

## CURRICULUM VITAE

THOMAS G. PLANTE

### GENERAL INFORMATION

Business Addresses:

Department of Psychology  
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[https://en.wikipedia.org/wiki/Thomas\\_G.\\_Plante](https://en.wikipedia.org/wiki/Thomas_G._Plante)  
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### LICENSURE AND CERTIFICATIONS

Licensed Psychologist, State of California (PSY 11002)  
Diplomate in Clinical Psychology,  
American Board of Professional Psychology (# 4461)

### EDUCATION

Postdoctoral  
Fellowship

YALE UNIVERSITY, 1987-8  
Clinical/Health Psychology

Ph.D.

UNIVERSITY OF KANSAS, 1987  
Clinical Psychology (GPA = 4.0)

Clinical Internship:  
YALE UNIVERSITY SCHOOL OF MEDICINE,  
Department of Psychiatry, 1986-7

M.A.

UNIVERSITY OF KANSAS, 1983

Clinical Psychology (GPA = 4.0)

Sc. B. BROWN UNIVERSITY, 1982  
Psychology (GPA = 4.0)

### PROFESSIONAL POSITIONS

#### Current Positions

2024- EMERITUS ADJUNCT PROFESSOR, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, Stanford, CA.

2024 - PROFESSOR (by courtesy), Jesuit School of Theology, Santa Clara University, Santa Clara, CA

2018 - PROFESSOR (by courtesy), Department of Religious Studies, Santa Clara University, Santa Clara, CA

2012 - AUGUSTIN CARDINAL BEA, S.J. UNIVERSITY PROFESSORSHIP, Santa Clara University, Santa Clara, CA.

2002- PROFESSOR, Department of Psychology, Santa Clara University, Santa Clara, CA.

2002- DIRECTOR, Applied Spirituality Institute (formerly the Spirituality and Health Institute), Ignatian Center for Jesuit Education, Santa Clara University, Santa Clara, CA.

1999- SCHOLAR IN RESIDENCE, Markkula Center for Applied Ethics, Santa Clara University, Santa Clara, CA

1989- LICENSED PSYCHOLOGIST, Private Practice, Menlo Park, CA.

#### Previous Positions

2023 VISITING SCHOLAR, School of Theology and Ministry, Boston College, Chestnut Hill, MA.

2016 VISITING SCHOLAR, Ethics Institute, Dartmouth College, Hanover, NH.

2009-23 ADJUNCT CLINICAL PROFESSOR, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, Stanford, CA.

2009-22 BLOGGER, *Psychology Today* Magazine (over 300 articles and over 3.7 million reads)

1999-02 & 2005-07 CHAIRMAN, Department of Psychology, Santa Clara University, Santa Clara, CA.

2004-05 ACTING DEAN, School of Education, Counseling Psychology, and Pastoral Ministries, Santa Clara University, Santa Clara, CA.

- 2003 SPECIAL STUDENT, The Jesuit School of Theology, Graduate Theological Union, Berkeley, CA (Fall, 2003 sabbatical).
- 2003 VISITING PROFESSOR, University of Durham, Durham, England (SCU Summer program in International Studies)
- 2002-03 ACTING DIRECTOR, The Pedro Arrupe, S. J. Center for Community-Based Learning at Santa Clara University, Santa Clara, CA
- 2001-05 DIRECTOR, Center for Professional Development, Santa Clara University, Santa Clara, CA
- 2000-09 ADJUNCT CLINICAL ASSOCIATE PROFESSOR, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, Stanford, CA.
- 1997-03 CONSULTING ASSOCIATE PROFESSOR, Department of Education, Stanford University, Stanford, CA
- 1994-02 ASSOCIATE PROFESSOR, Department of Psychology, Santa Clara University, Santa Clara, CA. (Assistant Department Chairperson, 1997-8; Chairperson-Elect, 1998-99; Chairperson, 1999-2002).
- 1994-00 CLINICAL ASSISTANT PROFESSOR, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, Stanford, CA.
- 1992-03 MEDICAL STAFF, Lucille Salter Packard Children's Hospital at Stanford, Stanford, CA.
- 1992-4 DIRECTOR, Mental Health Services, The Children's Health Council, Palo Alto, CA.
- 1991-2001 LECTURER, Continuing Studies Program, Stanford University, Stanford, CA
- 1991-4 DIRECTOR (and Founder), Stress and Coping Clinic, The Children's Health Council, Palo Alto, CA.
- 1990-4 CLINICAL INSTRUCTOR, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, Stanford, CA.
- 1990-02 PSYCHOLOGY DEPARTMENT HEAD (Chief Psychologist), The Children's Health Council, Palo Alto, CA.
- 1990-2 DIRECTOR, Clinical Psychology Postdoctoral and Practicum Training Programs, The Children's Health Council, Palo Alto, CA.
- 1990-2 CONSULTANT FACULTY, California School of Professional Psychology, Berkeley/Alameda, Alameda, CA.

- 1990 LECTURER, Department of Psychology, Stanford University, Stanford, CA.
- 1989-2003 MEDICAL STAFF, Stanford University Hospital and Clinic, Stanford, CA.
- 1989-94 CONSULTANT & CLINICAL SUPERVISOR, Comprehensive Medical Unit (G2), Department of Psychiatry and Behavioral Sciences, Stanford University Medical Center, Stanford, CA.
- 1989-93 CONSULTING PSYCHOLOGIST, Crystal Springs Uplands School, Hillsborough, CA.
- 1988-90 STAFF PSYCHOLOGIST, Behavioral Medicine Program, Department of Psychiatry and Behavioral Sciences, Stanford University Medical Center, Stanford, CA.
- 1988-91 ADJUNCT FACULTY, Pacific Graduate School of Psychology, Palo Alto, CA.
- 1988 FELLOW, Behavioral Medicine Summer Institute, Center for Advanced Study in the Behavioral Sciences, Stanford University, Stanford, CA.
- 1987-8 POSTDOCTORAL FELLOW, Clinical and Health Psychology Training Program, Departments of Psychology and Psychiatry, Yale University, New Haven, CT.
- 1986-7 CLINICAL PSYCHOLOGY FELLOW, Department of Psychiatry, Yale University School of Medicine, New Haven, CT. (APA Approved Predoctoral Clinical Internship).
- 1985-6 CLINICAL PSYCHOLOGY TRAINEE, The Menninger Foundation, Topeka, KS.
- 1985-6 PSYCHOTHERAPIST, Northeast Kansas Community Mental Health and Guidance Center, Leavenworth, KS.
- 1983-6 PSYCHOLOGY INSTRUCTOR, Department of Psychology, University of Kansas, Lawrence, KS.
- 1981-2 TEACHING ASSISTANT, Department of Psychology, Brown University, Providence, RI.
- 1981-2 COUNSELOR AND SUPERVISOR, The Samaritans, Inc., Providence, RI.
- 1979-84 RESEARCH ASSOCIATE, Walter V. Clarke Associates, Inc., Providence, RI.

#### **PROFESSIONAL HONORS AND AWARDS**

- 2026 Applied Psychology of Religion and Spirituality Award, American Psychological Association Division 36, Society for the Psychology of Religion and Spirituality
- 2025 Pope St. John Paul II Research and Academic Excellence Award, Catholic Psychotherapy Association

- 2024 Sustained Research Excellence Award, Santa Clara University
- 2022 Distinguished Service Award, American Psychological Association Division 36, Society for the Psychology of Religion and Spirituality
- 2021 Pope St. John Paul II Academic and Research Excellence Award, Catholic Psychotherapy Association
- 2021 Distinguished Service Award, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
- 2019 Nautilus Book Award (Silver) and Living Now Book Award (Gold) (for 2018 book, *Healing with Spiritual Practices*)
- 2015 Adjunct Clinical Faculty Service Award, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
- 2013 Public Intellectual Award, College of Arts and Sciences, Santa Clara University
- 2012 – Awarded Endowed Chair (Augustin Cardinal Bea, S.J. University Professorship, Santa Clara University)
- 2010- Elected Fellow of American Psychological Association (Division 47– Society for Sport, Exercise, and Performance Psychology)
- 2009 Bernard Hubbard, S.J. Creative Collaboration Award, Santa Clara University (Psychology Department Award)
- 2008- Elected Fellow of American Psychological Association (Division 46–Society for Media Psychology and Technology)
- 2005 Recent Achievement in Scholarship Award, Santa Clara University
- 2005 Adjunct Clinical Faculty Service Award, Department of Psychiatry and Behavioral Sciences, Stanford University School of Medicine
- 2004- Elected Fellow of American Psychological Association (Division 36–Society for the Psychology of Religion and Spirituality)
- 2003- Elected Fellow of American Psychological Association (Division 38–Society for Health Psychology)
- 2002- Elected Fellow of Society of Behavioral Medicine
- 2000- President’s Faculty Recognition Award, Santa Clara University

