

# CHONGZHENG WEI

Pronouns: he/they/他

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Santa Clara, CA 95050

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## ACADEMIC APPOINTMENT

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2024-  
Present      **Assistant Professor & LGBTQ emphasis coordinator**  
Department of Counseling Psychology  
School of Education and Counseling Psychology  
Santa Clara University, Santa Clara, CA

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## EDUCATION

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2019-2024      **University of California, Santa Barbara**, Santa Barbara, CA  
Doctor of Philosophy in Counseling, Clinical, and School Psychology  
Secondary Emphasis: Quantitative Methods in Social Sciences  
Advisor: Tania Israel, PhD

2014-2017      **Beijing Normal University**, Beijing, China  
Master of Education, Human Sexuality and Counseling

2010-2017      **Nanchang University**, Jiangxi, China  
Bachelor of Science, Applied Psychology

**Languages**      Mandarin Chinese (native proficiency) and French (conversational)

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## Professional Training

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2024 July      **Institute for Sexual and Gender Minority Health and Well-being at Northwestern University**. Summer intensive program in intersectional BIPOC sexual and gender minority-focused HIV Science

2013-2014      **Richard J. Donovan State Prison**, San Diego, CA  
Clinical Psychology Pre-Doctoral Internship  
Specialty Rotations: LGBTQ Health & Sex Offender Treatment

05/2021-  
09/2022      **Applied Research and Policy Fellow**, APIA Scholars, Washington D.C.

04/2025-  
04/2027      **Mindfulness Meditation Teacher Certification Program**, UC Berkeley Greater Good Science Center & Sounds True Foundation

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**GRANT FUNDED RESEARCH**


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1. Co-investigator (PI: Dr. Greg Hajcak)

***A randomized controlled trial of digital mental health application and telehealth-based peer counseling to reduce depression in LGBTQ+ youth***

Sponsor: California Initiative to Advance Precision Medicine Grant

Total amount: \$3,000,000

Period: 09/2024-08/2027

The project evaluates two promising online approaches—a novel digital application and telehealth-based peer counseling—tailored for LGBTQ+ youth to reduce their experiences of depression. The intervention strategies will focus on a) increasing resilience to LGBTQ+ stress by helping youth externalize and reduce internalized forms of stigma and related stress; b) decreasing negative emotions through emotional regulation, and c) increasing positive emotions through rewarding activities.

2. Consultant (PI: Dr. Shufang Sun)

***Engaging vulnerable women in HIV prevention and health promotion through a stigma-reduction intervention: A pilot study***

Sponsor: Fogarty International Center/National Institute of Health

Total amount: \$597,938

Period: 08/2024-07/2027

Grant aims to develop and test a mobile-health based, stigma reduction and acceptance-focused, peer-delivered gender affirmation intervention for Chinese transfeminine women and engage them in HIV prevention via promoting mental and sexual health. This research will evaluate gender affirmative care as an HIV prevention strategy for transgender women in the region.

3. Principal investigator (Co-PI: Dr. Shauna Shapiro)

***A pilot study and randomized controlled trial of mindful self-compassion intervention for queer men of color***

Sponsor: Santa Clara University

Total amount: \$ 20,000

Period: 08/2024-07/2026

Grant aims to address mental health disparities facing queer men of color (QMOC), by conducting two research projects. The first is to qualitatively understand QMOC's intersectional stress and challenges with self-compassion. The second is to design a tailored online intervention to increase their psychological well-being and self-compassion, modeled after the empirically validated 8-week intervention by Neff and Germer (2013).

4. Principal investigator (Co-PI: Dr. Gon Ratanashevorn)

***Marriage equality and psychological well-being in lesbian, gay, bisexual, and transgender adults in Thailand***

Sponsor: Santa Clara University

Total amount: \$ 3,000

Period: 05/2024-12/2025

The study aims to understand the psychological well-being of lesbian, gay, bisexual, transgender, non-binary, and queer adults living in Thailand, their mental health (e.g., depression), experiences with stigma and discrimination, as well as the longitudinal impacts of the processes to legalize same-sex marriage in Thailand on their psychosocial health.

