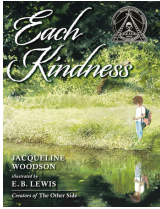


STORYTELLER



Each Kindness

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Writing: [CCSS.ELA-](#)

[Literacy.W.4.1](#); [CCSS.ELA-](#)

[Literacy.W.5.1](#)

WORD WALL: OPPORTUNITY

Event, fortuity, incident, occasion, opportunity, possibility.

SYNOPSIS

Maya, a new girl in school, sits next to Chloe, but Chloe turns her back to Maya and ignores her. Chloe and her friends laugh at Maya behind her back. They laugh at her second-hand clothes and toys, and her strange food. One day, Maya stops coming to school. The teacher explains to the students the ripple effect of kindness on the world. Chloe is sorry for not having another opportunity to be kind to Maya.

DISCUSSION

Ask: In your opinion, why did Chloe behaved the way she did towards Maya? **Ensure** that all students who want to contribute to the discussion have the opportunity to do so. Students' answers may include lack of interest in new friends, being biased towards those from different backgrounds, and concern that the new kid will steal away status or friends. **Ask:** Why did Maya stop trying to make Chloe her friend? **Say:** The actions of Chloe, Kendra, and others are a form of bullying. It is called "relational bullying." Relational bullying includes making sure that someone is left out of activities by telling others not to play with him or her, gossiping, and spreading rumors. **Ask:** If you were in Chloe's classroom, would you try to help Maya? If so, how? **Conclude** the discussion and **invite** the children to watch the video clip [A Simple act of Kindness creates an Endless Ripple](#).

GROUP ACTIVITY

Say: Kindness requires that you pay attention to other people and the world around you. When you identify a need, you express your caring through emotional support and action. **Ask** students to find a partner and sit facing their partners. **Designate** in each pair "partner A" and "partner B." **Say:** Partner A, please tell something about yourself to Partner B. Partner B, you need to show that you do not care or want to listen. Avoid making eye contact, look bored or distracted, etc. After five minutes, **ask** partners to stop and **invite** Partner A students to share how they felt. **Say:** Attention is the number one rule of kindness. Let's try to be attentive this time. Partner B, tell a story about yourself. Partner A, show true interest. Nod, ask questions when appropriate, and show your partner that he or she has your full attention. After five minutes, **conclude** the activity and **ask** Partner B students to share how they felt.

AT HOME ACTIVITY

Say: Start a 4-week journal. Every day, try to records as many ideas as you can for random acts of kindness. Random acts of kindness are spontaneous acts done for no reason other than to make other people happier. You can organize your ideas as a list, a graphic, a chart, or any other creative way that you desire. Reflect on how you got these ideas. Did it come from overhearing or seeing someone in need? Include your self-reflection in your journal.



KINDNESS REQUIRES EMPATHY

Kindness is the desire to lift others' spirits, help the ones in need, and mend relationships. Kindness requires that I take the time to listen, understand, and take action to benefit other people and the world.