2001-	Elected Fellow of American Psychological Association (Division 12 – Society of Clinical Psychology)
1988	MacArthur/Ford Foundation Fellowship, Center for Advanced Studies in Behavioral Sciences, Stanford University
1987-8	Health Psychology Fellowship, National Institute of Mental Health (NIMH), Yale University
1985	Graduate Summer Fellowship Award, University of Kansas
1982-6	Graduate Honors Fellowship, University of Kansas
1982	Magna Cum Laude, Honors in Psychology, Brown University
1982	Sigma Xi, Brown University
1982	Harold Schlosberg Memorial Psychology Award, Brown University
1982	Research Merit Award, Massachusetts Psychological Association
1981	Undergraduate Fellow Award, New England Psychological Association
1978	Harvard University Book Award

### **PROFESSIONAL MEMBERSHIPS**

Fellow, American Psychological Association (APA)  
 APA, Division 12 (Fellow), Society of Clinical Psychology  
 APA, Division 36 (Fellow), Society for the Psychology of Religion and Spirituality  
 APA, Division 38 (Fellow), Society for Health Psychology  
 APA, Division 46 (Fellow), Society for Media Psychology and Technology  
 APA, Division 47 (Fellow), Sports, Exercise, and Performance Psychology  
 Fellow, Academy of Clinical Psychology  
 Fellow, Society of Behavioral Medicine (SBM)

### **PROFESSIONAL COMMITTEE MEMBERSHIPS AND SERVICE**

#### Current Service

Ethics Committee, American Board of Professional Psychology (ABPP), 2024-

Jesuit Higher Education, Mission Integration in Dialogue (formerly Religious Diversity, and Secularization Network), 2023 –

Ethics & Public Policy Committee, National Catholic Partnership on Disability, Washington, DC, 2023-

Vocations Board, Diocese of San Jose, 2019 -

Research Affiliate, Laboratory for Advances in Consciousness and Health, University of Arizona, 2019 –

USA West Safety Review Board, Jesuits West, 2017 –  
(formerly Sensitive Incident Team, California Province of the Society of Jesus, 2002 – 2017)

Chairperson, Institutional Review Board (IRB), Office of Research Compliance and Integrity,  
Santa Clara University, 2012 –

Diocese Review Board, Diocese of San Jose, 2002 -

### Previous Service

Expert Panel, *Moving Beyond Change Efforts: Evidence and Action to Support and Affirm LGBTQI+ Youth*.  
Substance Abuse and Mental Health Services Administration, United States Department of Health and  
Human Services, 2021 – 23.

Member-at-Large and Civility Ambassador, Council Leadership Team, American Psychological Association,  
2018 – 20

Stanford University School of Medicine, Department of Psychiatry and Behavioral Sciences,  
Advisory Board Committee, 2014 – 23

Co-Chair, Mission Priority Examen Project, Santa Clara University, 2018-19

Co-Chair, Sustaining Excellence Project, Santa Clara University, 2016-17

Member, American Psychological Association Working Group on Expanded APA Advocacy, 2018

Chairperson, American Psychological Association Working Group on Civility, 2016 - 2018

APA Council Representative, Division 36, Society for the Psychology of Religion and Spirituality, 2016 - 21

Stanford University School of Medicine, Adjunct Clinical Faculty Appointments and Promotions Committee,  
2015 - 18

The Boston College Roundtable: Advancing the Mission of Catholic Higher Education, 2012 - 14

President, APA Division 36, Society for the Psychology of Religion and Spirituality, 2010 - 11

National Review Board, United States Conference of Catholic Bishops, 2008 – 2012 (Vice-Chair, 2009 – 2011)

Stanford University Medical Center, Department of Psychiatry and Behavioral Sciences, Clinical Faculty  
Association Appointments and Promotions Committee, 2006 - 2014

Stanford University Medical Center Human Embryonic Stem Cell Advisory Committee, 2005 – 08

Independent Response Team, Franciscan Friars, Santa Barbara Province, 2004 - 06

Examiner, Clinical Psychology, American Board of Professional Psychology, 1996 - 2020

Commissioner (Licensing Examiner), California State Board of Psychology, 1994 - 2001

Faculty Council, Clinical Faculty Association, Department of Psychiatry and Behavioral Sciences, Stanford University Medical School, 1991-7 (Secretary, 1991-1994; Vice-Chairperson, 1994-7)

Committee on Legislative Affairs, Professional Affairs Board, Association for the Advancement of Behavior Therapy (AABT), 1984-6

### EDITORIAL POSITIONS

Co-Editor-in-Chief, *Integratus: The Journal of the Catholic Psychotherapy Association*, 2026-2030

Editor-in-Chief, *Spirituality and Clinical Practice*, American Psychological Association, 2019-2025

Series Editor, *Abnormal Psychology*, ABC-CLIO/Greenwood Publishing Group, 2004 – 2020.

Associate Editor, *Psychology of Religion and Spirituality*, American Psychological Association 2010 – 2016.

Editorial Board Member: *Spirituality in Clinical Practice*, 2013 – 2018, 2025- ; *Pastoral Psychology*, 2011 – 2018. *American Journal of Health Behavior*, 1996-2018; *Psychology of College Students*, 2004-2018, *Human Development*, 2004-2025; *International Journal of Stress Management*, 1999-2010.

Associate Editor (Child Clinical Psychology), *Association of Psychology Post-doctoral and Internship Center (APPIC) Newsletter*. 1991-4

Ad Hoc Reviewer for Professional Journals: *American Psychologist*, *Annals of Behavioral Medicine*, *Anxiety Research*, *Appetite*, *Health Psychology*, *Contemporary Psychology: Review of Books*, *Behavior Research Methods, Instruments, and Computers*, *Cognition and Emotion*, *Ethics and Behavior*, *International Journal of Behavioral Medicine*, *Journal of Adolescent Health*, *Journal of Applied Social Psychology*, *Journal of Behavioral Medicine*, *Journal of Cardiopulmonary Rehabilitation*, *Journal of Personality and Social Psychology*, *Journal of Research in Personality*, *Perceptual and Motor Skills*, *Professional Psychology: Research and Practice*, *Psychological Medicine*, *Psychology & Health*, *Psychological Reports*, *Psychophysiology*, *Review of General Psychology*, *Journal of Consulting and Clinical Psychology*, *Child Abuse and Neglect*, *Sex Roles*, *Journal of Positive Psychology*, *Sociology of Religion*, *Journal of Forensic Psychology Practice*, *Journal of Health Psychology*, *Journal of Christian Psychology*, *Explore: The Journal of Science and Healing*, *International Journal for the Psychology of Religion*, *International Journal of Psychiatry in Medicine*, *Psychology of Religion and Spirituality*, *Psychological Trauma: Theory, Research, and Practice*, *Religions*, *Journal of Religion and Health*, *Spirituality in Clinical Practice*, *Archive for the Psychology of Religion*, *Journal of Catholic Higher Education*

Ad Hoc Reviewer for Books: American Psychological Association, Oxford University Press, Allyn & Bacon, Brooks/Cole/Wadsworth, John Wiley & Sons, Guilford Press, Kluwer Academic/Plenum Publishers, Alta Mira, Greenwood, Springer, Routledge, Cambridge University Press

### GRANTS

- 2024-26 Benefits of the Examen for Psychological Health and Well Being, Interfaith America Faith & Health Campus Grant! Faith in Health Professions Project (Co-PI), \$60,000
- 2006- Santa Clara University/Faculty Development Office. "Spirituality and Health Institute/Applied Spirituality Institute" \$8,500
- 2023 Santa Clara University/Markkula Center for Applied Ethics. "Ethical Considerations in Working with Roman Catholic Seminarians and Men and Women in Religious Formation." \$1,500
- 2023 Santa Clara University, Arts and Sciences Dean's Grant, "St. Ignatius as a psychotherapist? How Jesuit spirituality and wisdom can enhance health, wellness, and better living." Sabbatical grant at Boston College, \$1,500.
- 2023 Santa Clara University, Publication Grant, "Human interaction with the divine, the sacred, and the deceased: Topics that warrant increased attention by psychologists," \$3,065
- 2022 Santa Clara University/Ignatian Center for Jesuit Education. "The Benefits of the Examen for Psychological Health and Well Being." \$5,000
- 2014 Santa Clara University/Markkula Center for Applied Ethics. "Ethics Training in Psychology and Psychiatry" \$2,000
- 2011 Roman Catholic Diocese of San Jose, CA. "Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012" \$3,000
- 2011 Santa Clara University/Markkula Center for Applied Ethics. "Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012" \$5,000
- 2011 Santa Clara University/College of Arts and Science. "Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012" \$1,000
- 2011 Santa Clara University/Jesuit Community. "Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012" \$500
- 2010 Santa Clara University/Ignatian Center for Jesuit Education. "Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012" \$2,000
- 2009 Santa Clara University/Ignatian Center for Jesuit Education. "Contemplative Practices for Stress Management Conference" \$5,000

