

Syllabus for Counseling Psychology 330
Fall, Winter & Spring
MFT PrePracticum – 90 unit
Santa Clara University

Pre- Practicum Description: Practicum combines supervised experience doing psychotherapy and/or case management, in a clinical setting with group case conferencing at the University. Students will receive consultation from their practicum supervisor, and feedback from other students on their clinical cases. Practicum is intended to be a culminating experience where students are given the opportunity to begin to develop the professional competencies required of the marriage and family clinician.

Course Objectives:

1. The ability to conceptualize, operationalize, and actualize a treatment protocol in case management and/or clinical cases with individuals, couples and families.
2. Health and wellness promotion approaches and implementation.
3. To have a repertoire of therapeutic interventions that address issues of development, adjustment and maladjustment.
4. The ability to conduct an intake/evaluative interview
5. Maintaining complete, relevant case notes in a timely manner; completing all required paperwork, contacts, etc in a timely manner; contacting referral sources/other professionals involved in a timely manner, and sharing relevant information.
6. The appropriate use of judgment, and the ability to make a diagnosis using the classification system of the DSM-5.
7. To have knowledge of procedures most likely to be productive and effective in crisis situations, i.e., suicide, threat, homicidal threat, child/elder abuse, battered spouse, disabilities, including when hospitalization is appropriate.
8. Attending to culture and context in therapy; incorporating awareness of gender, race, ethnicity, abilities, language, sexual orientation, etc; integrating analysis of power and social justice/advocacy.
9. Knowledge of when and how to make a referral
10. Knowledge of auxiliary community services.
11. Being prepared for supervision/seeking and incorporating feedback from supervisor; being aware of own professional development and self as a therapist; maintaining a professional image, and professional boundaries.

It is highly recommended that practicum students be involved in individual or group therapy during the duration of the course.

Course Requirements:

1. Required paperwork to be turned into Jean Riney-Niewiadomski the last week of the quarter.
2. Mental Health Recovery-Oriented Care and Methods of Service Delivery in Recovery-Oriented Practice Environments to include :
 - ★ assessment, diagnosis and prognosis
 - ★ treatment planning
 - ★ issues of development, adjustment, and maladjustment
 - ★ health and wellness promotion
 - ★ mental health documentation and professional writing
 - ★ treatment of individuals, premarital, couple, family and children
 - ★ counseling interventions
 - ★ application of theory and psychotherapeutic techniques
 - ★ community resourcing
 - ★ case management