million are receiving them.
- 96% of people with HIV live in the developing world.



## AIDS & COLLEGE STUDENTS



Do you think that the AIDS Crisis is over in the U.S, or that you as a college student are not at risk? **THINK AGAIN!**

- It's estimated that at least half of all new HIV infections in the U.S. are among people under 25, and the majority of young people are infected sexually.
- Currently, HIV is the sixth leading cause of death for Americans between the ages of 25 and 44 (1999).
- There have been 28,665 cases of AIDS reported for people in the United States aged 20-24.
- Among African-American women in this age group, HIV infection is the third leading cause of death
- Among African-American men, it's the leading cause of death!

**PREVENTION IS STILL VITAL TO STOP INFECTION!**

Source: smartersex.org

