

**University of California, San Francisco**  
**CURRICULUM VITAE**

**Name:** Chase Anderson

**Position:** Assistant Professor of Clinical Psychiatry, Step 2  
Psychiatry  
School of Medicine

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**EDUCATION**

2007 - 2011	The Massachusetts Institute of Technology	S.B. Chemistry
2011 - 2013	The Massachusetts Institute of Technology	S.M. Biological Engineering
2013 - 2017	The Northwestern Feinberg School of Medicine	M.D.
2017 - 2020	The Massachusetts General Hospital/McLean Hospital	Psychiatry Residency
2020 - 2022	The University of California, San Francisco	Child and Adolescent Psychiatry Fellowship

**LICENSES, CERTIFICATION**

2020 Medical license A170303 with an expiration date of 09/30/2026

**PRINCIPAL POSITIONS HELD**

2023 - present	The University of California, San Francisco	Assistant Professor of Child and Adolescent Psychiatry	The Department of Psychiatry, Division of Child and Adolescent Psychiatry
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## OTHER POSITIONS HELD CONCURRENTLY

2023 - present	The University of California, San Francisco	Founding Medical Director of The Muses Program for Minoritized Youth	The Department of Psychiatry, Division of Child and Adolescent Psychiatry
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## HONORS AND AWARDS

2011	The Chemistry Research Award	The Massachusetts Institute of Technology
2011	The Senior Legacy Award	The Massachusetts Institute of Technology
2011	The Order of the Phoenix Award	Sigma Alpha Epsilon at The Massachusetts Institute of Technology
2013	Outstanding Resident Advisor Award	The Massachusetts Institute of Technology
2017	The Kenneth M. Viste Jr., MD, Student Service Recognition Award	The Feinberg School of Medicine
2021	Wasserman Education Award	North California Regional Organization of Child & Adolescent Psychiatry
2022	Health Professional Leadership Award	Building the Next Generation of Academic Physicians (BNGAP) - National LGBT Health Workforce
2022	The John A. Watson Dean's Diversity Scholarship	The University of California, San Francisco
2024	Advocacy Leader of 2024	The Sharp Index - An organization committed to reducing physician burnout and suicide

## KEYWORDS/AREAS OF INTEREST

Child and adolescent psychiatry, minority stress, LGBTQ+, minoritized, mental health, identity, and identity formation.

## CLINICAL ACTIVITIES

### CLINICAL ACTIVITIES SUMMARY

The Feinberg School of Medicine

- Learned the various aspects of medicine through the core rotations in the third year of medical school, including Surgery, Internal Medicine, Psychiatry, Neurology, Primary Care, and Ob/Gyn, all of which involved patient care
- In fourth year, completed required rotations involving patient care: Emergency Medicine, Intensive Care, Physical Medicine and Rehabilitation, and a Sub-Internship in Internal

## Medicine

- Participated in elective rotations including Child Psychiatry, Anesthesiology, Adult Infectious Diseases, and Pediatric Radiology
- Supported our class through the deaths of two classmates in our second year through work directly with classmates and faculty

## The Massachusetts General Hospital/McLean Hospital

- Supported patients from different backgrounds living with psychiatric diagnoses ranging from depression and anxiety to first-break schizophrenia, bipolar disorder, and substance use disorders
- Across several rotations, from Geriatric Psychiatry to our inpatient unit for patients living with psychosis, presented on topics involving LGBTQ+ healthcare and supporting diverse patients living with psychiatric illnesses
- Worked with patients in the emergency room, sometimes as their first point of contact with psychiatry, which involved discussions around their mental health and parameters of hospitalization
- Carried a panel of outpatient adults while also on inpatient rotations, and supported outpatients through medication management and psychotherapeutic modalities
- Co-lead a process group for LGBTQ+ individuals living with trauma, minority stress, and mental health diagnoses
- Led two presentations for the consult liaison service, one around narrative therapy and the other around minority stress
- With a colleague, created the first presentation about minority stress and how it affected our patients, staff, and people in America for one of our psychiatry units

## The University of California, San Francisco

- Collaborated with children, adolescents, and their families around their mental health diagnoses, possible medication choices, medication management, supportive measures including therapy, and psychoeducation
- Worked with children and adolescents living with psychiatric diagnoses ranging from generalized anxiety disorder and major depressive disorder with psychosis to borderline personality disorder and cannabinoid use disorder
- Was a fellow in different types of supportive services for youths and their families, including residential, outpatient, and inpatient
- With youths who were minoritized, providing space for discussions around their various identities. This sometimes involved more formalized mini-lectures or discussions around minority stress, discrimination, and mental health along with various types of supports
- Cared for patients in foster care with mental health diagnoses, which included medication management, aspects of therapy, and continued psychoeducation

## The Muses Program for Minoritized Youth

- I now serve as the Medical Director for The Muses Clinic for Minoritized Youth, a clinic being built at UCSF specifically to support youths living with sequela of discrimination and minority stress - the clinic officially opened July 2023.
- This clinic is coming to fruition with the aid of therapists, psychiatrists, healthcare professionals, and through collaboration with other clinics at UCSF.
- We are currently creating groups for children about minority stress, discrimination in America, their various identities, and how to navigate society and discrimination