5. Principal investigator

***Bisexuals living in Chinese cultures: Characteristics, internalized stigma, and mental health risks***

Sponsors/Awards: Dissertation Research Award, American Psychological Association (APA)

Science Directorate (\$5,000); Bisexual Foundation Scholarship Award, Society for Psychology of Sexual Orientation and Gender Identity, APA (\$1,000)

Total amount: \$ 6,000

Period: 07/2022-08/2024

Grant-funded research uncovered sexual identity development and investigated the psychiatric risks for bisexual people across mainland China, Hong Kong, and Taiwan by examining ecologically informed factors at the individual, family, and community levels. In addition, this was the first study to examine latent profiles of bisexuals' experiences with both internalized binegativity and internalized homonegativity.

6. Principal investigator

***Measuring internalized binegativity and its association with mental health risks among bisexuals in Mainland China, Hong Kong, and Taiwan***

Sponsors/Awards: APA Division 17 & APF Counseling Psychology Grant (\$1,000); Anastasi Graduate Student Research Award, Society for International Psychology, APA (\$300); Graduate Student Outstanding Research Award, International Section, Society of Counseling Psychology, APA (\$400); Graduate Student Research Award, Section on Lesbian, Bisexual, & Trans Concerns, Society for the Psychology of Women, APA (\$500); CRN Rainbow Scholarship, Chinese Rainbow Network (\$1,000)

Total amount: \$3,200

Period: 01/2020-06/2022

Grant developed a conceptual framework for internalized binegativity (IB) in the Chinese culture and the first Chinese-language measure to assess IB for Chinese bisexual people. This measure could be used to further research on the identification and prevention of IB for bisexuals living in Chinese cultures and beyond.

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**AWARDS & FELLOWSHIPS**


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2024	Mindfulness Meditation Teacher Certification Program, Sounds True Foundation (\$8,700)
2024	Dissertation Research Award, American Psychological Association (APA) Science Directorate (\$5,000)
2024	Anastasi Graduate Student Research Award, Society for International Psychology, APA (\$300)
2024	Doctoral Student Travel Grant, UC Santa Barbara (\$900)
2019-2023	Regents Fellowship, UC Santa Barbara (\$58,000)
2022-2024	Scholar, Society for Psychoanalysis and Psychoanalytic Psychology, APA
2023	Individualized Professional Skills Grant, UC Santa Barbara (\$1,200)
2023	Graduate Slam Finalist, UC Santa Barbara (\$1,000)
2023	Students and Psychologists of Color Travel Grant, APA (\$300)
2023	Doctoral Student Travel Grant, UC Santa Barbara (\$1,500)
2022	Gale and Richard Morrison Fellowship, UC Santa Barbara (\$1,500)
2022	Convention Poster Award, Division of International Psychology, American Psychological Association (APA)
2022	Trainee Scholarship for the 40 <sup>th</sup> GLMA Annual Conference on LGBTQ Health, GLMA
2021-2022	Applied Research and Policy Fellowship, APIA Scholars (\$9,000)
2021	Graduate Student Outstanding Research Award, International Section, Society of Counseling Psychology, APA (\$400)
2021	Graduate Student Research Award, Section on Lesbian, Bisexual, & Trans Concerns, Society for the Psychology of Women, APA (\$500)
2020	CRN Rainbow Scholarship, Chinese Rainbow Network (\$1,000)
2020	Graduate Student Internship Fellowship, UCSB (\$2,000)
2021	Doctoral Student Travel Grant, UC Santa Barbara (\$900)

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**PUBLICATIONS**


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\*Names with asterisks indicate mentored students. Senior authorship is underlined.

