

**CBL 2013 Update**  
Moving to the Common Core  
CBL Program Changes 2  
Examples from CBL Classrooms

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Character Education at the Markkula Center for Applied Ethics  
ethics programs for communities that learn, live, pray, or work together



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CHARACTER

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B A S E D

LITERACY

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# CBL Update 2013: Integrating Character Education, the English Language Arts, and Social Studies for the High School, with the Common Core State Standards

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Shifts Reflected in the CBL Leadership Program



**i**NDPENDENT  
S • T • U • D • Y

# Traditional Programs

- Value themed character building English language arts program using California standards and *Recommended Readings in Literature*.
- High School and Middle School Program [grades 6-12] with daily detailed daily lesson plans [90 minute lessons] and support on the web.
- High School social studies program in World History and United States History.

# Character Based Literacy

 <p>CHARACTER BASED LITERACY PROGRAM</p>	Responsibility Requires <b>Action</b> 	Change Requires Effort 	Justice Requires Restraint 	Courage Requires Moderation 	Integrity Requires Wholeness 
	1 <sup>st</sup> Quarter	2 <sup>nd</sup> Quarter	3 <sup>rd</sup> Quarter	4 <sup>th</sup> Quarter	5 <sup>th</sup> Quarter
	<b>Fall</b>	<b>Fall</b>	<b>Spring</b>	<b>Spring</b>	<b>Summer</b>
	<b>1-9</b>	<b>10-18</b>	<b>19-27</b>	<b>28-36</b>	<b>variable</b>
	<b>August September October</b>	<b>November December January</b>	<b>January February March</b>	<b>April May June</b>	<b>June July August</b>



# HUMAN SCIENCE

**engaging life science and health with ethics for the high school:  
choices, changes, and tools for everyday life**

# HUMAN SCIENCE

- lessons may be used together to constitute a full science program or as a supplement to the adopted text
- science and health content arranged around relevant ethical topics
- web based using a variety of non-text materials
- focus on *changes I can make* and *habits I can build* as a foundation for building ethics

# HUMAN SCIENCE Lesson Plan

## Day 1; Bloating?? Got Gas?? Why?

### Outcomes for Today

1. The fundamental life processes of plants and animals depend on a variety of chemical reactions that occur in specialized areas of the organisms cells. As a basis for understanding this concept:

1B. Students know enzymes are proteins that catalyze biochemical reactions without altering the reaction equilibrium and the activities of enzymes depend on the temperature, ionic conditions and the pH of the surroundings.

### PREPARE

**1. Background** Background knowledge to engage the content

#### **Why do some people get diarrhea, abdominal pain, and gas when they eat cheese or drink milk?**

The reason some people get sick when they eat dairy products such as cheese and milk is due to their being lactose intolerant. Lactose intolerance is the inability or insufficient ability to digest lactose, a natural sugar found in milk and milk products. Lactose intolerance is caused by a deficiency of the enzyme lactase, which is produced by the cells lining the small intestine. Lactase breaks down lactose into two simpler forms of sugar called glucose and galactose, which are then absorbed into the bloodstream.

The most common symptoms of lactose intolerance are diarrhea, abdominal pain, bloating, gas, and nausea.

**2. Wordwall** vocabulary words to teach and add to the Word Wall.

**Lactose:** A sugar that is made up of two smaller sugars, glucose and galactose.

**Lactase:** The enzyme that splits lactose into glucose and galactose

**Glucose:** A type of sugar the body uses for energy

**Galactose:** A sugar contained in milk. Galactose makes up half of the sugar called lactose that is found in milk.

## Shifts 2012-13

- CBL Leadership, six units of six weeks written to common core standards
  - Global Studies 9-10
  - American Studies 11-12
- CBL Independent Studies
- Schools can mix and match
  - CBL Traditional
  - CBL Leadership
  - CBL Independent Studies

## Shifts 2013-14

- CBL Re-Mix, menu of novels written to common core standards
  - Floating Units
  - Wider mix of literature
- CBL Traditional, written to common core standards
- CBL Leadership, six units of six weeks written to common core standards
- CBL Independent Studies
- Schools can mix and match
  - CBL Traditional
  - CBL Leadership
  - CBL Independent Studies
  - CBL Re-Mix

# The New Options

1. CBL Leadership is organized around the content and themes of the world history and U.S. history program utilizing 6 chronological themes [the current 5 plus a leadership as civic engagement theme].
2. CBL Independent Studies presents a subset of CBL Leadership in independent study packets for independent study, rural, small school, and home schooling settings.