2020	American Foundation for Suicide Prevention - The Impact of Racism, Trauma & Minority Stress on Mental Health	Lecturer/Speaker
2020	GayMedTwitter Panel	Panelist
2020	American Neurological Association - Minority Stress and Identity	Lecturer/Speaker
2020	Pride Health, University of Texas - Navigating Your Rainbow Path: Being Queer in Academia	Panelist
2020	Northwestern University - Confronting Racism in Medical Education	Panelist
2021	Psychiatry and Black and LGBTQ+ Student Groups - Black Med Student and Definitions Not Applicable	Lecturer/Speaker
2021	UT Chapter of White Coats for Black Lives - The Impact of Identity: How it Affects Mental Health	Lecturer/Speaker
2021	SaGE - The Impact of Identity	Lecturer/Speaker
2021	Student National Medical Association's Annual Medical Education Conference - LGBTQ URM Representation in Academic Medicine	Lecturer/Speaker
2021	Tufts University School of Medicine - Impact of Identity in LGBTQ+ and Minoritized Populations in Medicine	Lecturer/Speaker
2021	Building the Next Generation of Academic Physicians: LGBT Health Workforce Conference - Resilience and Innovation	Panelist
2021	Mayo Clinic □ Diversity and Inclusion Month - The Impact of Identity	Lecturer/Speaker
2021	Harvard Medical School - Sex, Gender, and Professional Identity Formation	Panelist
2021	PsychSign - PsychSign Psychiatry Student Interest Group Network National Conference	Lecturer/Speaker
2021	Wayne State University - Healing Between the Lines	Panelist
2021	Geisel School of Medicine - Reflecting on Pride	Panelist
2021	Healwell Conference - Keynote	Lecturer/Speaker
2021	Boston University - Minority Stress	Lecturer/Speaker
2021	Mount Sinai: Stonewall Alliance - Identity and Mental Health	Lecturer/Speaker

2021	The University of Pittsburg: Medical Student Pride Alliance - The Impact of Identity	Lecturer/Speaker
2021	Rocky Vista University - The Impact of Identity on Mental Health	Lecturer/Speaker
2021	Tufts University - The Impact of Identity and Mental Health Keynote	Keynote Speaker
2022	The University of Virginia - The Impact of Identity for Minoritized People Keynote	Keynote Speaker
2022	The Indiana University School of Medicine - The Impact of Identity on Mental Health in Minoritized People	Lecturer/Speaker
2022	The Medical University of South Carolina - Minority Stress Talk	Lecturer/Speaker
2022	Stanford University - Minority Stress Talk	Lecturer/Speaker
2022	Tufts University - The Impact of Minority Stress on Mental Health Keynote	Keynote Speaker
2022	The University of Virginia - The Impact of Minority Stress on Minoritized People - Grand Rounds	Lecturer/Speaker
2023	Rocky Vista University - Minority Stress and the Medical Professional	Lecturer/Speaker
2023	The Student National Medical Association - Brilliance Embodied: Elevating the Mission and Revitalizing Our Purpose	Panelist
2023	Stanford University - Minority Stress Talk	Lecturer/Speaker
2023	Stanford University - Annual Conference on Disability in Healthcare and Medicine	Panelist
2023	Harvard Radcliffe University - Social Justice, Gender, and Mental Health	Panelist
2023	The University of California, Los Angeles (UCLA), California HIV/AIDS Research Program - Ending the Epidemic(s) Through Equity and Innovation	Lecturer/Speaker/Panelist
2023	American Psychiatric Association - The Future of Mental Health is Social Media	Panelist
2023	The National Alliance on Mental Illness - LGBTQ+ Roundtable	Panelist
2023	UCLA STAR Seminar - Minority Stress Talk	Lecturer/Speaker
2023	Tufts DEAR Council - Minority Stress Talk	Lecturer/Speaker

2023	The National Alliance on Mental Illness - Youth Substance Use Panel	Panelist
2023	The Black Psychiatrists of America Transcultural Conference - Decolonization of the Mind	Panelist
2024	Department of Psychiatry and Behavioral Sciences at Tulane University School of Medicine - Minority Stress Talk	Grand Rounds Speaker
2024	Stanford University - Minority Stress Talk	Lecturer/Speaker
2024	The University of Washington Department of Urology - Minority Stress Talk	Grand Rounds Speaker
2024	Counseling and Mental Health Services at Harvard University - Minority Stress Talk	Lecturer/Speaker/Discussant
2024	TherapyAid Webinar on supporting healthcare worker's mental health	Panelist
2024	The National Alliance on Mental Illness - LGBTQ+ Roundtable	Panelist
2024	The University of Washington Equity Webinar (Washington Chapter American Academy of Pediatrics)	Lecturer/Speaker
2024	SUNY Downstate Learning Environment Committee Symposium - Minority Stress Talk	Lecturer/Speaker
2025	American Medical Student Association - Health Equity Week of Action - Minority Stress Talk	Lecturer/Speaker
2025	Upcoming - American Psychiatric Association - Physicians with Lived Experience	Panel Member

### **INVITED PRESENTATIONS - REGIONAL AND OTHER INVITED PRESENTATIONS**

2021	The University of California, San Francisco - Minority Stress	Lecturer/Speaker
2021	The University of California, Irvine School of Medicine - The Impact of Identity	Lecturer/Speaker
2021	The University of California, San Francisco - Center for Vulnerable Children	Lecturer/Speaker
2021	The University of California, San Francisco - The Impact of Identity	Lecturer/Speaker
2022	The University of California, San Francisco - Grand Rounds	Grand Rounds Speaker
2022	The University of California, San Francisco - Minority Stress Talk	Lecturer/Speaker