Peer-reviewed publications

1. **Wei, C.**, Nylund-Gisbon, K., Israel, T., (2025) Latent profiles of Chinese bisexual individuals: Affirmation, dissonance, and psychosocial health outcomes. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000802>
2. \*Pu, Y., Sun, S., **Wei, C.**, Xu, W. (2025) Endorsement of Confucianism and Depressive Symptoms Among Chinese LGB Individuals: The Role of Proximal Processes and Outness. *Psychology of Sexual Orientation and Gender Diversity*. Advance online publication. <https://doi.org/10.1037/sgd0000808>

3. **Wei, C.**, Israel, T., (2025) Psychiatric symptoms, risk and protective factors among bisexual people in mainland China, Hong Kong, and Taiwan. *LGBT Health*. 12(3), 193-203. <http://doi.org/10.1089/lgbt.2023.0428>
4. Liu, F., **Wei, C.**, Chen E., Lu R. (2024) Unveiling the Effect of Internalized Heteronormativity on Heterosexual Self-Presentation and Heterosexual Marital Intention: The Moderating Role of Masculinity Contingency. *Psychology of Men and Masculinities*. Advance online publication. <https://doi.org/10.1037/men0000516>
5. **Wei, C.**, Israel, T. (2023) The Chinese internalized binegativity scale: Measure development and cultural adaptation. *Journal of Counseling Psychology*, 70 (6), 657-670. <https://doi.org/10.1037/cou0000707>
6. **Wei, C.** & Liu W. (2019). Coming out in Mainland China: A national survey of LGBTQ students, *Journal of LGBT Youth*, 16(2):192-219. <https://doi.org/10.1080/19361653.2019.1565795>
7. Liu, W., **Wei, C.**, & Liu C. (2017). Moral development and education of children: A perspective on the brain and cognitive neuroscience. *People's Education*, 1, 68-71. In Chinese. <http://www.cnki.com.cn/Article/CJFDTOTAL-RMJY201701025.htm>
8. Liu, W. & **Wei, C.** (2016). Responding to school bullying: What can we do? *People's Education*, 11, 59-63. In Chinese. <http://www.cnki.com.cn/Article/CJFDTOTAL-RMJY201611015.htm>
9. Liu, W., **Wei, C.** & Rao H. (2015). The critical importance of sufficient sleep for children's physical and emotional development. *People's Education*, 20, 32-37. In Chinese. <http://www.cnki.com.cn/Article/CJFDTOTAL-RMJY201520030.htm>
10. **Wei, C.** & Liu W. (2015). The association between school bullying and mental health of sexual minority students. *Chinese Journal of Clinical Psychology*, 23(4), 701-705. In Chinese. <http://doi.org/10.16128/j.cnki.1005-3611.2015.04.030>

#### Conference paper

1. **Wei, C.** & Liu W. (2015, May). *Inclusive school climate has a positive impact on the mental health of LGBT students in mainland China: Online survey evidence*. *International Journal of Psychology*, 51:1005-1006.

#### Books

1. Liu, W., **Wei, C.**, and Guo L. (2018). *Good Secrets, Bad Secrets*. One of nine picture books in *Cherish Life: Sexual Health Education Picture Books for Children*. Beijing: Beijing Normal University Publisher. In Chinese.

2. Liu, W., Hu Y., Wang S., Lai Z., **Wei, C.**, Xiao Y., Liu S., Lu M., Sun T., Guo L., Liu J., Li Y. (Eds.). (2018) Nine picture books in *Cherish Life: Sexual Health Education Picture Books for Children*. Beijing: Beijing Normal University Publisher. In Chinese.

#### Other publications

1. **Wei, C.** (2022). Internalized binegativity and mental health impact. In *The visible invisibility: A handbook on bisexuality and pansexuality*. r&B. In Chinese.
2. Gray, H. & **Wei, C.** (2019-6-10). Painting the way forward. *Bangkok Post*.  
<https://www.bangkokpost.com/life/social-and-lifestyle/1692460/painting-the-way-forward>
3. **Wei, C.** & Liu W. (2017). Invisible pain: The characteristics and harmful impacts of homophobic verbal bullying. Beijing: Aibai Culture & Education Center. In Chinese.
4. **Wei, C.** (2016, February 1). Implementing the Four Basic Rights of Children in the Family. *Chinese Family Education*. In Chinese.
5. **Wei, C.** (2015, December 1). Implementing Children's Sexual Rights in the Family Environment. *Chinese Family Education*. In Chinese.