- 2005 Santa Clara University (President's Office and Bannan Center). "Spirituality and Health" workshop as part of the annual national convention of the Society of Behavioral Medicine, March 22, 2006, \$5,000
- 2004 Santa Clara University/ Markkula Center for Applied Ethics. "Learning by Spiritual Examples: Measures and Intervention" \$2,000
- 2003 Santa Clara University/ Markkula Center for Applied Ethics. "Multidisciplinary perspectives on sexual abuse committed by Roman Catholic priests" \$2,500
- 2003 Santa Clara University/Office of the President - Leavey Fund "Multidisciplinary perspectives on sexual abuse committed by Roman Catholic priests" \$12,500
- 2003 Santa Clara University/College of Arts and Science "Multidisciplinary perspectives on sexual abuse committed by Roman Catholic priests" \$3,000
- 2003 Santa Clara University/ Bannan Center for Jesuit Education and Christian Values "Multidisciplinary perspectives on sexual abuse committed by Roman Catholic priests" \$10,000
- 2003 Santa Clara University/Thomas Terry research grant "Exploring the psychological reactions of students to the war on Iraq" \$5,000 (with Lara Honos-Webb, PhD)
- 2002 Santa Clara University/Technology Steering Committee "Virtual Reality Technology Innovation in Health Psychology and Fitness" \$6,000
- 2002 Santa Clara University/ Bannan Center for Jesuit Education and Christian Values "Spiritual Modeling and Transformation" \$5,400
- 2002 Santa Clara University/Markkula Center for Applied Ethics Grant. "Do the Right Thing: Ethical Strategies for Making Tough Life Decisions" \$2,900
- 2001 Santa Clara University/Thomas Terry Research Grant, "Does Virtual Reality Enhance the Psychological Benefits of Exercise?" \$5,000
- 2000 Santa Clara University/Technology Steering Committee. "Integrating Virtual Reality into Health Psychology Teaching and Research," \$15,000
- 2000 John Templeton Foundation. "Faith and Health: Perspectives on the Relationship between Religious Faith and Health Outcomes," \$7,000
- 2000 Santa Clara University/Thomas Terry Research Grant, "Faith and Health: Perspectives on the Relationship between Religious Faith and Health Outcomes," \$3,500
- 1996 James Irvine Foundation "Leaders for a Just World"/Santa Clara University, "Ethics in Psychology," \$2,900
- 1995 Santa Clara University/Technology Development Grant, "Psychophysiology Laboratory," \$12,499

1994 Santa Clara University/Thomas Terry Research Grant, "The Influence of Exercise on Stress Responsivity among Hypertensive At-Risk Subjects," \$5,445

1994 Santa Clara University/Art's and Science Start-up Grant, \$15,000

## PUBLICATIONS

**h-index** = 56, **i10 index** = 144, **Citations** = 13,334 as of 3/10/26

Google Scholar Profile: <https://scholar.google.com/citations?user=xOeO2owAAAAJ&hl=en>

AD Scientific Index Profile (ID: 1647303): <https://www.adscientificindex.com/scientist/thomas-plante/1647303>

ScholarGPS – ID: 91419122475199 <https://scholargps.com/scholars/91419122475199/thomas-g-plante>

Note: \* represents Santa Clara University undergraduate student co-authors ( $n = 136$ ) while

^ represents other student co-authors ( $n = 22$ )

### Books

29. Plante, T. G. (2024). *Health Behavior Change: Proven Strategies for a Longer and Healthier Life*. San Diego, CA: Cognella. ISBN: 979-8-8233-2413-7. <https://titles.cognella.com/health-behavior-change-9798823324137>

28. Plante, T. G. (2024). *Living Ethically in an Unethical World: Doing the Right Thing, Second Edition*. San Diego, CA: Cognella. ISBN: 979-8-8233-1826-6. <https://titles.cognella.com/living-ethically-in-an-unethical-world-9798823318266?ff=1&fp=331765>

27. Plante, T. G. (2024). *Living Better with Spiritually Based Strategies that Work: Workbook for Spiritually Informed Therapy (SIT)*, San Diego, CA: Cognella. ISBN: 979-8-8233-2186-0. <https://titles.cognella.com/living-better-with-spirituality-based-strategies-that-work-9798823321860>

26. Plante, T. G. (2024). *Spiritually Informed Therapy (SIT): Wisdom and Evidence Based Strategies that Work*, San Diego, CA: Cognella. ISBN: 979-8-8233-0895-3. <https://titles.cognella.com/spiritually-informed-therapy-9798823308953?ff=1&fp=307662>

25. Plante, T. G. & Schwartz, G. E. (Eds.). (2022). *Human Interaction with the Divine, the Sacred, and the Deceased: Psychological, Scientific, and Theological Perspectives*, New York: Routledge/Taylor & Francis. ISBN: 978-0-367-61620-5. <https://www.routledge.com/Human-Interaction-with-the-Divine-the-Sacred-and-the-Deceased-Psychological/Plante-Schwartz/p/book/9780367616212>

24. Plante, T. G. (2022). *Contemporary Clinical Psychology, Fourth Edition*. New York, NY: John Wiley & Sons. ISBN: 9781119706274. <https://www.wiley.com/en-ae/Contemporary+Clinical+Psychology,+4th+Edition-p-9781119706274>

23. Plante, T. G. (Ed.). (2018). *Healing with Spiritual Practices: Proven Techniques for Disorders from Addictions and Anxiety to Cancer and Chronic Pain*. Bloomsbury Publishing USA. ISBN: 978-1-4408-

6069-0. <https://www.bloomsbury.com/us/healing-with-spiritual-practices-9781440860690/>

22. Plante, T. G. (2018). *Living Well: Doing the Right Thing for Body, Mind, Spirit, and Communities*, New York: Nova Scientific. ISBN: 978-1-53613-691-3. <https://novapublishers.com/shop/living-well-doing-the-right-thing-for-body-mind-spirit-and-communities/>
21. Plante, T. G., & Plante, L. G. (2017). *Graduating with Honor: Best Practices to Promote Ethics Development in College Students*. Bloomsbury Publishing USA. ISBN-13: 978-1-4408-4199-6. <https://www.bloomsbury.com/us/graduating-with-honor-9781440841996/>
20. Plante, T. G. (Ed.). (2015). *The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences*. Bloomsbury Publishing USA. ISBN-13: 978-1440832697. <https://www.bloomsbury.com/us/psychology-of-compassion-and-cruelty-9781440832697/>
19. Plante, T. G. (Ed.). (2013). *Abnormal Psychology across the Ages, Vol. I: History and Conceptualization*. Bloomsbury Publishing USA. ISBN-13: 978-0313398360. <https://www.bloomsbury.com/us/abnormal-psychology-across-the-ages-3-volumes-9780313398360/>
18. Plante, T. G. (Ed.). (2013). *Abnormal Psychology across the Ages, Vol. II: Disorders and Treatments*. Santa Barbara, CA: Bloomsbury/Praeger/ABC-CLIO. ISBN-13: 978-0313398360. <https://www.bloomsbury.com/us/abnormal-psychology-across-the-ages-3-volumes-9780313398360/>
17. Plante, T. G. (Ed.). (2013). *Abnormal Psychology across the Ages, Vol. III: Future Directions and Current Trends*. Bloomsbury Publishing USA. ISBN-13: 978-0313398360. <https://www.bloomsbury.com/us/abnormal-psychology-across-the-ages-3-volumes-9780313398360/>
16. Plante, T. G. (Ed.). (2012). *Religion, Spirituality, and Positive Psychology: Understanding the Psychological Fruits of Faith*. Bloomsbury Publishing USA. ISBN: 978-0-313-39845-2. <https://www.bloomsbury.com/us/religion-spirituality-and-positive-psychology-9780313398452/>
15. Plante, T. G., & McChesney, K. (Eds.). (2011). *Sexual Abuse in the Catholic Church: A Decade of Crisis, 2002-2012*. Bloomsbury Publishing USA. ISBN: 978-0-313-39387-7. <https://www.bloomsbury.com/us/sexual-abuse-in-the-catholic-church-9780313393877/>
14. Plante, T. G. (2011). *Contemporary Clinical Psychology, Third Edition*. New York, NY: John Wiley & Sons. ISBN: 978-0-470-58739-3. <https://www.amazon.com/Contemporary-Clinical-Psychology-Thomas-Plante/dp/0470587393>
13. Plante, T. G. (Ed.). (2010). *Contemplative Practices in Action: Spirituality, Meditation, and Health*. Bloomsbury Publishing USA. ISBN: 978-0-313-38256-7. <https://www.bloomsbury.com/us/contemplative-practices-in-action-9780313382567/>
12. Plante, T. G. (2009). *Spiritual Practices in Psychotherapy: Thirteen Tools for Enhancing Psychological Health*. Washington, DC: American Psychological Association. ISBN: 1-4338-0429-8. <https://www.apa.org/pubs/books/4317178>