2022	The National Alliance on Mental Illness, San Francisco - Minoritized Youth Mental Health	Panelist
2022	Berkeley University - Physician Networking Panel	Panelist
2023	The University of California, San Francisco - Psychiatry Student Interest Group	Panelist
2023	The University of California, San Francisco - Town Hall for Disability Awareness Campaign at UCSF	Invited Guest Panelist
2023	U.C. Irvine School of Medicine - Diversity in Mental Health	Lecturer/Speaker
2024	The Children's Hospital of Los Angeles: Child Health Bureau Leadership Education in Adolescent Health - Minority Stress Talk	Lecturer/Speaker
2024	The University of California, San Francisco - Pediatrics Department Grand Rounds	Grand Rounds Speaker
2024	Independent School - Minority Stress Talk	Lecturer/Speaker
2024	The University of California, San Francisco - LGBTQ+ Elective - Minority Stress Talk	Lecturer/Speaker
2025	California Council of Community Behavioral Health Agencies - Minority Stress Talk	Lecturer/Speaker
2025	California Youth Advisory Committee - Minority Stress Talk	Lecturer/Speaker
2025	The University of California, San Francisco - Pharmaceutical Sciences and Pharmacogenomics - Minority Stress Talk	Lecturer/Speaker
2025	The University of California, San Francisco - Microaggressions and Implicit Biases	Lecturer/Speaker

### **CONTINUING EDUCATION AND PROFESSIONAL DEVELOPMENT ACTIVITIES**

2022	Harvard University - Advancing Excellence in Sexual and Gender Minority Education - Facilitator
2023	Harvard University - Panel of Sexual and Gender Minority Health Education Champions at Advancing Excellence in SGM Health Education

### **GOVERNMENT AND OTHER PROFESSIONAL SERVICE**

2020 - 2020	Talk2MeDoc Podcast	Interviewee
2020 - 2020	Battle Cry Podcast	Interviewee
2021 - 2021	Hogg Mental Health Podcast	Interviewee
2021 - 2021	Youtube Interview with Dr. Elliott Carthy	Interviewee

2021 - 2021	Mixity Interview on Mental Health	Interviewee
2021 - 2021	Healing Healthcare Discussion with Ellen Pompeo	Expert Discussant
2021 - 2021	She's On Call Podcast	Interviewee
2021 - 2021	Voices Unheard Podcast	Interviewee
2021 - 2021	Discussions on Grindr	Interviewee
2021 - 2021	Leadership in Medicine Podcast	Interviewee
2021 - 2021	Talk2MeDoc 100th Episode Podcast	Interviewee
2022 - 2022	Healwell Podcast on Code-Switching	Interviewee
2023 - 2023	QBIPOC Mental Health Podcast	Interviewee
2023 - 2023	Docs with Disabilities Podcast	Interviewee
2023 - 2023	CLOSLER Podcast on being LGBTQ+	Interviewee
2023 - 2023	Pride in Practice Podcast	Interviewee
2023 - 2023	The Squeeze Podcast with Tay and Taylor Lautner	Expert Discussant
2024 - 2024	Healthline: Why 36% of LGBTQ Youth Say They Don't Expect to Live to Age 35	Expert Interviewee
2024 - 2024	Healthline: Political Attacks, Bullying Among Biggest Factors Taking a Toll on LGBTQ+ Youth Mental Health	Expert interviewee
2024 - 2024	MedPage Today Roundtable on LGBTQ+ Youth Mental Health	Expert Discussant
2024 - 2024	MedTalks Discussion on Minority Stress	Interviewee

## UNIVERSITY AND PUBLIC SERVICE

### SERVICE ACTIVITIES SUMMARY

Service and giving back to the communities I am a part of has been and shall remain a core aspect of my identity, both professionally and outside of the hospital setting. This service began in 2009, when I worked with friends to restart a fraternity centered around diversity and charity after being rejected from a fraternity due to being open about my being gay. Through the fraternity, I not only served as one of the core leaders and founders, but helped spearhead charity and fundraising aspects with Camp Kesem, a camp for kids whose parents have or have had cancer - our joint efforts led to raising over \$24,000 for the children to attend camp for free during my time at MIT.

This service to those around me and communities I exist within continued into medical school where I became class president. During my role as class president, I worked with faculty, staff, and my classmates to institute curriculum changes. I also worked with the university and deans when two of our classmates passed away in my second year to support students emotionally and mentally.

At UCSF during my second year of fellowship, I served as Co-Chief for the UCSF Child and Adolescent Psychiatry Fellowship - in this role I served as liaison between faculty and staff and our fellows, as well as being involved in emotional support for the fellows throughout their training.

As a faculty member at UCSF, I have been an interviewer of applicants for the Child and Adolescent Psychiatry Program as well as the Psychology Faculty Program. I am also now one of three members who is a representative for UCSF's Disability Awareness Campaign. I live with a history of depression and anxiety (both in remission), and as part of this campaign I am working with UCSF and my colleagues to speak out on these topics so that others may feel less alone and can be open about their own mental health and living with mental illness.