#### Manuscripts under review

1. **Wei, C.**, F. Liu, X. Zhou, B. Y. Lin, W. Deng, Xie, H., When cultural and sexual identities collide: Intersectional stress and psychosocial health among Chinese lesbian, gay, and bisexual immigrants in the United States.
2. **Wei, C.**, Israel, T., Esopo, K., Valadez, M. A., Chin, J., & Smith, N., Therapists' experiences working with bisexual clients: A multi-national investigation.
3. \*Li, S., **Wei, C.**, Pu, Y., Xu, W., Interpersonal discrimination, psychological processes, and depression among Chinese sexual minority individuals: A network analysis study
4. \*Zhang, S., Wu, W., Yao, X., Tan, K., **Wei, C.** Identity centrality as a double-edged sword: Mental health mechanisms among lesbian/gay and bisexual university students in China

#### Manuscripts in preparation

1. **Wei, C.**, Ratanashevorn, G., Ojanen, T., Lattanner., M., Chan, R. C. H., Feldman, D. Structural Progress, Social Stress: Negative Messaging and Psychosocial Health After Marriage Equality in Thailand
2. **Wei, C.**, Wei, T., Cheung, H., Sun, S., Chen, J. 'I basically spend every day mending these traumas': Conversion practice experiences among Chinese transgender and non-binary individuals and implications for gender affirming interventions

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**INTERNATIONAL & NATIONAL PRESENTATIONS**


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1. \*Li, S., **Wei, C.**, Pu, Y., Xu, W. (June 2025). *Interpersonal Discrimination, Psychological Processes, and Depression among Chinese Sexual Minority Individuals: A Network Analysis Study*. Poster presentation at the International LGBTQ+ Affirmative Practices Conference. Hong Kong, China.
2. **Wei, C.**, Wei, T. (May 2025). 'They treated me like a monster': Conversion practice experiences, impacts, and coping among transgender and non-binary individuals in China. Presentation at the National Transgender Health Summit. San Francisco.
3. **Wei, C.**, F. Liu, X. Zhou, B. Y. Lin, W. Deng, Xie, H. (March 2025). *When cultural and sexual identities collide: Intersectional stress and psychosocial health among Chinese lesbian, gay, and bisexual+ immigrants*. Presentation at the Society for Behavioral Medicine Conference. San Francisco.
4. **Wei, C.**, Wang, K., Chen, R, Sun, S. (2023 August). *Initiating gender-affirming care in China: Individual, familial, and social factors*. In Guy, A., symposium: Mental health and affirmative care needs of transgender and gender nonconforming people in China. Presentation at the American Psychological Association Convention, Washington D.C.
5. **Wei, C.**, Israel, T. (2023 August). *Risk and protective factors for bisexual mental health in Mainland China, Hong Kong, and Taiwan*. In Leget, D. & McCabe, E.A., *Bisexual Issues Committee Symposium: Risk and resilience in the bisexual+ community*. American Psychological Association 2023 Conference. Washington, D.C.
6. **Wei, C.**, Israel, T. (2023 August). *Psychosocial risks for the bisexual community: Voices from three Chinese regions*. Presentation at the 2023 Clinical and Counseling Psychology Academic Conference, Chinese Psychological Society. Zhuhai, China.
7. Wang, K., **Wei, C.**, Chen, R, Sun, S. (2023 May). *Risk and Protective Factors for Suicidal Behaviors Among Transgender and Gender Non-Conforming Youth in China: A Multilevel Analysis*. Poster presentation at the 2023 Society for Prevention Research Annual Conference, Washington, D.C.
8. Wang, K., **Wei, C.**, Chen, R, Sun, S. (2023 April). *Exploring Suicidal Behaviors Among Transgender and Gender Nonconforming Youth in China*. Poster presentation at the 2023 Association for Psychological Science Conference, Washington, D.C.
9. **Wei, C.**, Israel, T. (2022 August). *The impact of internalized binegativity on depression and anxiety among bisexuals living in Chinese cultures*. Poster presented at the American Psychological Association Convention, Minneapolis, MN.

