There will be an all day mandatory Saturday meeting on Feb 8, 2013 9:- 5:30. All other class. meetings are Tuesdays 5:30 – 8:30pm. No classes are scheduled for 2/5; 2/26 and 3/12 (this could change depending on progress)

• TEXTS: Conyne  *Group Work Leadership*

  Shapiro, Peltz & Bernadett-Shapiro  *Brief Group Treatment* (Review book)

  For further reading (optional): Conyne: *Oxford Handbook of Group Counseling*

This seminar-style course is designed for a small number of students who wish to learn and practice leadership skills in group therapy and counseling settings. It is hoped that each student taking the course will have the opportunity to have some "hands-on" group experience. It will be possible for students who complete this course to co-lead pre- groups in future terms.

**COURSE REQUIREMENTS:**
1) Participate in a videotaped marathon group session (Feb. 8, 2012).

2) participate in class discussions of this group with regard to leadership issues, co-leadership, and in role playing and videotaping in class.

3) Write two five page papers (Double spaced).

Paper 1) Choose any group therapy or group counseling text that were not assigned in CPSY 219 or 389 and do a professional evaluative book review. For examples, you may want to look at book reviews in *PsyCritiques, Contemporary Psychology* or similar journals. The review should be descriptive and evaluative. Paper Due 3/5

Paper 2) Describe in detail a group that you would like to do in a practicum or other professional setting. Be sure to cite at least a few studies that show why this would be a good idea with the place and population. Paper Due 2/19

**COURSE GRADE:** 20% of the grade will be based on the grade for each paper; 60% of the grade will be based on class participation and the application of course constructs to our real group.

**Readings**
Reading: Try to read as much as possible before the marathon. Please read the Yalom Chapter on *A Therapeutic Factors* and Conyne (Brief Groups (on Camino) the first week. In February and March, please pick and choose the order for reading other chapters, but read them all. Focus on those that are of particular interest for you personally.