**HEALTHY ORGANIZATIONS**

**How organizations interact**
Organizations should remain aware of their role in society and promote supportive relationships internally via:
- Cross-silo relationship development to nurture empathy, job rotations
- Conscious community building
- Narrative organizational integration to leverage personal stories to motivate ethical behavior

**How organizations function**
Organizations should coordinate up, down, and across different structures and stakeholder groups through:
- Ethical organizational reflexivity to create organization-wide frameworks for ethical decision-making
- Intentional horizontal connectivity that integrates silos
- Organizational coherence to tether to a defined mission and vision

**How organizations think about themselves**
Organizations should remain flexible, adaptable, coherent, energized, and stable by employing:
- Historical organizational integration to celebrate a shared history and desired legacy
- Ethical organizational reflection to promote regular self-assessment
- Temporal organization integration to acknowledge uncertainty and change

**HEALTHY CULTURE:** One that is integrated; in which individuals can thrive and participate in supported relationships. Organizations, like other healthy complex systems, have the ability to perceive their internal state, to reflect on experiences, and encourage interconnectedness.

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