10. **Wei, C.**, Israel, T., Esopo, K., Valadez, A. M., Chin, J., & Smith, N. G. (2021 August). *Therapists' experiences with bisexual clients: A multi-national investigation*. Poster presented at the American Psychological Association Convention, San Diego, CA, Virtual.
11. Israel, T., Esopo, K., Chin, J., Valadez, A. M., **Wei, C.**, & Cerezo, A. (2021 August). *RISE Up: Implementation of an Online Intervention for Sexual and Gender Minorities*. Poster accepted at the American Psychological Association Convention, San Diego, CA, Virtual.
12. **Wei, C.**, & Israel, T. (2021 August). *Measuring internalized binegativity and its association with mental health risks among bisexuals in Mainland China, Hong Kong, and Taiwan*. Presentation in *Privat J., Bisexual Issues Committee Symposium: Bi+ intersections*. Presentation at the American Psychological Association Annual Convention. San Diego, CA, Virtual.
13. **Wei, C.**, Israel, T., Liu W. (2021 April). *Family, school, or community, which matters? Social support and the mental health of Chinese LGBTQ students*. Presentation in Kosciw, J. (GLSEN), symposium: *Building a global understanding of LGBTQ youth and schools: Asia, Latin America, and Eastern Europe*, at the Society for Research in Child Development 2021 Virtual Biannual Meeting.
14. **Wei C.**, Israel T. (2020 August). *Chinese measures of sexual and gender minorities' stress and social attitudes*. Poster accepted at the American Psychological Association Convention. Washington, DC., USA.
15. Valadez, A. M., Esopo, K., **Wei, C.**, Israel, T., Smith, N. G., & Cerezo, A. (2020 July) Integrating bisexuality into clinical research and practice: International considerations. Roundtable accepted at the 32<sup>nd</sup> International Congress of Psychology. Prague, Czech Republic. Conference canceled.
16. Valadez A., Escopo K, **Wei C.**, Israel T., Cerezo A. (2020 April). *Testing the efficacy of an online intervention for sexual orientation conflicted individuals*. Poster accepted at the 2020 Counseling Psychology Conference. New Orleans, USA. Conference canceled.
17. Gary, H., & **Wei, C.** (2019, March). *LGBTQ-inclusive data collection in education sections*. Presentation at United Nations Educational, Scientific, and Cultural Organization (UNESCO) Asia-Pacific Bureau for Education, Bangkok, Thailand
18. **Wei, C.**, & Liu W. (2018, July). *Homophobic bullying and coping strategies of positive Chinese gay students*. Presentation at the British Psychological Society, Psychology of Sexualities 20th Anniversary Conference 1998-2018: Reflecting Back, Looking Forwards. London, United Kingdom.



19. **Wei, C., & Liu W.** (2016, July). *Coming out, school climate and mental health of sexual minority students in Mainland China*. Poster presented at the 31st International Congress of Psychology, Yokohama, Japan.
20. **Wei, C., Liu W.** (2016 August). *Homophobic Verbal Bullying and Coping Strategies of Positive Chinese Gay Students*, Presentation in Kosciw, J. (GLSEN), symposium: *Do Sexual Orientation and Gender Matter for Schools? Insights and Implications from Three Asian Countries*. The 16<sup>th</sup> World Congress of comparative Education Societies, Beijing, China.
21. **Wei, C., Liu W.** (2015 May). *Inclusive school climate has a positive impact on the mental health of LGBT students in mainland China: Online survey evidence*. Presentation at the Researching Sex and Sexualities conference. University of Sussex, Brighton, the United Kingdom.

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## INVITED PROFESSIONAL PRESENTATIONS

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1. **Wei, C.** (2024 November). Presentation as a panelist at the *Faculty job applications for Chinese psychologists in China and the United States*. the Association of Chinese Helping Professionals. Virtual seminar.
2. **Wei, C.** (2021 November). *Multicultural and LGBT-affirming approach for a queer person of color with complex trauma*. Invited presentation for a professional development training session at the Trauma Recovery Center at the University of California, San Francisco, CA, Virtual.
3. **Wei, C.** (2021 March). *Sexuality education around the globe: Experiences from the United Nations Educational, Scientific, and Cultural Organization*. Presentation at the Gender & Sexuality Month 2021 online event at the University at Albany, NY.

