

Spirituality and Health Institute Bibliography

A Selection of Books, Articles, and Presentations on Spirituality and Health by members since our founding in 2002 *

SHI Cooperative Book Projects:

- Plante, T. G., & Thoresen, C. E. (Eds.) (2007).** *Spirit, Science and Health: How the Spiritual Mind Fuels Physical Wellness*. Westport, CT: Praeger/Greenwood.
- Plante, T. G. (Ed.) (2010).** *Contemplative Practices in Action: Spirituality, Meditation, and Health*. Santa Barbara, CA: Praeger/ABC-CLIO.
- Plante, T. G. (Ed.) (2012).** *Religion, Spirituality, and Positive Psychology: Understanding the Psychological Fruits of Faith*. Santa Barbara, CA: Praeger/ABC-CLIO. ISBN: 978-0-313-39845-2.
- Plante, T. G. (Ed.) (2015).** *The Psychology of Compassion and Cruelty: Understanding the Emotional, Spiritual, and Religious Influences*. Santa Barbara, CA: Praeger/ABC-CLIO. ISBN-13: 978-1440832697.

Books

- Dreher, D. E. (2008). *Your Personal Renaissance: 12 Steps to Finding Your Life's True Calling*. York, NY: Da Capo.
- Feldman, D. B. & Lasher, S. A. (2007). *The end of life handbook: A compassionate guide to connecting with and caring for a dying loved one*. Oakland, CA: New Harbinger Publications.
- Plante, T. G. (2009). *Spiritual Practices in Psychotherapy: Thirteen Tools for Enhancing Psychological Health*. Washington, DC: American Psychological Association.
- Shapiro, S. L. & Carlson, L. E. (2009). *The art and science of mindfulness: Integrating mindfulness into psychology and the helping professions*. American Psychology Press, Washington, D.C.

Articles

- Astin, J., Shapiro, S. L., & Eisenberg, D. (2003). Mind-body medicine: State of the science, implications for practice. *Journal of the American Board of Family Practice*, 16, 131-47.
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- Cheavens, J. S., Feldman, D. B., Gum, A., Michael, S. T., & Snyder, C. R. (2006). Hope therapy in a community sample: A pilot investigation. *Social Indicators Research*, 77, 61-78.
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SHI Group National Conference Presentations

2002

- Plante, T.G., Thoresen, C., & Sherman, A. (2002). Spirituality/contemplative practice and managerial health: What's the connection? Invited symposium for 62nd annual meeting of the Academy of Management, Denver, CO.**

2005

- Oman, D., Thoresen, C. E., Park, C. L., Shaver, P. R., Plante, T. G., & Hood, R. H. (2005). Spiritual Models predict health behaviors in college undergraduates. Paper presented at the 26th annual convention of the Society of Behavioral Medicine, Boston, MA.**

Shapiro, S.L., Oman, D., Thoresen, C., & Plante, T.G. (2005). *Contemplative intervention for college students: A randomized controlled trial*. Paper presented at the 39th annual convention of the Association of Advancement of Behavior and Cognitive Therapy, Washington, DC.

2006

Oman, D., Shapiro, S.L., Thoresen, C.E., Plante, T.G., & Flinders, T. (2006). *Meditation lowers stress and supports forgiveness among college students: A randomized controlled trial*. Paper presented at the 27th annual convention of the Society of Behavioral Medicine, San Francisco, CA.

2007

Oman, D., Shapiro, S., Thoresen, C. E., Flinders, T., Driskill, J. D., & Plante, T. G. (2007). *Learning from spiritual models and meditation: Randomized evaluation among undergraduates*. Paper presented at the 115th annual meeting of the American Psychological Association, San Francisco, CA.

Shapiro, S.L., Oman, D., Thoresen, C.E., Plante, T.G., & Flinders, T. (2007). *Mindfulness as a mechanism of action for stress and well-being improvements*. Paper presented at the 115th annual meeting of the American Psychological Association, San Francisco, CA.

2011

Plante, T. G. (2011). *Psychology in religion, religion in psychology: Why Division 36 matters now more than ever*. Division 36 (Psychology and Religion) Presidential address presented at the 119th annual meeting of the American Psychological Association, Washington, DC.

Plante, T. G. (2011). *Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health*. Half day workshop presented at the 119th annual meeting of the American Psychological Association, Washington, DC.

Plante, T. G. (2011). *Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health*. Presidential address at the 9th Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.

Plante, T. G. (2011). *Contemplative practices in action*. Symposium chair and presentation presented at the 9th Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.

Plante, T. G. (2011). *Fruit of the spirit: How spirituality and religion make us better*. Symposium chair and presentation at the 9th Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.

Plante, T. G. (2011). *Positive psychology, religion, and spirituality*. Symposium discussant at the 9th Annual Mid-Year Conference on Religion and Spirituality, American Psychological Association Division 36, Baltimore, MD.

2012

Kappler, S., Hancock, K. A., & Plante, T. G. (2012). *Internalized homophobia, sexual identity formation, and psychological well-being of gay priests*. Paper presented at 120th annual convention of the American Psychological Association, Orlando, FL.

2013

- Oman, D., & Plante, T. G. (2013). Spiritual modeling self-efficacy: Validation of a stand-alone measure. Paper presented at the annual convention of the Society for the Scientific Study of Religion, Boston, MA.**
- Plante, T. G. & Manuel, G. M. (2013). Spiritual practices in psychotherapy: Thirteen tools for enhancing psychological health. Half day workshop presented at the 121st annual meeting of the American Psychological Association, Honolulu, HI.**
- Plante, T. G. & Manuel, G. M. (2013). Celibacy in the Catholic priesthood - healthy and/or dysfunctional pathways for priests. Discussion presented at the 121st annual meeting of the American Psychological Association, Honolulu, HI.**
- Plante, T. G. & Wall, K. (2013). Religion, spirituality and positive psychology. Discussion presented at the 121st annual meeting of the American Psychological Association, Honolulu, HI.**
- Plante, T. G. (2013). Consultation with religious institutions: Strategies for success. Symposium, From research to practice – Recent advances towards an applied psychology of religion and spirituality, at the 121st annual meeting of the American Psychological Association, Honolulu, HI.**
- Plante, T. G. (2013). Reflections on the Clinical Psychology of Religion. Discussant at Symposium presentation, Clinical Psychology of Religion and Spirituality- A niche Whose Time has Come, presented at the 121st annual meeting of the American Psychological Association, Honolulu, HI.**
- Plante, T. G. (2013). Going beyond mindfulness: Contemplative practices in action for behavioral medicine. Symposium paper presentation, Novel approaches for integrating religion and spirituality into health treatment, presented at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.**
- Plante, T. G. (2013). Religious/spiritual coping with illness and stress: An evaluation of mechanisms. Symposium discussant at the 34th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, San Francisco, CA.**
- Wall, K., Corwin, D, Koopman, C. (August, 2013). Psycho-Spiritual Therapy in cancer recovery, In T.G. Plante (Chair) Religion and positive psychology: *Understanding the psychological fruits of faith*, Symposium conducted at the meeting of the American Psychological Association, Division 36 Religion and Spirituality, Hospitality Suite. Honolulu, Hawaii.**

2014

- Oman, D., & Plante, T. G. (2014). Spiritual modeling self-efficacy: Validation of an easy-to-use stand-alone measure. Paper presented at the 12th annual Mid-Year Conference on Religion and Spirituality (Division 36), American Psychological Association. Los Angeles, CA.**

- Note that publications and conference presentation that are noted in bold are ones where SHI members have co-authored the publication/presentation which speaks to close collaboration of SHI members.