

# FREE FINALS WEEK CLASSES

## Monday 3/16

1:30 - 2:15p.m. - Cycling w/ Hope

5:15 - 6:15p.m. - Cardio Athletic Kickboxing w/ Eversley

6:30 - 7:30p.m. - Zumba w/ Mireya

## Tuesday 3/17

5:30 - 6:30p.m. - Les Mills Body Pump w/ Brandy

## Wednesday 3/18

12:00 - 1:00p.m. - Vinyasa Flow Yoga w/ Abby

5:15 - 6:15p.m. - Cardio Athletic Kickboxing w/ Eversley

## Thursday 3/19

12:15 - 1:15p.m. - Total Body Blast w/ Eversley

5:30 - 6:30p.m. - Les Mills Body Pump w/ Maria



If you have additional questions please e-mail [fitness@scu.edu](mailto:fitness@scu.edu)  
or stop by the Malley Center Front Desk.