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## TEACHING EXPERIENCE

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### Instructor of Record

2024-Present	<b>Group Counseling</b> <b>Human Sexuality</b> <b>The Foundations of LGBTQ+ Psychology</b> Graduate courses, Santa Clara University
2022	<b>Helping Relationships: Theory &amp; Practice</b> Undergraduate course, hybrid, University of California, Santa Barbara
2021	<b>Educational and Vocational Guidance</b>

Undergraduate course, online, University of California, Santa Barbara

#### Teaching Assistant

2022-2023 **Asian American Gender and Sexuality**

Undergraduate course, in-person, University of California, Santa Barbara

**Bisexuality: From Margin to Center**

Undergraduate course, online, University of California, Santa Barbara

**Research in Applied Psychology**

Undergraduate course, in-person, University of California, Santa Barbara

2021&2022 **Introduction to the Research University**

Undergraduate course, online, University of California, Santa Barbara

2021 **Psychology of Gender**

Undergraduate course, online, University of California, Santa Barbara

**Positive Psychology**

Undergraduate course, online, University of California, Santa Barbara

**Helping Relationships: Theory & Practice**

Undergraduate course, online, University of California, Santa Barbara

2020 **Introduction to Educational and Vocational Guidance**

Undergraduate course, online, University of California, Santa Barbara

2015 **Sexual Development and Education of Children**

*Graduate course*, in-person, Beijing Normal University

2014&2015 **Human Sexuality**

Undergraduate course, in-person, Beijing Normal University

#### Teaching Training

2022-2023 **Community of Practice: Course Design for Equity**

Office of Teaching and Learning, University of California, Santa Barbara

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### GLOBAL PROFESSIONAL EXPERIENCE & COMMUNITY SERVICES

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03/2005- **Santa Clara University LGBTQ+ Equity, Justice and Belonging Working Group**

- ◆ Address campus policy and practice issues to create a comprehensive, systems-based, welcoming and inclusive environment at SCU by and for LGBTQ+ and nonbinary students, faculty, staff, and alumni.

- 05/2021-09/2022      **Applied Research and Policy Fellow, APIA Scholars, Washington D.C.**
- ◆ As a fellow, investigated the mental health of AANHPI students, including LGBTQ individuals, and co-authored a policy brief on promoting their well-being amid rising hate crimes against AAPI communities. In addition, received policy-oriented research training from prominent AANHPI scholars and policymakers at state and federal levels.
- 2019-2021      **Co-director, LGBTQ Community Support Hotline, Chinese Rainbow Network**
- ◆ Co-led the establishment of the first support hotline to serve Chinese LGBTQ individuals in North America – conducted a needs assessment and secured a clinical consultant for capacity building.
  - ◆ Coordinated and helped facilitate weekly virtual support groups for overseas Chinese LGBTQ individuals.
  - ◆ Directed professional capacity-building for a team of 16 hotline volunteers with a licensed clinical psychologist.
- 2021-      **Theater Facilitator & Actor, New York City Queer Playback Theater**
- ◆ Provide virtual playback theater performances to serve queer and trans communities who witness and share their stories, as well as foster healing and belonging.
- 2020      **Consultant, Gay and Lesbian Campus Association of China**
- ◆ Developed a manual for Chinese teachers about education on gender equality and the prevention of school bullying based on sexual orientation, gender identity, and/or expression.
- 2018-2019      **Sponsored Program Trainee, Section of Inclusive Quality Education, United Nations Educational, Scientific, and Cultural Organization (UNESCO) Bangkok, Thailand**
- ◆ Supported the launch of the International Guidance on Sexuality Education, partnering with the Thai Ministry of Education.
  - ◆ Supported the coordination of the 5th Asia-Pacific Meeting on Education 2030, which involved ministry-level education representatives from 47 Member States.
  - ◆ Co-coordinated a creative art campaign to promote a safe and inclusive school climate for LGBTI learners in the Asia-Pacific with 17 LGBTI and ally artists from 8 Asian countries; reached nearly 4 million people on social media.
  - ◆ Drafted a research summary report for the joint project between Education International and UNESCO that surveyed 588 teachers' attitudes toward sexual and gender diversity in Australia, India, Mongolia, Nepal, and the Philippines.
- 2017-2018      **Sponsored Program Trainee, Section of Education for Inclusion and Gender Equality, UNESCO Headquarters in Paris, France**