### **UCSF CAMPUSWIDE**

2023 - present	The UCSF Disability Awareness Campaign	Representative for mental illness
2024 - 2024	UCSF Science and Health Education Partnership - Teen Wellness Summit - Minority Stress Talk	Lecturer/Speaker
2024 - 2024	UCSF Town Hall Meeting	Interviewee/Representative on substance use and suicidality
2024 - 2024	UCSF Article on Microaggressions, "Say What? Microaggressions, Your Health, and What to do about Them."	Interviewee for a UCSF-wide article
2024 - 2024	UCSF Latin Center of Excellence - Minority Stress Talk	Lecturer/Speaker
2024 - 2024	UCSF Science and Health Education Partnership - Teen Wellness Connection - Minority Stress Talk	Lecturer/Speaker

### **SCHOOL OF MEDICINE**

2021 - 2021	The Physician Wellbeing Committee	Psychiatry Representative
2021 - 2022	UCSF Child and Adolescent Psychiatry Fellowship	Co-Chief
2021 - present	Interviewer of Applicants for The UCSF Child and Adolescent Psychiatry Fellowship	Interviewer and Evaluator
2023 - present	Interviewer of Applicants for The UCSF Child and Adolescent Psychiatry/Psychology Faculty Program	Interviewer and Evaluator
2023 - 2023	UCSF Medical Student Well-Being Panel	Panelist
2023 - 2023	Brain, Mind, and Behavior Physician Panel for The University of California, San Francisco Medical Students	Panelist

**SERVICE AT OTHER UNIVERSITIES**

2022 - 2022	Invited reviewer for a submission to JAMA Pediatrics - Viewpoint	JAMA Pediatrics
2023 - 2023	Invited reviewer for a submission to The Journal of Child Neurology	The Journal of Child Neurology
2023 - 2023	Invited reviewer for a submission to The Journal of Clinical Psychiatry	The Journal of Clinical Psychiatry
2023 - 2023	Invited reviewer for a submission to The Harvard Review of Psychiatry	The Harvard Review of Psychiatry
2023 - 2023	Invited reviewer for a submission to PLOS One	PLOS One
2023 - 2023	Invited reviewer for a second submission to The Journal of Clinical Psychiatry	The Journal of Clinical Psychiatry
2023 - 2023	Invited reviewer for a submission to The Journal of Homosexuality	The Journal of Homosexuality
2024 - 2024	Invited reviewer for a submission to The Journal of Homosexuality	The Journal of Homosexuality
2024 - 2024	Invited reviewer for a submission to The Journal of the American Academy of Child and Adolescent Psychiatry	The Journal of the American Academy of Child and Adolescent Psychiatry
2025 - 2025	Invited reviewer for a submission to The American Journal of Public Health	The American Journal of Public Health

**COMMUNITY AND PUBLIC SERVICE**

2009 - 2013	The Massachusetts Institute of Technology: Sigma Alpha Epsilon	Founder, Vice President, Historian, Risk Manager
2010 - 2013	Camp Kesem □ Philanthropy Coordinator for Sigma Alpha Epsilon	Philanthropy Coordinator
2011 - present	Sigma Xi Scientific Research Society	Associate Member
2013 - 2017	The Northwestern Feinberg School of Medicine	Student Ambassador
2013 - 2017	The Northwestern Feinberg School of Medicine - Feinberg Senate	Representative as Class President
2013 - 2017	The Northwestern Feinberg School of Medicine	Class President
2014 - 2015	The Northwestern Feinberg School of Medicine - Accreditation Committee	Representative as Class President

2016 - present	Gold Humanism Honor Society	Member
2023 - present	The University of California, San Francisco - Disability Awareness Campaign	Representative

## CONTRIBUTIONS TO DIVERSITY

### CONTRIBUTIONS TO DIVERSITY Contributions to Diversity, Equity & Inclusion Guidance

Since my time at The Massachusetts Institute of Technology, my career and life have been focused on bettering the lives of those around me, with specific efforts around supporting, mentoring, and advocating for and with people who are minoritized.

**Patient Care:** During my time at MGH/McLean, I helped to co-lead a process group for LGBTQ+ individuals living with trauma. This process group included discussions around identity, formalized teachings around minority stress and discrimination in America, and ways of healing. Since being at UCSF I have continuously worked to ensure that minoritized patients feel seen, heard, and supported □ this has involved formalized discussions with minoritized children about minority stress, along with providing space during appointments where we specifically speak about aspects of identity and being minoritized in America. As a junior faculty member at UCSF, I serve as Founding Medical Director for The Muses Clinic for Minoritized Youth, a psychiatric program specifically for minoritized patients and families who have experienced minority stress, discrimination, and bias. The clinic will involve collaborations with The Gender Clinic, other clinics in the UCSF Psychiatry Department, community collaborations outside of UCSF, as well as teachings to other specialties about the mental health of minoritized individuals. The program will also involve narrative therapy, formalized teaching and groups about minority stress for children and parents, processing groups around discrimination, family therapy, and individual therapy. Although medicine also comes from a deficits model, The Muses Program holds the strengths-based way of thought as a core ideal with helping minoritized children and their families heal.