11. Plante, T. G., & Thoresen, C. E. (Eds.) (2007). *Spirit, Science and Health: How the Spiritual Mind Fuels Physical Wellness*. Bloomsbury Publishing USA. ISBN: 0-275-99506-2.  
<https://www.bloomsbury.com/us/spirit-science-and-health-9780275995065/>
10. Plante, T.G. (Ed.). (2006). *Mental Disorders of the New Millennium, Vol. I: Behavioral Issues*. Bloomsbury Publishing USA. ISBN: 0-275-98782-5. <https://www.amazon.com/Disorders-Millennium-volumes-Abnormal-Psychology/dp/0275987817>
9. Plante, T.G. (Ed.). (2006). *Mental Disorders of the New Millennium, Vol. II: Public and Social Problems*. Bloomsbury Publishing USA. ISBN: 0-275-98783-3. <https://www.amazon.com/Disorders-Millennium-volumes-Abnormal-Psychology/dp/0275987817>
8. Plante, T.G. (Ed.). (2006). *Mental Disorders of the New Millennium, Vol. III: Biology and Function*. Bloomsbury Publishing USA. ISBN: 0-275-98784-1. <https://www.amazon.com/Disorders-Millennium-volumes-Abnormal-Psychology/dp/0275987817>
7. Plante, T. G. (2005). *Contemporary Clinical Psychology, Second Edition*. New York, NY: John Wiley & Sons. ISBN: 0-471-47276-X. <https://www.wiley.com/en-ie/Contemporary+Clinical+Psychology%2C+2nd+Edition-p-9780471692300>
6. Plante, T. G. (Ed.). (2004). *Sin against the Innocents: Sexual Abuse by Priests and the Role of the Catholic Church*. Bloomsbury Publishing USA. ISBN: 0-275-98175-4. <https://www.amazon.com/Sin-against-Innocents-Psychology-Spirituality/dp/0275981754>
5. Plante, T.G. (2004). *Do the Right Thing: Living Ethically in an Unethical World*. Oakland, CA: New Harbinger. ISBN: 1-572-24364-3. (Note: Book has been translated into Korean and Turkish).  
<https://www.newharbinger.com/9781572243644/do-the-right-thing/>
4. Plante, T. G., & Sherman, A. S. (Eds.) (2001). *Faith and Health: Psychological Perspectives*. New York: Guilford. ISBN: 1-57230-682-3. <https://www.amazon.com/Faith-Health-Psychological-Thomas-Plante/dp/1572306823>
3. Plante, T. G. & Sullivan, K. (2000). *Getting Together, Staying Together: The Stanford University Course on Intimacy*. Bloomington, IN: AuthorHouse. ISBN: 1-58721-256-0.  
<https://www.authorhouse.com/en/bookstore/bookdetails/219981-Getting-Together-and-Staying-Together-The-Stanford-Course-On-Intimate-Relationship>
2. Plante, T. G. (1999). *Contemporary Clinical Psychology*. New York, NY: John Wiley & Sons. ISBN: 0-471-31626-1 (Note: Book has been translated into Korean, Polish, and Czech).
  1. Plante, T. G. (Ed.). (1999). *Bless Me Father for I Have Sinned: Perspectives on Sexual Abuse Committed by Roman Catholic Priests*. Bloomsbury Publishing USA. ISBN: 0-275-96386-1.  
<https://www.bloomsbury.com/us/bless-me-father-for-i-have-sinned-9780275963866/>

### **Book Chapters, Forewords, and Encyclopedic Entries**

62. Plante, T. G. Integrating Ignatian spirituality, wisdom, and principles into both secular and faith based higher education. In L. Miller & L. Zsolnai (Eds.). *The Awakened Campus – Integrating Spirituality in Higher Education*, Springer, in production.
61. Plante, T. G. How clericalism contributes to sexual problems among Catholic priests. In P. McCosker, L. Gioia & T. LaCouter, & (Eds.), *Catholic Priests and the Matter of Sex: New Approaches to Clericalism*. Cambridge University Press, in production.
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### **Book Reviews**

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**Other Publications** (e.g., magazine articles, op-ed editorials)

72. Plante, T. G. (2025). Ethics Corner: Ethics calls us to be our best selves while the law helps us to stay out of trouble *On Board with Professional Psychology*, Issue 7.  
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57. Plante, T. G. (2020). Mental health challenges in ministry: A call for better collaboration. *Berkley Center for Religion, Peace and World Affairs, Georgetown University*, May 22, 2020 (invited article). <https://berkeleycenter.georgetown.edu/responses/mental-health-challenges-in-ministry-a-call-for-better-collaboration>
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17. Plante, T. G. (2004). Ethics for dummies: Keeping the ethics code simple. *The California Psychologist*, 37, 23-24.
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15. Plante, T.G., Vallaey, C., Sherman, A.C., & Wallston, K.A. (2002). The Abbreviated Santa Clara Strength of Religious Faith Questionnaire. *Health and Psychosocial Instruments Database* (Online or CD-ROM). HaPI Item X.
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13. Plante, T.G. (2002). Calling church to account on abuse: Checks and balances could help weed out predatory priests. *San Jose Mercury News*, March 24, 2002, pg. 1p and 4p.  
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4. Plante, T. G. (1995). Psychological benefits of exercise. *Healthline*, 14, 3-4.
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2. Plante, T. G. (1988). The influence of exercise, personality, and life stress on physiological stress responsivity,

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### **Conference Paper Presentations**

135. Buenrostro, C. M., & Plante, T. G. (2024). A clinical trial of the Examen and mindfulness within a secular substance use disorder treatment program. Paper presented at the 132<sup>nd</sup> annual convention of the American Psychological Association, Seattle, WA.
134. Plante, T. G. (2022). Beyond civility: Moving from civility to hospitality, solidarity, and to kinship. Invited presentation, Action Collaborative on Preventing Sexual Harassment in Higher Education, Civility-Promotion and Prosocial Behavior, Policy and Global Affairs Division, National Academies of Sciences, Engineering, and Medicine, and National Research Council. Washington, DC, April 20-21, 2022.
133. Plante, T. G. (2022). Recognizing, treating, and avoiding burnout for Catholic professionals. Invited lecture and master camp presentation at the annual meeting of the Catholic Media Association, Portland, OR, July 5-7, 2022.
132. Plante, T. G. (2022). Jesuit and APA civility guidelines for managing increasing divisiveness and polarization. Presentation for symposium, Interfaith Dialogue 2022: False Dichotomies in the Psychology of Religion and Spirituality at the 130<sup>st</sup> annual convention of the American Psychological Association, Minneapolis, MN.
131. Plante, T. G. (2021). Ethical challenges associated with communication with the divine and the departed. Human Interaction with the Divine, the Sacred, and the Deceased Conference. Galileo Commission Summit – IV, The Scientific and Medical Network, London, UK (virtual due to COVID-19 pandemic).
130. Plante, T. G. (2021). Human Interaction with the Divine, the Sacred, and the Deceased. Conference keynote presentation for the International Association for the Psychology of Religion, Brazil (virtual due to COVID-19 pandemic).
129. Plante, T. G. (2021). Separating facts from fiction regarding Catholic clerical abuse. Paper presented at symposium, Identifying Psychological Risk-Factors and Prevention of Clergy Sexual Abuse at the 129<sup>st</sup> annual convention of the American Psychological Association, San Diego, CA (virtual due to COVID-19 pandemic).
128. Plante, T. G. (2021). Existential crises, mental health, and resilience: The role of spirituality. Symposium discussant at the 129<sup>st</sup> annual convention of the American Psychological Association, San Diego, CA (virtual due to COVID-19 pandemic).
127. Plante, T. G. (2020). How clericalism contributes to sexual problems among Catholic priests. Paper presented at symposium, Clergy Health in the Sexual Abuse Scandal Era: New Perspectives in Theory, Research, and Practice at the 128<sup>st</sup> annual convention of the American Psychological Association, Washington, DC (virtual due to COVID-19 pandemic).