- ◆ Reviewed and provided critical inputs to biannual work plans submitted by more than 50 education sectors from global offices, to implement gender equality priorities globally.
- ◆ Promoted gender-responsive science, technology, engineering, and mathematics (STEM) education by training gender-responsive teachers based in more than 15 African countries, by preparing training materials and program evaluation.
- ◆ Contributed to the project of defining, measuring, and promoting gender-transformative skills for women and girls in the digital age by editing policy briefs, concept notes, and investigating international/national strategies and interventions.

2015-2017 **Founder, Beijing Radical Faeries Network**

- ◆ Organized three international multiple-day gatherings with 20+ queer individuals from Canada, Chile, China, Italy, Thailand, the UK, and the US in Beijing.
- ◆ Led monthly psychologically supportive groups (a “Heart Circle”) for the LGBT community in Beijing.
- ◆ Involved in the Radical Faeries network in England, France, and Thailand to share community organization and advocacy experiences from China

Summer 2014 **Leader Assistant, Green Leaders Adventure, Cambodia & China**

- ◆ Coordinated a team of 45 Chinese youths to do volunteer construction work in Siem Reap, Cambodia.
- ◆ Co-supervised the process of building 1 cafeteria and decorating 2 classrooms for a local Cambodian primary school.

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## CLINICAL EXPERIENCE

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2023-2024 **Clinical Psychology Intern, Richard J. Donovan State Prison, San Diego, CA**

*Supervisors: Kristin Francis, PsyD; Seneca Sharp, PhD; Joseph Slimowicz, PsyD.*

- ◆ Provide individual and group interventions and assessments to historically marginalized adult inmate patients with severe mental illness at the largest mental health team in CA correctional system.
- ◆ LGBTQ Health rotation: Provided individual and group therapy for LGBTQ individuals, and support transgender women of color navigate gender affirming care in the prison system.
- ◆ Sex Offender rotation: Provide individual psychotherapy services to sex offenders.

2022-2023 **Santa Barbara Rescue Mission, Santa Barbara, CA**

*Supervisor: Pilar Sumalpong, PhD*

- ◆ Provide individual psychotherapy services to adult patients with substance use disorders at a yearlong residential treatment program accredited by the American Society of Addiction Medicine.
- ◆ Deliver dialectical behavioral therapy (DBT) based group therapy, mindfulness-based group therapy, as well as process-oriented group therapy to underserved adult patients with co-occurring mental health challenges.

2021-2022 **Aurora Vista del Mar Psychiatric Inpatient Hospital, Ventura, CA**

*Supervisor: Pilar Sumalpong, PhD*

- ◆ Provided clinical evaluation, intake, and intervention services as part of a interdisciplinary team with psychiatrists, nurses, social workers, and recreational therapists.
- ◆ Assessed racially/ethnically diverse adolescents, adults, and LGBTQ youths to identify treatment goals and support discharge planning.
- ◆ Provided brief, crisis, and group intervention services informed by trauma theories, mindfulness, and DBT curricula.

2021-2022 **Mind and Behavior Assessment Clinic (MBAC), Santa Barbara, CA**

*Supervisor: Miriam Thompson, PhD*

- ◆ Provided comprehensive neuropsychological assessment using a collaborative assessment model to queer and trans clients.
- ◆ Completed assessments across various domains of functioning and completed comprehensive reports presented to the patient in a collaborative feedback session.

2020-2021 **UC Santa Barbara Counseling & Psychological Services**

*Supervisors: Juan Riker, PhD; Dana Campagna, PhD*

- ◆ Conducted intake assessment and short-term individual psychotherapy services to graduate and undergraduate students utilizing acceptance and commitment therapy (ACT)- and DBT-informed treatment models.
- ◆ Clients included racially/ethnically diverse students, international students, and queer and trans students who presented with complex trauma, cultural adaptation, eating disorders, anxiety, depression, and queer/gender identity development issues.

