



"Potty Talk"



APRIL IS SEXUAL ASSAULT AWARENESS MONTH
TOGETHER MEN & WOMEN CAN END VIOLENCE

Sexual Assault Awareness Month (SAAM) brings an annual opportunity to focus awareness on sexual violence and its prevention. Santa Clara University wants to do everything possible to ensure your safety and well being and We encourage you to report ANY crimes to Campus Safety to help keep our campus SAFE for everyone. This month be on the lookout for our events that will focus on sexual assault, rape and stalking. Please, educate yourself and others and join us this month in support of education and prevention on campus. Help "Break the Silence", support yourself and other survivors.

What's going on this month...

Thursday, April 10th:

"E2M" & "1 in 4" Presentation:

Join students in raising awareness and prevention about sexual assault at SCU.

Kennedy Commons,
Every 2 Minutes: 6-7 PM,
One in Four: 7-8 PM



Tuesday, April 15th:

Community Forum:

Have questions about what happens when a sexual assault is reported on campus?

6:30 PM; Benson Parlors B&C

Thursday, April 17th:

"Take Back the Night" Candlelight March:

Take Back the Night is a march on campus that brings awareness to survivors of sexual assault.

7:00 PM; Kennedy Mall

"Survivor's Speak" Open Mic:

In hopes to open dialogue we encourage all to come share your stories relating to sexual assault, whether you're a survivor or a friend of a survivor.

8:30 PM; Dunne Basement

Tuesday, April 22nd:

Myspace or Yours?

Do you wonder how safe mspace and facebook are? Come learn how what you put 'out there' can be used against you and learn ways to protect yourself and your friends.

6:30 PM; TBD

Thursday, April 24th:

Empowerment Model of Self Defense:

Join the YWCA instructors in a workshop that allows you to learn different techniques to empower yourself.

TBD; Library Lawn

Tuesday, April 29th:

Healthy Relationships Program:

Come get advice on how to have a healthy relationship, information on not-so-healthy relationships and what to do about stalking.

6:30 PM; Benson Parlor B

Thursday, May 1st:

What Now?? What You Can Do to Help!

Come learn what you can do to prevent sexual assault and support SCU's efforts.

7:00 PM; Kennedy Commons

ALL MONTH LONG:

*Tabling in Benson

*Potty Talks and Bulletin Boards in the RLC's

*Displays in Benson Center



WHAT IS CONSENT?

"CONSENT is based on CHOICE. Consent is ACTIVE not passive. Consent is possible ONLY when there is EQUAL POWER. GIVING IN because of FEAR is NOT CONSENT. GOING ALONG with something because of WANTING TO FIT IN with the group, BEING DECEIVED or FEELING BAD is NOT CONSENT. If you cannot say "NO" comfortably, then "YES" has NO MEANING. If you are unwilling to accept a "NO," then "YES" has NO MEANING".
~~source unknown



"NO" MEANS NO!!

"Not Now" means NO.

"Maybe Later" means NO.

"I Have A Boy/Girlfriend" means NO.

"No Thanks" means NO.

"You're Not My Type" means NO.

"#&!% Off!" means NO.

"I'd Rather Be Alone Right Now" means NO.

"Don't Touch Me" means NO.

"I Really Like You But ..." means NO.

"Let's Just Go To Sleep" means NO.

"I'm Not Sure" means NO.

"You've/I've Been Drinking" means NO.

SILENCE means NO.

Date Rape = Not Asking or Not Understanding "NO."

Where to Go On-Campus for Help & Information

Counseling & Psychological Services: 554-4172

Office of Student Life: 554-4583

Campus Safety: 554-4441

Know the Facts: Was it Rape/Assault or Not?

- She was flirting with me all night. She kissed me/dressed provocatively/danced close, etc. all night long! She wanted it!**
Women, like men, enjoy flirting. But don't confuse this for an invitation to have sex. If you think you are getting double messages—SPEAK UP, just ask the person what they want. If they are too drunk to really think straight and answer—BACK OFF!! **ALWAYS MAKE SURE YOU HAVE CONSENT! A person CANNOT legally give consent if intoxicated.**
- If she hadn't really wanted it she could have stopped me.**
Men are generally much bigger and stronger than women. Men's physical presence can be very intimidating and scary to women. Please check the woman's LEVEL OF SOBRIETY and BODY LANGUAGE. If you have any doubts ask or back off.
- We didn't actually have sex (i.e., intercourse)**
Sexual assault does not have to include physical intercourse. It includes any type of unwanted touching, kissing, fondling, etc.
- I was drunk too so it's not my fault.**
Just like if you drive drunk, steal drunk, or vandalize drunk --- you are responsible for your actions regardless of how much you drink.



WHAT TO DO IF YOU ARE RAPED OR SEXUALLY ASSAULTED:

- GET TO A SAFE PLACE**
- Tell someone (i.e., roommate, CF, RD, parent). This is NOT a time to be alone!! **DON'T BLAME YOURSELF!!**
- If you want to report the crime, call campus safety (x4444). They can help connect you to campus advocates trained to help you gain emotional, legal, and medical assistance through this time.
- Call the San Jose YWCA Rape Crisis Hotline (287-3000) for support and guidance
- DO NOT:** wash your face, bathe, eat or drink, brush your teeth, douche, or change clothes. If you do change your clothes put them in separate PAPER bags, not plastic. Do not disturb anything in the area that was assaulted.
- Get medical attention.



"Potty Talk" is brought to you by the Wellness Center. To learn more about the topics discussed here, please contact:

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