126. Plante, T. G. (2019). How clericalism contributes to sexual problems among Catholic priests. Invited paper presented at the Clericalism and Sexuality conference, Von Hugel Institute, St. Edmund's College, Cambridge University, September 19, 2019.
125. Plante, T. G. (2019). The possible problems and promises of (in)civility. Paper presented at symposium, The Role of Civility and Cultural Humility in Navigating Controversial Topics in Psychology at the 127<sup>st</sup> annual meeting of the American Psychological Association, Chicago, IL.
124. Isacco, A., Tirabassi, D., Delany, J. J. Porada, P., & Plante, T. G. (2019). Are applicants to the Catholic priesthood and diaconate psychologically healthy? A replication study. Paper presented at the 127<sup>st</sup> annual meeting of the American Psychological Association, Chicago, IL
123. Plante, T. G. (2018). Healing with Spiritual Practices: Evidence Based and Best Practices for Behavioral Health Disorders. Symposium chair, discussant, and presenter at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
122. Plante, T. G., & Manuel, G. M. (2018). Promoting hope, healing, and wellness: Catholic interventions in behavioral health care. Symposium presenter at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
121. Plante, T. G. (2018). Beyond mindfulness: Expanding integration of spirituality and religion into behavioral health care. Paper presented at the symposium, Cultural and Religious Diversity Across Divisions---Reaching Out and Becoming More Inclusive at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
120. Plante, T. G. (2018). Religious and spiritual practices: Implications and benefits for well being, growth, and resilience. Symposium discussant at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
119. Plante, T. G. (2018). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Workshop presented at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
118. McCreadie, A. & Plante, T. G. (2018). The Santa Clara Ethics Scale: A new instrument to measure ethics among college students and beyond. Paper presented at the 126<sup>st</sup> annual meeting of the American Psychological Association, San Francisco, CA.
117. Plante, T. G. (2017). Graduating with honor: Nurturing ethical development among college students. Invited lecture at conference, *Tracking Development Toward Living a Life of Meaning and Purpose: Addressing the Challenges to Measurement*. Boston College, Lynch School of Education, Chestnut Hill, MA, November 15, 2017.
116. Brémault-Phillips, S., Koenig, H.G., Pargament, K.I., Plante, T.G., Chirovsky, A., Olson, J., Pike, A., Germani Yee, T., Smith-MacDonald, L., Scarcella, F., Weis, J. (2017). *Spiritual Dimensions of Well-being, Health and Moral Injury: A Review*. Veterans Affairs Canada, Edmonton, AB.

115. Brémault-Phillips, S., Koenig, H.G., Pargament, K.I., Plante, T.G., Chirovsky, A., Olson, J., Pike, A., Hamner, K., Smith-MacDonald, L., Scarcella, F., Weis, J. (2017). *The Value and Relevance of the Spiritual Dimension of Health and Well-being: Findings of a Literature Review and Expert Consultation*, Canadian Institute for Military and Veteran Health Research (CIMVHR) Forum 2017, Toronto, Ontario, September 27, 2017.
114. Plante, T. G. (2017). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Half day workshop presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Washington, DC.
113. Plante, T. G. (2016). The Santa Clara Strength of Religious Faith Questionnaire (SCSRFQ). Symposium presentation, Spirituality Scales: Mainstream, Other, and Non-Religious Perspectives at the 124th annual meeting of the American Psychological Association, Denver, CO.
112. Plante, T. G. (2016). Does faith that does justice education improve compassion? Symposium presentation and chair, The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences at the 124th annual meeting of the American Psychological Association, Denver, CO.
111. Plante, T. G. (2016). Co-chair and discussant at symposium, The Mental Health of Seminarians and Priests: Lessons Learned from Science, Practice, and Policy at the 124th annual meeting of the American Psychological Association, Denver, CO.
110. Plante, T. G. (2015). Spirituality and the biopsychosocial model: Improving religious/spiritual cultural and evidence-based competence in professional psychology. Invited plenary speaker presentation for the 5<sup>th</sup> International Federation of Catholic Universities (IFCU) International Psychology Congress, Loyola Marymount University, Los Angeles, CA.
109. Plante, T. G. (2014). Childhood sexual abuse in the context of religious communities: Using faith for harm. Symposium presentation, Meaning and hope within long-term sequelae of childhood sexual abuse at the 122nd annual meeting of the American Psychological Association, Washington, DC.
108. Oman, D., & Plante, T. G. (2014). Spiritual modeling self-efficacy: Validation of an easy-to-use stand-alone measure. Paper presented at the 12<sup>th</sup> annual Mid-Year Conference on Religion and Spirituality (Division 36), American Psychological Association. Los Angeles, CA.
107. Plante, T. G. & Manuel, G. M. (2013). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Half day workshop presented at the 121<sup>st</sup> annual meeting of the American Psychological Association Convention, Honolulu, HI.
106. Plante, T. G. & Manuel, G. M. (2013). Celibacy in the Catholic priesthood - healthy and/or dysfunctional pathways for priests. Discussion presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
105. Plante, T. G. & Wall, K. (2013). Religion, spirituality and positive psychology. Discussion presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.

104. Plante, T. G. (2013). Institutional child sexual abuse: The Catholics, Scouts, and Penn State. Symposium presentation, Gender violence in religious contexts, presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
103. Plante, T. G. (2013). Consultation with religious institutions: Strategies for success. Symposium presentation, From research to practice – Recent advances towards an applied psychology of religion and spirituality, at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
102. Kay, E., Plante, T. G., Santos, M., Diaz, L., Lara, M., Britton, B., Moreno, P. E., Khan, S., Sia, M., & Fahey, J. (2013). The influence of gender, narcissism, and fitness environment on exercise exertion and mood. Paper presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
101. Plante, T. G. (2013). Reflections on the Clinical Psychology of Religion. Discussant at Symposium presentation, Clinical Psychology of Religion and Spirituality- A niche Whose Time has Come, presented at the 121<sup>st</sup> annual meeting of the American Psychological Association, Honolulu, HI.
100. Plante, T. G., Kay, E., Santos, M., Britton, B., Lara, M., Diaz, A., & Perez, A. (2013). The influence of narcissism and exercise environment on exercise exertion and mood. Paper presented at the 34<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
99. Plante, T. G. (2013). Going beyond mindfulness: Contemplative practices in action for behavioral medicine. Symposium paper presentation, Novel approaches for integrating religion and spirituality into health treatment, presented at the 34<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
98. Plante, T. G. (2013). Religious/spiritual coping with illness and stress: An evaluation of mechanisms. Symposium discussant at the 34<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.
97. Oman, D., & Plante, T. G. (2013). Spiritual modeling self-efficacy: Validation of a stand-alone measure. Paper presented at the annual convention of the Society for the Scientific Study of Religion, Boston, MA.
96. Kappler, S., Hancock, K. A., & Plante, T. G. (2012). Internalized homophobia, sexual identity formation, and psychological well-being of gay priests. Paper presented at 120th annual convention of the American Psychological Association, Orlando, FL.
95. Plante, T. G., Morisako, A., Folk, J., Kay, E., Read, C., Dunn, A., Perez, A., & Willemsen, E. (2012). Can environment be a motivator for exercise? The effect of visual suggestion. Paper presented at the 92<sup>nd</sup> annual convention of the Western Psychological Association, San Francisco, CA.
94. Plante, T. G. (2011). Psychology in religión, religión in psychology: Why Division 36 matters now more than ever. Division 36 (Psychology and Religion) Presidential address presented at the 119<sup>th</sup> annual meeting of the American Psychological Association, Washington, DC.

93. Plante, T. G. (2011). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Half day workshop presented at the 119<sup>th</sup> annual meeting of the American Psychological Association, Washington, DC.
92. Plante, T. G., Favero, T., Rubbo, J., Gregg, S., Morisako, A., & Cuadra, J. (2011). Impact of exercise partner attractiveness on mood, enjoyment, and exertion. Paper presented at the 119<sup>th</sup> annual meeting of the American Psychological Association, Washington, DC.
91. Plante, T. G. (2011). Let the data speak: Evidence based approaches to the clergy abuse situation in the Catholic Church. Paper presentation at symposium, Clergy sexual abuse: Advances in prevention, recovery, and treatment of survivors and perpetrators, at the 119<sup>th</sup> annual meeting of the American Psychological Association, Washington, DC.
90. Plante, T. G. (2011). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Presidential address at the 9<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.
89. Plante, T. G. (2011). Contemplative practices in action. Symposium chair and presentation presented at the 9<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.
88. Plante, T. G. (2011). Fruit of the spirit: How spirituality and religion make us better. Symposium chair and presentation at the 9<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.
87. Plante, T. G. (2011). Positive psychology, religion, and spirituality. Symposium discussant at the 9<sup>th</sup> Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.
86. Plante, T. G. (2010). Contemplative practices in action: Diverse paths for health and wellness. Symposium chair and presentation presented at the 118<sup>th</sup> annual meeting of the American Psychological Association, San Diego, CA.
85. Plante, T. G. (2010). Impaired helping professionals and clergy: Screening, evaluation, and prevention. Symposium chair and presentation presented at the 118<sup>th</sup> annual meeting of the American Psychological Association, San Diego, CA.
84. Plante, T. G. (2010). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Full day workshop presented at the 118<sup>th</sup> annual meeting of the American Psychological Association, San Diego, CA.
83. Plante, T. G., Mann, S., Madden, M., Lee, G., Hardesty, A., Terry, A., Gable, N., & Kaplow, G. (2010). Effects of perceived fitness of exercise partner on exertion. Paper presented at the 118<sup>th</sup> annual meeting of the American Psychological Association, San Diego, CA.