2020-2021 **Trauma, Adversity, Resilience & Prevention Program, Hosford Counseling and Psychological Services, Santa Barbara, CA**

*Supervisor: Maryam Kia-Keating, PhD*

- ◆ Delivered weekly trauma-informed outpatient psychotherapy services to adults at a university clinic using psychodynamic and DBT-informed treatment models.
- ◆ Collaborated with Santa Barbara Neighborhood Clinic to implement ACEs screening and provide trauma-informed prevention services to parent patients who have high ACEs scores.

- ◆ Clients included primarily trauma-exposed low-income racial/ethnic minority, sexual and gender minority individuals, and families.

- 2019-2020     **Hosford Counseling and Psychological Services, Santa Barbara, CA**  
*Supervisor: Steve Smith, PhD*
- ◆ Delivered weekly outpatient psychotherapy services to adults utilizing psychodynamic and ACT-informed treatment models.
  - ◆ Conducted intake assessments for clients with various psychological disorders including anxiety, depression, and PTSD.
- 2016-2017     **Beihang University Counseling Center, Beijing, China**  
*Supervisor: Wei Wang, M.A.*
- ◆ Provided short- and long-term individual therapy to graduate and undergraduate students using psychodynamic treatment models.
  - ◆ Provided crisis intervention to students who experienced sexual assault on campus.
- 2015-2016     **Psychological Counselor, Beijing LGBT Youth Network**  
*Supervisor: Wei Wang, M.A.*
- ◆ Provided short-term individual therapy and family therapy to sexual minority clients using psychodynamic treatment models.

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#### CLINICAL TRAINING (SPECIFIC MODALITY)

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- 03/2025-  
*Present* Tara Brach & Jack Kornfield  
 UC Berkeley Greater Good Science Center
- 10/2023-  
 04/2024     **Mindfulness-based stress reduction teacher training program**  
 UC San Diego Center for Mindfulness
- 2022-2023     **Eightfold path liberation program, Insight Medication Center**  
 Redwoods City, CA
- 2022     **Using EMDR to treat trauma**, 16 hours (2-day online training)  
 Megan Boardman, LCSW
- 2021     **Cognitive behavioral therapy for trauma-related Nightmares**, 6.5 hours  
 Joanne L. Davis, Ph.D., University of Tulsa, Oklahoma
- 2020     **Systems-centered training group therapy workshop**, 3 hours  
 Susan Gantt, Ph.D., Emory University, Atlanta
- 2017     **Narrative psychotherapy training**, 24 hours (3 days)

Wu Xijuan, Ph.D., Siyuan Psychological Counseling, Beijing, China

2017 **Irvin Yalom group psychotherapy training**, 24 hours (3 days)  
Mei Li, M.D., Yalom Institute of Psychotherapy, Beijing, China

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#### AD-HOC REVIEWING & PROFESSIONAL SERVICE

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2023-  
Present Ad hoc reviewer for the *American Journal of Public Health*, *Journal of Counseling Psychology*, *LGBT Health*, *Psychology of Sexual Orientation and Gender Diversity*, *Journal of Homosexuality*, *Sexuality Research and Social Policy*, *International Journal of Mental Health Systems*, *Behavioral Sciences*, *European Journal of Education*, *European Journal of Health Psychology*, *Sexual and Reproductive Health Matters*, *Sexuality Research and Social Policy*, and *Diversity & Inclusion Research*

2024 Reviewer for American Psychological Association 2024 annual convention session proposals

2024 Reviewer for Chinese Rainbow Network Scholarship finalists

2023 Reviewer for the *2023 Early Career Award*, Health Psychology Section, Society of Counseling Psychology

2022-2023 Policy and Applied Work Student Officer, Society for the Psychological Study of Social Issues

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#### PROFESSIONAL AFFILIATIONS

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Society for Prevention Science  
Society for Behavioral Medicine  
Society for the Psychological Study of Social Issues  
Society for International Psychology  
Society for Psychotherapy Research  
Society of Counseling Psychology  
Society for Psychoanalysis and Psychoanalytic Psychology  
Society for the Psychological Study of Culture, Ethnicity, and Race  
Association of Chinese Helping Professionals and Psychologists International (ACHPPI)