**Research:** I have written over twenty articles since May 2020 when I published my first article, including pieces published in The New England Journal of Medicine, STAT News, WBUR/NPR, Newsweek, Scientific American, and other journals and outlets. These articles have discussed a wide range of topics: humanizing medicine, the mental health of minoritized populations, minority stress, the stressors LGBTQ+ and minoritized individuals face in medical training, advocacy as physicians, and improving the mental health supports for minoritized trainees. I am currently in the process of working with Drs. Lisa Fortuna, Marina Tolou-Shams, and Michelle Porche on submitting a completed paper on our research project examining the protective and deleterious effects intersectionality can have on the mental health of first time justice involved youths - this project also involves working with current child and adolescent psychiatry fellow Dr. Thara Nagarajan and mentoring pre-medical student Brady Hanshaw.

**Education:** Throughout my residency career at MGH/McLean and into my time at UCSF, education has been a focal aspect of my identity as a physician. Beginning in residency at MGH/McLean, I presented on various hospital units on topics of diversity, caring for LGBTQ+ patients, and the discrimination that minoritized populations face not only in the world but also inside of hospital settings. I have also been recognized as a physician with expertise in minority stress, the mental health of medical trainees, and caring for LGBTQ+ children. This has led to my presenting formalized lectures to medical students, physicians, healthcare

workers, and people outside of academia about various topics, including the mental health of minoritized people, the experiences of minoritized trainees, how minority stress affects mental health, and how we can help support minoritized individuals. I have presented on these topics regionally and nationally at numerous universities, student groups, academic centers, conferences, podcasts, and panels.

Public Service: Over my career thus far, I have utilized my various roles such as class president to advocate for changes for minoritized individuals. This has included working with faculty to change the interview system for MGH/McLean to ensure that informed consent was provided to minoritized applicants around the significant issues they had around treatment of minoritized residents. On Twitter, I worked with two other friends to build an LGBTQ+ mentorship program that spanned continents and brought together over 70 mentors for LGBTQ+ students in the healthcare field □ we built this program because of the lack of LGBTQ+ mentors for medical students at too many universities. At UCSF, I served as one of the psychiatry representatives on The Physician Wellbeing Committee, which examined the current process of returning to work and supports for trainees who experienced symptoms of mental illness that interfered with work. On the committee, I worked with colleagues to provide education around not only matters of psychiatry, but also how mental illness can affect minoritized trainees and how bias can affect the treatment of trainees who are minoritized. I have also served on panels as a UCSF representative and lectured at UCSF specifically on topics of minority stress, mental health, and supporting trainees.

## **TEACHING AND MENTORING**

### **TEACHING SUMMARY**

Teaching has been a cornerstone of my work as a physician and a person since my time in residency at MGH. While there, I lectured around topics of diversity, discrimination, and healing for minoritized people. Specifically, my lectures during that time included a lecture on caring for elderly populations who identified as LGBTQ+, a lecture around narrative therapy as a therapeutic modality, and other lectures around supporting minoritized populations and their mental health. A lecture crafted with one of my co-residents around minority stress and discrimination was presented to our main psychiatric unit at MGH to discuss the racism that was occurring on the unit, in our program, and how this impacted patient care and trainees.

During fellowship, I began to lecture and teach formally at other universities across the country as well as at UCSF. With the lecture around minority stress with a colleague during residency at MIT, I expanded the lecture in terms of depth and statistics - as well as adding a personal vignette about experiencing minority stress, depression, and anxiety due to discrimination - and have presented and taught this lecture across the country, including Mayo Clinic, Harvard, Tufts University, UCLA, and Mount Sinai. For several of these lectures I have been either the Keynote speaker or the Grand Rounds speaker. These teaching events and lectures have continued during my time as an attending and now also includes lectures around microaggressions and implicit biases. Most importantly, these teaching events have combined a unique blend of personal narrative, statistics, anecdotes, and how we can help minoritized people heal.

### **INFORMAL TEACHING**

2022 - 2022     The University of California, San Francisco - Child and Adolescent Psychiatry  
Fellows - Microaggressions and Implicit Biases Talk - Lecturer/Speaker

- 2023 - 2023 The University of California, San Francisco (Pritzker) - Adult Psychiatry Residency - Minority Stress Talk - Distinguished Discussant
- 2023 - 2023 The University of California, San Francisco - Adult Psychiatry Residency - Minority Stress and the Medical Professional - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco - ECHO Presentation on Teen Substance Use - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco (Benioff) - Minority Stress Talk - Grand Rounds - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco - Psychiatry Student Interest Group - Panelist
- 2023 - 2023 The University of California, San Francisco - Adult Psychiatry Residency - Social Media and Advocacy - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco - ECHO Psychiatry Presentation on Teen Substance Use - Re-invited Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco (Benioff) - Implicit Bias and Microaggressions Part I - Grand Rounds - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco - Teen Wellness Program - Minority Stress Talk - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco - RISE Group - Minority Stress Talk - Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco (Pritzker) - Child and Adolescent Psychiatry Fellows - Minority Stress Talk- Lecturer/Speaker
- 2023 - 2023 The University of California, San Francisco (Benioff) - Implicit Bias and Microaggressions Part II - Grand Rounds - Lecturer/Speaker
- 2024 - 2024 The University of California, San Francisco - Disarming Racial Microaggressions, FIELD Seminar for Child and Adolescent Psychiatry - Lecturer/Speaker

### **MENTORING SUMMARY**

Since my time as an undergraduate, I have served in a mentoring capacity that has included formalized mentoring as well as informal mentoring for peers and younger classmates. While at The Massachusetts Institute of Technology, I served as a mentor for six people who were younger members of our fraternity along with several "grandchildren" in our family line for our fraternity that myself and three other friends restarted to support diverse individuals. I also informally met with younger students regularly to support their adapting to MIT, the coursework, and deep discussions around identity and identity formation at MIT. During my four years as a medical school and class president at The Northwestern Feinberg School of Medicine, I served as a peer mentor. This involved supporting classmates and younger classmates when two classmates passed away during our second year of medical school, ensuring that people were linked with the appropriate mental health services and were supported by our administration. My mentoring role continued at The Massachusetts General Hospital, where I served as a peer mentor for co-residents who were diverse as well as

mentoring younger residents as they came into residency and throughout their time as residents.