82. Plante, T. G. (2009). Spiritual practices in psychotherapy. Full day workshop presented at the 117<sup>th</sup> annual meeting of the American Psychological Association, Toronto, Canada.
81. Plante, T. G. (2009). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Symposium entitled, "Psychotherapy with religious and spiritual clients: Competencies, approaches, and practices" presented at the 117<sup>th</sup> annual meeting of the American Psychological Association, Toronto, Canada.
80. Plante, T. G., Gores, C., Brecht, C., Imber, J., & Sanchez, J. (2009). Exercising with an iPod, friend, or neither: Which is best? Paper presented at the 117<sup>th</sup> annual meeting of the American Psychological Association, Toronto, Canada.
79. Sherman, A. C., Simonton, S., Latif, U., Plante, T. G., & Anaissie, E. J. (2009). Predicting health outcomes from global meaning and illness-specific meaning among stem cell transplant patients. Paper presented at the 30<sup>th</sup> annual convention of the Society of Behavioral Medicine, Montreal, Canada.
78. Jonte-Pace, D., Gitten, C., & Plante, T. G. (2009). Mission-centered learning outcomes: Assessing the ineffable at graduate and undergraduate levels. Symposium presentation at the *WASC: Academic Resource Conference*, Hollywood, CA, April 16, 2009.
77. Plante, T. G. (2008). Using religious and spiritual tools in psychological treatment. Day workshop presented at the 116<sup>th</sup> annual meeting of the American Psychological Association, Boston, MA.
76. Plante, T. G. (2008). Using religious and spiritual tools in psychological treatment. Paper presented at the 116<sup>th</sup> annual meeting of the American Psychological Association, Boston, MA.
75. Plante, T. G. (2008). Ethics for dummies: Wrestling the code back from the lawyers. Paper presented at the 116<sup>th</sup> annual meeting of the American Psychological Association, Boston, MA.
74. Sherman, A. C., Plante, T. G., Simonton, S., Latif, U., Anaissie, E. (2008). Prospective study of religious coping and health outcomes among patients undergoing stem cell transplantation. Paper presented at the 29<sup>th</sup> annual meeting of the Society of Behavioral Medicine, San Diego, CA.
73. Sherman, A. C., Simonton, S., Latif, U., Plante, T. G., Anaissie, E. (2008). Prospective study of emotional adjustment and quality-of-life changes among multiple myeloma patients receiving autologous stem cell transplantation. Paper presented at the 29<sup>th</sup> annual meeting of the Society of Behavioral Medicine, San Diego, CA.
72. Plante, T.G. (2007). Spirit, science and health: How the spiritual mind fuels the body. Symposium chairperson at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
71. Oman, D., Shapiro, S., Thoresen, C. E., Flinders, T., Driskill, J. D., & Plante, T. G. (2007). Learning from spiritual models and meditation: Randomized evaluation among undergraduates. Paper presented at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
70. Shapiro, S.L., Oman, D., Thoresen, C.E., Plante, T.G., & Flinders, T. (2007). Mindfulness as a mechanism

of action for stress and well-being improvements. Paper presented at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.

69. Plante, T.G., Brecht, C., Imberi, J., & Sanchez, J. (2007). IPOD or a friend: Which is better for mood benefits of exercise? Paper presented at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
68. Plante, T.G., Gores, C., Brecht, C., Carrow, J., Imbs, A., & Willemsen, E. (2007). Does exercise environment enhance the psychological benefits of exercise for women? Paper presented at the 115<sup>th</sup> annual meeting of the American Psychological Association, San Francisco, CA.
67. Plante, T.G., Mills, B.A., Bersamina, R.B., Lackey, K., & Hwang, X. (2007). The impact of college student immersion service learning trips on coping with stress, vocational identity, and compassion. Paper presented at Callings: Fostering Vocation through Community-based Learning Conference, Santa Clara University, Santa Clara, CA.
66. Plante, T. G., Cage, C., Clements, S., & Stover, A. (2006). Psychological benefits of exercise paired with virtual reality: Outdoor exercise energizes while indoor virtual exercise relaxes. Paper presented at the 27th annual convention of the Society of Behavioral Medicine, San Francisco, CA.
65. Plante, T.G. (2006). Spirituality in HIV. Symposium chairperson at the 27th annual convention of the Society of Behavioral Medicine, San Francisco, CA.
64. Oman, D., Shapiro, S.L., Thoresen, C.E., Plante, T.G., & Flinders, T. (2006). Meditation lowers stress and supports forgiveness among college students: A randomized controlled trial. Paper presented at the 27th annual convention of the Society of Behavioral Medicine, San Francisco, CA.
63. Shapiro, S.L., Oman, D., Thoresen, C., & Plante, T.G. (2005). Contemplative intervention for college students: A randomized controlled trial. Paper presented at the 39th annual convention of the Association of Advancement of Behavior and Cognitive Therapy, Washington, DC.
62. Oman, D., Thoresen, C. E., Park, C. L., Shaver, P. R., Plante, T. G., & Hood, R. H. (2005). Spiritual Models predict health behaviors in college undergraduates. Paper presented at the 26th annual convention of the Society of Behavioral Medicine, Boston, MA.
61. Plante, T.G. (2004). Clergy and sexual abuse in the Catholic Church. Lecture presented at the 112<sup>th</sup> annual meeting of the American Psychological Association, Honolulu, HI.
60. Plante, T.G., Aldridge, A., Su, D., Bogden, R., Belo, M., & Khan, K. (2004). Does virtual reality enhance the management of stress when paired with exercise? Paper presented at the 112<sup>th</sup> annual meeting of the American Psychological Association, Honolulu, HI.
59. Honos-Webb, L., Biegel, G., Williams, A., Fan, Y., Pacini, R., Celentana, M., Plante, T. (2004). Predictors of Psychological Distress Related to U.S. War against Iraq. Poster presented at the 112<sup>th</sup> annual meeting of the American Psychological Association, Honolulu, HI.

58. Plante, T.G. (2003). Treating clergy sex offenders. Invited presentation for the Society for the Scientific Study of Sexuality (Western Region Conference), San Jose, CA.
57. Plante, T.G. (2003). Bless me father for I have sinned: Priest perpetrators. Symposium presenter for the 56<sup>th</sup> annual convention of the California Psychological Association, San Jose, CA.
56. Plante, T.G., Thoresen, C., & Sherman, A. (2002). Spirituality/contemplative practice and managerial health: What's the connection? Invited symposium for 62<sup>nd</sup> annual meeting of the Academy of Management, Denver, CO.
55. Plante, T.G. (2002). Catholic priests who sexually abuse minors: What do we know and what should we do? Invited lecture at the Victimization of Children and Youth: An International Research Conference, Portsmouth, NH.
54. Plante, T.G. (2002). Catholic priests who sexually abuse minors: What do we know? Invited lecture presented at the National Association for Women in Catholic Higher Education, Santa Clara, CA.
53. Plante, T.G., Aldridge, A., Bogdan, R., Hanelin, C. (2002). The influence of exercise and virtual reality on psychological functioning. Paper presented at the 2<sup>nd</sup> annual conference of the American Academy of Health Behavior, Napa, CA.
52. Plante, T.G., Kanani, Z., Bogdan, R., MacAskill, E., Ferlic, E., Babula, M., Frazier, S., Tittle, A., & Riggs, E. (2002). Does exercising with another enhance the psychological benefits and workout associated with exercise? Paper presented at the 82<sup>nd</sup> annual convention of the Western Psychological Association, Irvine, CA.
51. Plante, T.G., Frazier, S., Tittle, A., Babula, M., Ferlic, E., & Riggs, E. (2001). Does virtual reality enhance the psychological benefits of exercise? Paper presented at the 109<sup>th</sup> annual convention of the American Psychological Association, San Francisco, CA.
50. Plante, T.G. (2001). Catholic priests who sexually abuse minors: What do we know? Symposium chairperson presented at the 109<sup>th</sup> annual convention of the American Psychological Association, San Francisco, CA.
49. Plante, T.G. (2001). Academic career frequently asked questions: Five burning questions about joining the professoriate. Panelist for symposium at the 109<sup>th</sup> annual convention of the American Psychological Association, San Francisco, CA.
48. Plante, T.G. (2001). How to find a job in professional psychology. Conversation hour presentation at the 109<sup>th</sup> annual convention of the American Psychological Association, San Francisco, CA.
47. Plante, T.G. (2001). Religious faith and health: What do we know? Symposium chairperson presented at the 109<sup>th</sup> annual convention of the American Psychological Association, San Francisco, CA.
46. Plante, T.G., Saucedo, B., & Rice, C. (2001). The association between religious faith and coping with daily stress. Paper presented at the 22<sup>nd</sup> annual convention of the Society of Behavioral Medicine, Seattle,

WA.

