

## **CPSY 318: Clinical Assessment I**

Santa Clara University  
Spring 2014  
Wednesdays, 5:30 – 8:30 pm  
Loyola 131

Instructor: **Cary M. Watson, Ph.D.**  
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Office Hours: Tuesdays 2:00 – 5:00 pm or by appointment

### Course Description:

This course is intended to provide students with a base knowledge of psychopathology. We will discuss the phenomenology, essential features, classification, epidemiology, course, treatment implications, and possible etiological and maintaining factors associated with the most common forms of abnormal behavior. This course has two primary goals: (1) to enable students to make accurate and informed diagnoses of abnormal behavior and (2) to promote critical thinking around such issues as the concept of disorder, the classification of psychopathology, and psychopathology research and theory. The DSM-5, or Diagnostic and Statistical Manual for Mental Disorders, is the major classification system used by mental health professionals. The main focus of the course will be on the most prevalent forms of psychopathology and on current empirical findings and conceptual models regarding such disorders. Because we only have ten weeks, and because there are other opportunities in the program to cover specific categories of diagnosis, we will not cover all of the disorders listed in the DSM.

### Course Requirements:

Class meetings will emphasize lectures designed to provide a broad overview of the topic for that class, as well as discussions of the assigned readings. It is therefore essential that you do the readings before the class for which they are assigned, including textbook and DSM reading. Please note that supplementary readings are listed as “optional”.

Written assignments will include 1) weekly reading notes covering the week’s topics, 2) a midterm exam, 3) a final exam, and 4) a final group project that will include a presentation and a paper. Details on all assignments in the section on Grading Criteria.

### Grading Criteria:

Your course grade will be calculated as follows:

**15%.....Class Participation**—Instructor’s appraisal of student’s level of involvement in class discussions, including participation in regular case examples / diagnostic exercises you will do in dyads. Attendance at all class meetings is expected.

**15%.....Weekly Check-Ups**—Each week you will produce reading notes covering the week’s reading assignment. The notes will not be graded; you will receive a plus, check, or minus for completion of the assignment. Late notes are accepted, but will be marked down according to how late they are. You will turn in notes starting week 2 (totaling 7); there are no notes expected for the first week’s topic.

**25%.....Midterm**— At the end of class on April 30 (week 5), covering all material from Weeks 1-4

25%.....Final Exam—June 4 (week 10), covering all material from Weeks 6-9

20%..... Final Project—Due Week 11, Final Exam week (June 11). Groups will be made up of 3 people. More details to come in a separate hand-out.

Required Texts:

American Psychiatric Association (2013). *Diagnostic and Statistical Manual of Mental Disorders, 5<sup>th</sup> edition*. ("DSM-5").

Kring, A., Johnson, S., Davison, G. & Neale, J. (2013). *Abnormal Psychology, 12<sup>th</sup> ed.* Wiley. (KJDN)

\* Make sure your edition of the textbook contains the "DSM-5 update"

Additional readings available on Camino

Recommended Readings:

Jamison, K.R. (1995). *An Unquiet Mind*. Knopf.

Nolen-Hoeksema, S. (2006). *Eating, Drinking & Overthinking*. Henry Holt & Co.

Styron, W. (1990). *Darkness Visible*. Random House.

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## Course Outline

April 2 Week 1	Introduction to Course: Defining Disorder Intro to Clinical Assessment Intro to the DSM Mental Status Exam	DSM: Intro (pp. 5-17) ( <i>optional</i> ) DSM: Use of the Manual (pp. 19-24) DSM: Cultural Formulation (pp.749-759) KJDN: Chapters 1-4 (skim)
April 9 Week 2	Schizophrenia Spectrum Disorders	DSM pp. 87-122 KJDN: <b>Chapter 9</b> NYT article: "With Medication & Determination..." ( <i>optional</i> )
April 16 Week 3	Bipolar & Depressive Disorders Suicidal Behavior & Non-Suicidal Self-Injury	DSM pp. 123-188 KJDN: <b>Chapter 5</b> Monitor article: "Probing the depression-rumination cycle" Jamison, "Psychotherapy of Bipolar Patients" (1993) ( <i>optional</i> )
April 23 Week 4	Anxiety & Obsessive-Compulsive Disorders	DSM pp. 189-264 KJDN: <b>Chapters 6-7</b> (pp. 201-213) Lehman (1995): "The darker side of clean" ( <i>optional</i> )

*April 30*  
Week 5

**MIDTERM EXAM** (Weeks 1-4)

*May 7*  
Week 6

Trauma and Stress-Related Disorders  
Dissociative & Somatoform Disorders

DSM pp. 265-327  
KJDN: **Chapters 7** (pp. 214-223)-**8**

*May 14*  
Week 7

Feeding & Eating Disorders  
Sleep-Wake Disorders

DSM pp. 329-354, 361-422  
KJDN: **Chapter 11**

*May 21*  
Week 8

Substance Use & Addiction  
Impulse Control Disorders

DSM pp. 461-589  
KJDN: **Chapter 10**  
Monitor article: "Cognition is  
central to drug addiction" (*optional*)  
Peele (2004): "The surprising truth  
about addiction" (*optional*)

*May 28*  
Week 9

Neurocognitive Disorders  
Personality Disorders

DSM pp. 591-684, 761-781,  
801-806  
KJDN: **Chapters 14-15**  
Readings on psychotherapy  
with Borderline patients (*optional*)

*June 4*  
Week 10

**FINAL EXAM** (Weeks 6-9)

*June 11*

*Final Exam Week*  
**\*\*Final Projects\*\***