As a fellow at UCSF in Child and Adolescent Psychiatry, I served as a Co-Chief for our program during my second year. Over the course of the year, I worked with my co-fellows as well as the first-year class to support a training program that fostered their growth and was adaptive to their needs - I worked closely with three of the younger fellows, two of whom became co-Chiefs during their second year of fellowship, which included meetings around career advice, being a fellow, and being minoritized in medical training. Now, as an attending at UCSF, I formally mentor eleven trainees and prior trainees across the country in addition to informal mentoring that will remain an integral part of my work as a physician. With the eleven mentees, each of them has a specific plan we have laid out together around mentoring, including meeting either bi-weekly with some to monthly with others. With each mentee we are either working on research articles around minoritized mental health, op-eds around being queer in the medical system, articles on intersectionality and suicidality, or how to be minoritized physicians in medicine. We also meet regularly to discuss their facets of identity inside and outside of medicine to ensure they feel as though they can be themselves throughout their training.

#### POSTDOCTORAL FELLOWS AND RESIDENTS MENTORED

Dates	Name	Fellow	Mentor Role	Faculty Role	Current Position
2022 - present	Dr. Terence Howard	Psychiatry Resident at UCSF	Project Mentor, Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF
2022 - present	Brady Hanshaw	M.D. Candidate	Research/Scholarly Mentor, Project Mentor, Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Medical Student at Harvard Medical School
2022 - present	Dominic Moog	M.D. Candidate	Project Mentor, Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Medical student at The Washington University School of Medicine in St. Louis
2023 - present	Dr. Thara Nagarajan	Child and Adolescent Psychiatry Fellow at UCSF	Research/Scholarly Mentor, Project Mentor, Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	The Department of Public Health, San Francisco

Dates	Name	Fellow	Mentor Role	Faculty Role	Current Position
2023 - present	Chinenye Ukpaby	Emergency Medicine Resident at Baylor University	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Emergency Medicine Resident, Baylor University Medical Center
2023 - present	Dr. Antía Itzel Gómez	Psychiatry Resident at UCSF	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF
2023 - present	Dr. Josh Philippe	Psychiatry Resident at UCSF	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF
2023 - present	Dr. Jason Li	Psychiatry Resident at UCSF	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF
2023 - present	Dr. Emmanuel Joseph	Psychiatry Resident at UCSF	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF
2024 - present	Isaac Avila-Vargas	M.D. Candidate	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Medical student at The University of California, San Francisco
2024 - present	Dr. Oluwatosin (Tosin) Adebisi	Psychiatry Resident at UCSF	Career Mentor	Faculty Mentor - Child and Adolescent Psychiatry Assistant Professor	Psychiatry Resident at UCSF

## RESEARCH AND CREATIVE ACTIVITIES

### RESEARCH AND CREATIVE ACTIVITIES SUMMARY

I am a physician-scientist with interests regarding how minority stress, identity and identity formation, and discrimination affect the mental health of LGBTQ+ and minoritized children and youths. My career as a scientist began during college at The Massachusetts Institute of Technology, where I joined The Gerald N. Wogan Laboratory to study melanoma resistance to

chemotherapeutics. Under the expert tutelage of Dr. Wogan, Dr. Luiz Godoy, and Laura J. Trudel, I examined the effects of S-nitrosation and nitric oxide radical scavenging upon the susceptibility of melanoma cells to cisplatin. The experience taught me foundational techniques necessary for being a bench researcher, and I would be listed as second author on our paper in The Proceedings of the National Academy of Sciences, "Endogenously Produced Nitric Oxide Mitigates Sensitivity of Melanoma Cells to Cisplatin."

During my years as a master's student researcher at MIT with Wogan Laboratory, I crafted my own project, this time examining the effects of exogenous nitric oxide upon melanoma cells and their vulnerability to chemotherapeutics. I studied the effects that exogenous nitric oxide has upon the pro- and anti-apoptotic pathways involved in cancer cell survival, and specifically studied the upregulation and downregulation of pathways involving MEK, ERK1/2, p53, and MiTF. Those years honed my skills as a researcher, not only in regards to my work around specific studies in laboratory work, but also in terms of crafting my own project.

Later, in my time as a medical student at The Northwestern Feinberg School of Medicine, I worked with Dr. Achenbach and his laboratory group. We examined the effects that DNA Prime and recombinant adenovirus 5 boost had on the neutralizing antibody titers in patients living with HIV. The work, and resultant paper, signaled my transition from bench researcher to research involving patients.