45. Sherman, A.C., Plante, T.G., Simonton, S., Moody, V.R., & Wells, P. (2001). Associations between religious/existential resources and quality of life outcomes for multiple myeloma patients. Paper presented at the Annual Meeting of the American Psychosomatic Society, Monterey, CA.
44. Sherman, A.C., Plante, T.G., Simonton, S., Moody, V.R., & Wells, P. (2001). Patterns of religious coping among multiple myeloma patients: Associations with adjustment and quality of life. Paper presented at the Annual Meeting of the American Psychosomatic Society, Monterey, CA.
43. Plante, T.G. (2000). Campus reward system. Presenter at the National Commitment to Justice in Jesuit Higher Education Conference, Santa Clara, CA.
42. Plante, T. G., Coscarelli, L., Caputo, D., & Oppezzo, M. (2000). Perceived fitness predicts coping with daily stress better than actual fitness or physical activity. Paper presented at the 80th annual convention of the Western Psychological Association, Portland, OR.
41. Plante, T.G., & Pardini, D. (2000). Religious denomination affiliation and psychological health: Results from a substance abuse population. Paper presented at symposium on health and religion denomination affiliation at the 108th annual convention of the American Psychological Association, Washington, DC.
40. Sherman, A. C., Simonton, S., Adams, D., Latif, U., Plante, T. G., Burriss, K., & Poling, T. (2000). Measuring religious faith in cancer patients. Paper presented at the 21st annual convention of the Society of Behavioral Medicine, Nashville, TN.
39. Plante, T. G. (1999). Promoting justice in the undergraduate psychology curriculum: Integrating service-learning and ethical decision making. Paper presented at the Conference on Commitment to Justice in Jesuit Higher Education. Santa Clara University, Santa Clara, CA
38. Plante, T. G. (1999). The association between strength of religious faith and coping with stress among recovering substance abusers, bone marrow transplant cancer patients, and college students. Paper presented at symposium on research in health psychology and religion at the 107th annual convention of the American Psychological Association, Boston, MA.
37. Plante, T. G., Caputo, D., & Grant, C. (1999). Perceived fitness and religious faith predicts coping with daily stress better than actual fitness or physical activity. Paper presented at the 20th annual convention of the Society of Behavioral Medicine, San Diego, CA.
36. Plante, T. G., Caputo, D., & Chizmar, L. (1999). Perceived fitness and responses to laboratory induced stress. Paper presented at the 20th annual convention of the Society of Behavioral Medicine, San Diego, CA.
35. Plante, T. G., Yancey, S., Sherman, A. C., & Guertin, M. (1999). Strength of religious faith and its association with mental health outcomes. Paper presented at the 20th annual convention of the Society of Behavioral Medicine, San Diego, CA.
34. Sherman, A. C., Plante, T. G., Simonton, S., Adams, D., Burriss, K., & Harbison, C. (1999). Assessing religious

faith in medical patients: Cross-validation of the Santa Clara Strength of Religious Faith Questionnaire. Paper presented at the 20th annual convention of the Society of Behavioral Medicine, San Diego, CA.

33. Pardini, D., Plante, T. G., & Sherman, A.C. (1999). Strength of religious faith and its association with mental health outcomes among alcoholics and addicts. Paper presented at the 20th annual convention of the Society of Behavioral Medicine, San Diego, CA.
32. Willis, A. S., Wallston, K. A., Smith, M., Plante, T. G., Johnson, K., Dutton, G. R., & Reeves, J. E. (1999). Religious faith and health locus of control predict smoking behavior in adolescents. Paper presented the 11th annual convention of the American Psychological Society, Denver, CO.
31. Plante, T. G. (1998). Teaching job searching strategies to psychology trainees. Paper presented the 106th annual convention of the American Psychological Association, San Francisco, CA.
30. Plante, T. G., LeCaptain, S., & McLair, H. (1998). Does perceived physical fitness help in coping with daily stress? Paper presented at the 106th annual convention of the American Psychological Association, San Francisco, CA.
29. Plante, T. G., Chizmar, L., & Owen, D. (1998). The influence of perceived and actual fitness on physiological stress responsivity. Paper presented at the 24th International Congress of Applied Psychology, San Francisco, CA.
28. Plante, T. G., Boccaccini, M., & Andersen, E. (1998). Attitudes concerning professional issues among members of the American Board of Professional Psychology. Paper presented at the 24th International Congress of Applied Psychology, San Francisco, CA.
27. Willemsen, E., & Plante, T. G. (1998). Perspectives on undergraduate research: A faculty model for independent research study. Symposium presentation at the 78th annual convention of the Western Psychological Association (in conjunction with the Rocky Mountain Psychological Association), Albuquerque, NM.
26. Plante, T. G., & Booth, J. (1997). Personality correlates of athletic injuries among elite collegiate baseball players: The role of narcissism, anger, and locus of control. Paper presented at the 18th annual convention of the Society of Behavioral Medicine, San Francisco, CA.
25. Plante, T. G., Lantis, A., Checa, G., & Booth, J. (1997). Is it better to be fit or to think fit?: The influence of perceived versus actual fitness on psychological health and physiological stress responsivity. Paper presented at the 18th annual convention of the Society of Behavioral Medicine, San Francisco, CA.
24. Plante, T. G. (1996). Coping with stress among Salvadoran immigrants. Invited paper presented at the 2nd annual Latino Behavioral Health Institute, Los Angeles, CA.
23. Plante, T. G., Lantis, A., & Checa, G. (1996). Aerobic fitness, personality, and physiological stress responsivity among hypertension at-risk subjects. Paper presented at the 4th International Congress of Behavioral Medicine, Washington, DC.

22. Plante, T. G. & Booth, J. (1996). Predicting collegiate baseball performance with the biopsychosocial model. Paper presented at the 4th International Congress of Behavioral Medicine, Washington, DC.
21. Plante, T. G. (1996). What do we know about Catholic priests who sexually victimize minors? Paper presented at the 76th annual convention of the Western Psychological Association, San Jose, CA.
20. Plante, T. G., Couchman, C., Hoffman, C., & Deneau, M. (1996). Measuring mental health treatment outcome and client satisfaction among children and families. Paper presented at the 76th annual convention of the Western Psychological Association, San Jose, CA.
19. Plante, T. G. & Booth, J. (1996). Using the biopsychosocial model to predict competitive athletic performance among baseball players. Paper presented at the 76th annual convention of the Western Psychological Association, San Jose, CA.
18. Plante, T. G., Manuel, G. M., & LaBrie, J. W. (1996). Psychotherapy experiences of Catholic seminarians: A descriptive report. Paper presented at the annual meeting of the provincial directors, Society of Jesus.
17. Plante, T. G., Manuel, G. M., Menendez, A., Marcotte, D., & Korbel, C. (1995). Coping with stress among Salvadoran immigrants. Paper presented at the 103rd annual convention of the American Psychological Association, New York, NY.
17. Plante, T. G. & Booth, J. (1995). Using the biopsychosocial model to predict competitive athletic performance among elite collegiate baseball players. Paper presented at the 16th annual convention of the Society of Behavioral Medicine, San Diego, CA.
16. Plante, T. G., Manuel, G. M., & Bryant, C. (1994). Catholic priests who sexually abuse minors: Intervention, assessment, and treatment. Paper presented at the 13th annual convention of the Association for the Treatment of Sexual Abusers, San Francisco, CA.
15. Plante, T. G., Marcotte, D., Manuel, G., & Willemsen, E. (1994). The influence of aerobic exercise, relaxation training, and suggestion on coping with test-taking anxiety. Paper presented at the 102nd annual convention of the American Psychological Association, Los Angeles, CA.
14. Doan, B. T., Plante, T. G., DiGregorio, M., & Manuel, G. (1993). The influence of aerobic exercise and relaxation training on coping with test-taking anxiety. Paper presented at the 73rd annual convention of the Western Psychological Association, Phoenix, AZ.
13. Plante, T. G., Goldfarb, L. P., & Wadley, V. (1991). The influence of stress and coping on aptitude and achievement testing among children. Paper presented at the 99th annual convention of the American Psychological Association, San Francisco, CA.
12. Taylor, C. B., Agras, W. S., Feldman, D. E., Losch, M., Plante, T. G., Trauten-Luhmann, G. & Burnett, K. (1990). Effects of low-calorie-induced weight loss before computer-assisted therapy. Paper presented at the 11th annual convention of the Society of Behavioral Medicine, Chicago, IL.
11. Plante, T. G., Kerns, R., Yellig, W., & Haithwornwaite, J. (1989). Using the biopsychosocial model to predict

nocturnal penile rigidity in men with erectile dysfunction. Paper presented at the 10th annual convention of the Society of Behavioral Medicine, San Francisco, CA.

10. Pinder, S. L., Plante, T. G., & Howe, D. (1988). A specialized rehabilitation treatment for patients with chronic schizophrenic symptoms. Paper presented at the 96th annual convention of the American Psychological Association, Atlanta, GA.
9. Campbell, A., Czyzewski, M. J., Otis, A., Schwartz, I., Schlosberg, M., Plante, T. G., & Barker, S. (1987). Behavior therapists and legislators: Partners in policy development. Symposium presenter at the 20th annual convention of the Association for the Advancement of Behavior Therapy (AABT), Chicago, IL.
8. Goldfarb, L. A., Gerrard, M., Gibbons, F., & Plante, T. G. (1986). The effects of negative emotional orientation to sex on birth control information retention and use. Paper presented at the 94th annual convention of the American Psychological Association, Washington, D.C.
7. Plante, T. G., & Karpowitz, D. (1986). The influence of aerobic exercise on physiological stress responsivity. Paper presented at the 94th annual convention of the American Psychological Association, Washington, D.C.
6. Barker, S., Greene, B., Katz, E., McGurty, D., Merkel, C., Pelham, W., Plante T., Trengertham, G. (1985). Behavior therapy and the legislative process: The nuts and bolts of disseminating behavior therapy information to state policy makers. Symposium presenter at the 19th annual convention of the Association for the Advancement of Behavior Therapy (AABT), Houston, TX.
5. Barker, S., Plante, T. G., Otis, A. K., & Czyzewski, M. J. (1985). Establishing a social policy information network: Trials and tribulations. Paper presented at the annual convention of the Association for Behavior Analysis, Columbus, OH.
4. Denney, D. R., Aberger, E. W., & Plante, T. G. (1984). Sensitivity to pain and stress among dysmenorrheic women: Some notable failures to reject null hypotheses. Paper presented at the 5th annual convention of the Society of Behavioral Medicine, Philadelphia, PA.
3. Plante, T. G. (1982). Personality and performance characteristics of Samaritan suicide prevention volunteers. Paper presented at the annual meeting of Samaritans, USA, Boston, MA.
2. Plante, T. G. (1982). Personality and performance characteristics of Samaritan suicide prevention volunteers. Paper presented at the Greater Boston Undergraduate Psychological Research Paper Conference, Tufts University, Boston, MA.
1. Plante, T. G., & Rinaldi, A. (1980). The effects of group boundaries on the spread of conflict. Paper presented at the Greater Boston Undergraduate Psychological Research Paper Conference, Boston College, Chestnut Hill, MA.

#### Other Presentations

Plante, T. G. (1985-present). Numerous guest and feature lectures and presentations at universities, schools,

hospitals, workshops, conferences, radio programs, law firms, businesses, professional organizations, and civic organization a variety of topics (e.g., stress and coping, eating disorders, depression, parenting, health psychology, the psychology profession, job searching strategies, sexual offending clergy, faith and health, legal & ethical issues in mental health, life satisfaction, dealing with difficult people, everyday ethics, psychological issues among Catholics, interfaith issues). These include the following:

O'Connor Hospital Center for Integrative Medicine, Kaiser Hospital Psychiatry Department, Fenwick and West, Inc., United Defense FMC, Inc., Santa Clara County Bar Association, Santa Clara County Speech, Language, and Hearing Association, Society of Jesus (California Province), Decathlon Club of Santa Clara, Santa Clara University (Homecoming, Parent Weekend, Council of Chairs, Ethics Center, Psychology Colloquium, Center for Professional Development), University of California, San Francisco, Pacific Graduate School of Psychology, Stanford University (Help Center, Student Health Services, Health Library, Department of Psychiatry and Behavioral Sciences, Women's Studies, Psychology Department, School of Education McDaniel Foundation), San Jose State University, Children's Health Council, Packard Children's Hospital at Stanford, El Camino Hospital, Family 2000, Palo Alto Centennial Celebration Health Conference, Palo Alto Unified School District, Mountain View School District, Menlo School, Menlo College, Crystal Springs Uplands School, Hoover School, Laurel School, Oak Knoll School, Kansas City Young Presidents Organization (KCYPO), Kansas City Presidents Organization (KCPO), PacWest Seminars, Family Services of the Central Coast, Temple Beth Am, Cupertino School District, EMQ Children and Family Services, Jesuit School of Theology, Berkeley, St. Patrick's Seminary (Menlo Park), Diocese of San Jose, Santa Clara County Country Psychological Association, National Jesuit Secondary Education Association Principals, Oak Knoll School, Diocese of Monterey, Los Gatos Methodist Church, Diocese of Oakland, West Valley-Mission Community College District, University of Portland, Oregon Psychological Association, Vallombrosa Retreat Center, Alliant International University (San Francisco), Boston College, Dartmouth College, Grace Cathedral (San Francisco), Valle Monte League (San Jose), Catholic Professionals (San Jose, CA), Diocese of Sacramento, St. Mary's College (CA), The University of Kansas, TEDx Santa Clara University, Cambridge University (United Kingdom), Georgetown University, Scientific and Medical Network (London), Catholic Media Association, Alkaram Institute, Rotary Club (San Jose), Rotary Club (San Francisco), Rotary Club (Santa Clara), City Lights Theater (San Jose), National Catholic Partnership on Disability, Catholic University, Catholic Community at Stanford, Ladies of Charity (San Jose), Substance Abuse and Mental Health Services Administration (United States Department of Health and Human Services), Idaho Psychological Association, St. Mary's University (MN), Archdiocese of San Francisco, Jesuit Higher Education, Religious Diversity, and Secularization Network, Word on Fire Institute

Interviews for the numerous television news shows including *CNN*, *CNN International*, *PBS News Hour*, *NBC Nightly News*, *CBS News*, *CNBC News*, *ABC News*, *60 Minutes*, *Discovery Channel*, *NBC Today Show*, *ABC News*, *Dr. Drew*, *Huffington Post Live*, *ABC 7*, *KRON 4*, *KPIX 5*, *KTVU 2*, among many others.

Interviews for the numerous national and international magazines including *Time Magazine*, *Newsweek*, *The Economist*, *US News and World Report*, *Scientific American*, *Money Magazine*, *New Yorker*, *Forbes*, *Harper's*, *Slate*, *Runner's World*, *O Magazine*, *People Magazine*, *Business Week*, *Psychology Today*, *Good Housekeeping*, *Redbook*, *American Health*, *Men's Health*, *Prevention*, *Mother Jones*, *Consumer Reports*, *America*, among many others.

Interviews for the numerous newspapers including the *Associated Press*, *New York Times*, *Los Angeles Times*,

*Washington Post, USA Today, Wall Street Journal, The Guardian, Washington Times, Catholic News Service, National Catholic Reporter, among many others.*

Interviews with numerous radio programs including the *British Broadcasting Corporation (BBC News), National Public Radio, New York City (WNYC), WHYI (91 FM) -Philadelphia (NPR), KQED Forum Program, All Things Considered, All Tech Considered, Weekend America (National Public Radio), Canadian Broadcasting Company (CBC), Australian Broadcasting Corporation, Newsweek on Air, Open Mind, Crime Stories with Nancy Grace, among many others.*

### Academic Courses Taught

Santa Clara University: Ethics in Psychology, Abnormal Psychology, Psychopathology, Health Psychology, Psychosomatic Medicine, General Psychology, Organizational Behavior, Clinical Psychology, Psychology of Religion and Spirituality, Advanced Topics in Psychopathology, Advanced Topics in Health Psychology, Health Psychology Lab, Directed Readings in Psychology

Stanford University: Intimate Relationships, Professional Issues and Ethics in Psychology, Counseling Case Conference, Ethical Foundations of Professional Practice

University of Kansas: Intimate Relationships, Introduction to Psychology

University of Durham (Durham, England): Ethics in Psychology and Related Fields (SCU Summer Program)

3/10/2026