My time as a physician-scientist at Massachusetts General Hospital & McLean Hospital signaled a culmination - a coming together - of both my advocacy work and scientific work. Although I had advocated for minoritized populations across my life, and been an African-American, gay physician-scientist who worked for changes for minoritized people in academia, I saw another way to utilize my privileges to help minoritized people on a larger scale than only at the academic centers where I trained. I began to publish articles that spoke to minority stress, discrimination, and facets of identity, including an article in The New England Journal of Medicine. While in fellowship for child and adolescent psychiatry at The University of California, San Francisco, I published over twenty articles on these topics and others in journals such as Newsweek, WBUR/NPR, STAT News, and Scientific American. Each article was written to bring the touch of humanity to the science already established and engage the public sphere.

As faculty at UCSF, under the mentorship of expert scientists and researchers Dr. Lisa Fortuna, Dr. Marina Tolou-Shams, and Dr. Michelle Porche, along with mentees Dr. Thara Nagarajan and Brady Hanshaw, our research team wrote an article examining intersectionality, identity, and minority stress along with aspects of empowering minoritized individuals to help them have improved identity centrality and improved mental health - this article is currently being submitted for publication. I have also continued my writing through op-eds, and recently published the piece, "I'm a Psychiatrist and Here's What I Want People to Know about My Suicidal Ideation." Another op-ed about my ways of navigating my depression and suicidality has been accepted and is being edited under the title, "Anchors to Life: A Psychiatrist's Survival Guide to Understanding His Suicidality."

#### RESEARCH AWARDS - CURRENT

- |   |   |                   |
|---|---|-------------------|
| 1. 5000-133107-2018076-45                   | Principal and Founding Medical Director | Anderson (PI)     |
| The University of California, San Francisco | 04/22/2024                              |                   |
| Chancellor's Fund: Learning and Development |   | \$ 3,000.00 total |

The Faculty Learning and Development Fund is intended to provide School of Medicine faculty financial support to participate in a broad range of professional development activities. These include, but are not limited to, courses to improve teaching or to develop new professional skills; leadership development programs; academic and research training courses; and external professional consultations.

Awardee and writer of the application.

## PEER REVIEWED PUBLICATIONS

1. 2012 Godoy, L. C., Anderson, C. T., et al. □ Endogenously Produced Nitric Oxide Mitigates Sensitivity of Melanoma Cells to Cisplatin. □ Proceedings of the National Academy of Sciences, vol. 109, no. 50, 2012, pp. 20373□20378
2. 2016 Gach, J. S., Gorlani, A., Dotsey, E., Becerra, J., Anderson, C. T., et al. □ HIV-1-Specific Antibody Response and Function after DNA Prime and Recombinant Adenovirus 5 Boost HIV Vaccine in HIV-Infected Subjects. □ PLOS ONE, vol. 11, no. 8, 2016
3. 2020 Anderson, Chase T.M. □ Taking Back Our Voices □ #Humanityisourlane. □ New England Journal of Medicine, vol. 383, no. 17, 2020, pp. 1609□1611
4. 2023 Christy, A., Martindale, J., Hranilovich, J., Orozco-Poore, C., Kernan-Schloss, F., Anderson, C.T., et al. □ Sexual and Gender Diversity in Pediatric Neurology: Why We Care. □ Pediatric Neurology, vol. 145, 2023, pp. 28□29, <https://doi.org/10.1016/j.pediatrneurol.2023.04.012>.
5. 2024 Turban, Jack L, et al. □ Gender Identity and Ethnoracial Disparities in Conversion Effort Exposure. □ American Journal of Public Health, vol. 114, no. 5, 1 May 2024, pp. 455□457, <https://doi.org/10.2105/ajph.2024.307630>. Accessed 15 May 2024.
6. 2024 Hanshaw, B.D., Fusunyan, M., Anderson, C.T.M. et al. Psychedelic-assisted therapy among sexual and gender minority communities. Nat. Mental Health (2024). <https://doi.org/10.1038/s44220-024-00252-y>
7. 2025 Anderson, Chase T.M., Folk, Johanna B., et al. □ The Association Between Intersectional Marginalized Identities and Behavioral Health among Youth Involved with the Juvenile Legal System. □ (Being submitted for publication)

## BOOKS AND CHAPTERS

1. 2022 Anderson, C.T. Check Your Baggage. Not Just Bad Kids: The Link Between Adversity & Disruptive Behavior, edited by Akeem Marsh and Lara Cox, Elsevier, expected 2022, 547 □ 566

## OTHER PUBLICATIONS

1. 2020 Ardem, K. C. (a pseudonym utilized at the time to protect myself from possible backlash). □A Physician's Experience of Bigotry in Medicine.□ KevinMD, 4 May 2020
2. 2020 Turban, Jack, and Chase T.M. Anderson. □We're Psychiatry Residents. We Will Take Good Care of You If You Get Covid-19.□ STAT, 12 May 2020
3. 2020 Anderson, Chase T.M. □COVID-19 Highlights Longstanding Discrimination Against Minority Physicians.□ In-House, 28 May 2020
4. 2020 Anderson, Chase T.M. □Medical Schools Are Failing Minority Students - Psychology Today.□ PsychologyToday, 8 June 2020
5. 2020 Anderson, Chase T.M. □The Masks We Wear to Survive.□ Scientific American, Scientific American, 22 Sept. 2020
6. 2020 Anderson, Chase T.M. □My Black Mind Is Not Yours □ The Minority Trap During Interviews and How to Avoid It.□ In-House, 13 Oct. 2020
7. 2020 Anderson, Chase T.M. □I'm a Black Psychiatrist. I'm Never Prepared for the Emptiness and Grief I Feel When Police Shoot a Black Person.□ STAT, 27 Oct. 2020
8. 2020 Anderson, Chase T.M. □How to Talk about Diversity with Minority Physicians.□ CLOSLER, 23 Nov. 2020
9. 2020 Anderson, Chase T.M. □How to Discuss Minority Stress with Patients.□ CLOSLER, 13 Dec. 2020
10. 2020 Anderson, Chase T.M. □Grateful for #MedTwitter in 2020.□ CLOSLER, 30 Dec. 2020
11. 2020 Anderson, Chase T.M. □Life after Depression: A Physician in Remission.□ Psychreg, 31 Dec. 2020

12. 2021 Paul, H., Pendergrast, T., Baghoomian, W., Barr, A., Marino, R., Anderson, C.T. □The Weaponization of Professionalism.□ KevinMD.com, 8 July 2021
13. 2021 Anderson, Chase T.M. □Respecting All Patients.□ CLOSLER, 4 Jan. 2021
14. 2021 Anderson, Chase T.M. □It Is Right to Leave: Rank List Decisions as a Minoritized Medical Trainee.□ In-House, 17 Jan. 2021
15. 2021 Anderson, Chase T.M. □Understanding 'Minority Stress' Saved My Life.□ Cognoscenti, WBUR, 16 Feb. 2021
16. 2021 Anderson, Chase T.M. □A Black, Gay, Unicorn-Phoenix Psychiatry Resident Found His Voice on Twitter.□ Never Alone, 17 Feb. 2021
17. 2021 Anderson, Chase T.M. □Do You Really See Me.□ Lagniappe, Lagniappe Magazine, March 2021
18. 2021 Abrams, Matthew P., and Chase T.M. Anderson. □Op-Ed: We're Kind to Our Patients, Why Not Each Other?□ Medical News, MedpageToday, 7 Apr. 2021
19. 2021 Anderson, Chase T.M. □I'm a Black, Gay Physician. I'm Here Today Because My Friends Saw Me - All of Me.□ Cognoscenti, WBUR, 8 June 2021
20. 2021 Anderson, Chase T.M. □As a Black, Gay Physician, I've Survived in America by Embracing My Anger.□ Newsweek, 15 June 2021
21. 2021 Anderson, Chase T.M., and Jack Turban. □Health Care Workers Aren't Heroes. We're Human, and We Need Your Help.□ Cognoscenti, WBUR, 5 Oct. 2021
22. 2023 Anderson, Chase T.M. □I'm a Psychiatrist and Here's What I Want People to Know about My Suicidal Ideation.□ Wondermind, 5 June 2023
23. 2024 Hanshaw, Brady, Fusunyan, Mark, Anderson, Chase T.M., Turban, Jack. □Expanding Psychedelic Clinical Trials to LGBTQ+ Populations.□ Psychedelics Today, 20 June 2024.

## SIGNIFICANT PUBLICATIONS

1. 2012            Godoy, L. C., Anderson, C. T., et al. □Endogenously Produced Nitric Oxide Mitigates Sensitivity of Melanoma Cells to Cisplatin.□ Proceedings of the National Academy of Sciences, vol. 109, no. 50, 2012, pp. 20373□20378  
  
Performed research for this paper, including Western Blots and protein analysis and S-nitrosylation processes. Also performed analysis of Western Blots and other results throughout the project.
2. 2016            Gach, J. S., Gorlani, A., Dotsey, E., Becerra, J., Anderson, C. T., et al. □HIV-1-Specific Antibody Response and Function after DNA Prime and Recombinant Adenovirus 5 Boost HIV Vaccine in HIV-Infected Subjects.□ PLOS ONE, vol. 11, no. 8, 2016  
  
Contributed to analysis of data and editing of the paper.
3. 2020            Anderson, Chase T.M. □Taking Back Our Voices □ #Humanityisourlane.□ New England Journal of Medicine, vol. 383, no. 17, 2020, pp. 1609□1611
4. 2024            Hanshaw, B.D., Fusunyan, M., Anderson, C.T.M. et al. Psychedelic-assisted therapy among sexual and gender minority communities. Nat. Mental Health (2024). <https://doi.org/10.1038/s44220-024-00252-y>  
  
Contributed to the inception of the paper and structure, also contributed to the section on intersectionality and need for granularity along with editing the paper.
5. 2025            Anderson, Chase T.M., Folk, Johanna B., et al. □The Association Between Intersectional Marginalized Identities and Behavioral Health among Youth Involved with the Juvenile Legal System.□ (Being submitted for publication)

## OTHER CREATIVE ACTIVITIES

1. 2001            The Shards of Auroria □ Fantasy Series. A thirty-three volume series □ The Lights of Auroria, The Shards of Auroria, and A Memory of Auroria. There are also two planned trilogies under the heading The Gods of Auroria and Accidentally Alive. The books are not published and are intended to be a personal outlet for creativity
2. 2016            Fractured: A Black, Gay Medical Student□s Journey Through Depression and Dissociation. My deeply personal story about how I left MIT seven years ago, went to medical school and became class president, only to find bigotry insidiously woven into every part of medicine and America. This story is how □ and why □ I decided to take on those systems to hopefully help change them for everyone. The trilogy is not published and exists as a personal outlet for processing past events